



# WHAT'S HAPPENING

for Parents, Families, & Child Care Providers



**SERVICES, WORKSHOPS, & CLASSES**

Fall 2020 • September to December

**ALL FALL OFFERINGS ARE REMOTE**

Welcome to BANANAS! We are a nonprofit organization that supports families, children, and early care and education providers in Oakland, Berkeley, Alameda, Albany, Emeryville, and Piedmont. Our programs help families access child care with referrals and payment assistance so they can work or continue their education, and we support providers with professional development. We offer workshops, playgroups, coaching, and support groups for parents and caregivers, and help connect families with all types of child care options from family child care providers, child care centers, family, friend, neighbor caregivers, and nannies.

**Our Mission**

Partnering with families and child care providers to raise happy, confident children.

**Where Did We Get Our Name?**

We get this question a lot and the answer has three parts. Our founding mothers chose the name BANANAS, first, because their children were eating lots of bananas.

Secondly, they sometimes felt that they were going “bananas” with the 24/7 challenges of parenthood. And thirdly, they wanted a name that was child-friendly, memorable, and in no way bureaucratic. As an interesting trivia fact, we began as a parent-led playgroup and our original name was “BANANAS: A Place to Find Playmates.”

**Parking**

During business hours, the parking lot behind the building is for staff only. When attending evening or weekend events, you may use the parking lot. Daytime parking is available on the street. Be sure to read signs regarding street-sweeping days.

**Accommodations**

If you need any special accommodations for a parenting workshop, please contact *Heather Lang*, [heather@bananasbunch.org](mailto:heather@bananasbunch.org), 510-658-7353 x. 131 at least two weeks in advance. If you are attending a provider training, please contact *Sarah Silva* at 510-658-7353 x.167 or [sarah@bananasbunch.org](mailto:sarah@bananasbunch.org).

**No Refunds**

There are no refunds for health and safety classes. All class registrations are final.

Make a donation online at

**[bananasbunch.org/donate](https://bananasbunch.org/donate)**



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We are grateful for the support we receive from Alameda County Social Services Agency for our parent education program.



We proudly offer professional development trainings for child care providers, quality counts coaching parent education classes, and playgroups thanks to First 5 Alameda County.



We are pleased to announce that **BANANAS** has joined the team at the **Lion Creek Crossing Family Resource Center** to bring our family support services to East Oakland! With the generous backing of the **Oakland Fund for Children And Youth**, **BANANAS** has partnered with the **East Bay Asian Local Development Corporation (EBALDC)**, **Oakland Unified School District**, **Sparkpoint Oakland**, **Oakland Parent Together**, and **Parent Voices Oakland** to create an **Early Care and Education Hub** focused on the **0-5 age group**. The combined onsite resources of these partners seeks to ensure the healthy development of children so they can successfully transition to Kindergarten.

**Services include:**

- *Child care and family services navigation*
- *Curriculum-based playgroups*
- *Parent university*
- *Community events*
- *Community directed parent leadership group*

**Havenscourt offerings are located throughout the catalog. All other offerings will be marked as 6818 Lion Way, Oakland 94621.**

**Child Care Referrals**

Using a database containing over 900 licensed child care programs, our counselors are here to create individualized child care referral plans. Each plan is uniquely tailored to meet your needs and offers an opportunity to connect with a care provider who's the right fit. Our counselors will spend the time to get to know you and be creative in finding all possible options, providing guidance with suggestions and tips on how to find the best caregiver. Call or text 510-908-1719 for more information.

**Child Care Reimbursements**

Many working families in low-wage jobs depend on government subsidies for child care expenses. **BANANAS** is the clearinghouse for these subsidies in Northern Alameda County. We advise parents as to whether they qualify and help parents sign up on eligibility lists. Call or text 510-908-1719 for more information.

**Parent Education**

**BANANAS** offers workshops, support groups, and parent education series courses to help you improve parenting skills and gain support. There is no child care provided for any of our parenting classes, but babies in arms are welcome. Register for classes online at [www.bananasbunch.org](http://www.bananasbunch.org). Call or text 510-908-1719 for more information.

**Family, Friends, & Neighbor (FFN) Playgroups**

These playgroups are designed especially for extended family caregivers: Family, Friends, and Neighbors who care for young children. FFN caregivers are grandparents, aunts, uncles, siblings, cousins, neighbors, and friends.

At each facilitated group, you will be introduced to new ideas to increase parenting skills and improve awareness of children's needs, learn about healthy child development, and better understand how to effectively support early learning and kinder-readiness. Playgroups offered daily at Havenscourt! Call or text 510-908-1129 for more information.



