

# A Healthy Smile Goes A Long Way!

## Do you need a dentist?

If you need a dentist, we can help.

Call (510) 208-5910 or email

[DentalHealth@acgov.org](mailto:DentalHealth@acgov.org) to

- Find a dentist
- Schedule appointments with a dentist
- Learn about dental health



## You qualify if you are

- Living in Alameda County –  
*No need for immigration papers*
- Any income level
- Child or youth up to age 20
- Pregnant



## Tips to keep your mouth healthy

- Brush twice a day with fluoride toothpaste
- Floss daily
- See a dentist every six months

## Medi-Cal covers dental care

Find a dentist accepting Medi-Cal members:

1-800-322-6384

[www.SmileCalifornia.org](http://www.SmileCalifornia.org)

Help with applying for Medi-Cal:

1-800-422-9495

## Office of Dental Health

Alameda County Public Health Department

Phone: (510) 208-5910

Email: [DentalHealth@acgov.org](mailto:DentalHealth@acgov.org)

Website: [www.Dental.acphd.org](http://www.Dental.acphd.org)