**HAVENSCOURT CUBHOUSE PARTNERS**



**EAST BAY ASIAN LOCAL DEVELOPMENT CORPORATION**

BUILDING HEALTHY, VIBRANT AND SAFE NEIGHBORHOODS



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**Navigation Services**

BANANAS currently collaborates with Alameda County Social Services Agency, First 5 Alameda County, and Family Front Door on the CARE program, assisting homeless families with navigating the child care system. We assist families in paying for child care by connecting them to subsidized child care programs. Families who need immediate child care services may receive a temporary voucher that helps them pay for child care.

We also work with the Alameda County Social Services Agency to offer the Foster Care Bridge program. The Foster Care Bridge Navigator supports foster families in Alameda County in finding child care and supports child care providers' professional development around integrating trauma-informed practices into their program through offering training opportunities and coaching.

**Online Jobs Board**

We welcome both parents and licensed child care providers to post jobs on our online board! To post a job or search our listings visit [www.bananasbunch.org](http://www.bananasbunch.org)

**Parent Coaching**

Every parent could use some perspective and advice as children do not come with instructions and raising them can be challenging. BANANAS understands and has a free Warm Line Coaching program offering two consultation sessions with a parenting expert. Parents of children 0-5 living in Northern Alameda County with priority to residents of specific zip codes are eligible, contact [referrals@bananasbunch.org](mailto:referrals@bananasbunch.org) for more information.

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**Resources & Publications**

BANANAS maintains a library of handouts that cover a wide range of topics for parents and providers, from child development to choosing child care to licensing requirements, snack ideas, and how children learn through play. A variety of handouts are printed in both Spanish and Chinese. You can find the handouts in our office and at [www.bananasbunch.org](http://www.bananasbunch.org)

# WORKSHOPS

**A link to the virtual trainings will be provided to registered attendees closer to the event date.**

**Hiring a Nanny 101**

If you're thinking of hiring a nanny, then this is the workshop for you! At this event, Hand in Hand: The Domestic Employers Network will discuss the details of being an employer, including your rights and responsibilities. By offering a variety of resources such as tips for hiring and interviewing, establishing wages and a work agreement, how to ensure a fair and safe workplace, and the laws surrounding nanny employment, the network will set you up with all the tools you need. They'll also offer ideas on how to create a positive, long-term relationship with your employee. You will have a chance to talk about your own experiences, ask questions, and share concerns.

*Sun, Sept 13 | 10 am - 11:30 am*

*Sun, Nov 8 | 10 am - 11:30 am*

*Instructor: TBD*

*Location: Zoom Platform*

**Baby/Toddler & Me Yoga**

Join us for yoga! It's a great way to release the stress that can come with parenting little ones. We'll also learn poses with and without your child, songs for bonding with babies and toddlers, and calming exercises for each of you. The class is designed for parents and children under 3 years old.

*Tue, Sept 22 | 10:00 am to 12:00 pm*

*Tue, December 8 | 10:00 am to 12:00 pm*

*Instructor: Erika Aird, birth/postpartum doula*

*Location: Zoom Platform*

**Parent Cafe**

As part of our mission to cultivate child, family, and community well-being, BANANAS will be hosting a Parent Cafe. The Parent Cafe gathers parents together to discuss the Protective Factors and bring them into your everyday life! These Protective Factors are: Social & Emotional Competence of Children; Knowledge of Parenting & Child Development; Social Connections; Parental Resilience; and Concrete Support in Times of Need. Help build our community and strengthen your own parenting skills by joining this experience!

*Sat, Oct 24 | 10:00 - 11:30 am*

*Instructor: Debby Alvarez, Family Resource Navigator*

*Location: Zoom Platform*

## Gender Identity And Your Baby

Many parents want to know how they can support the development of their child's self-confidence and reduce shame regarding gender identity. In this class, participants will explore and share experiences about gender and learn how gender is formed and shaped in the early years of life.

*Wednesday, Sept 16 | 10:30 am to 12:30 pm*

*Instructor: Stacie Degeneffe, psychotherapist and BANANAS Parenting Coach*

*Location: Zoom Platform*

## Choosing Child Care

Finding child care for your infant, toddler or preschooler is one of the most important decisions you will make as a parent. There are a lot of things to consider such as cost, hours, and the type of child care that is best for your family. There are many questions about the differences between a family child care provider, a child care center, and all of your options. We'll discuss each type of care so you can connect with the right provider. We'll also cover how to screen and interview potential providers.

*Thu, Sept 17 | 10 am - 12 pm*

*Thu, Oct 15 | 6:30 pm - 8:30 pm*

*Thu, Nov 19 | 10 am - 12 pm*

*Thu, Dec 17 | 6:30 pm - 8:30 pm*

*Instructor: TBD*

*Location: Zoom Platform*

## Brilliant Baby & College Fund Info Session

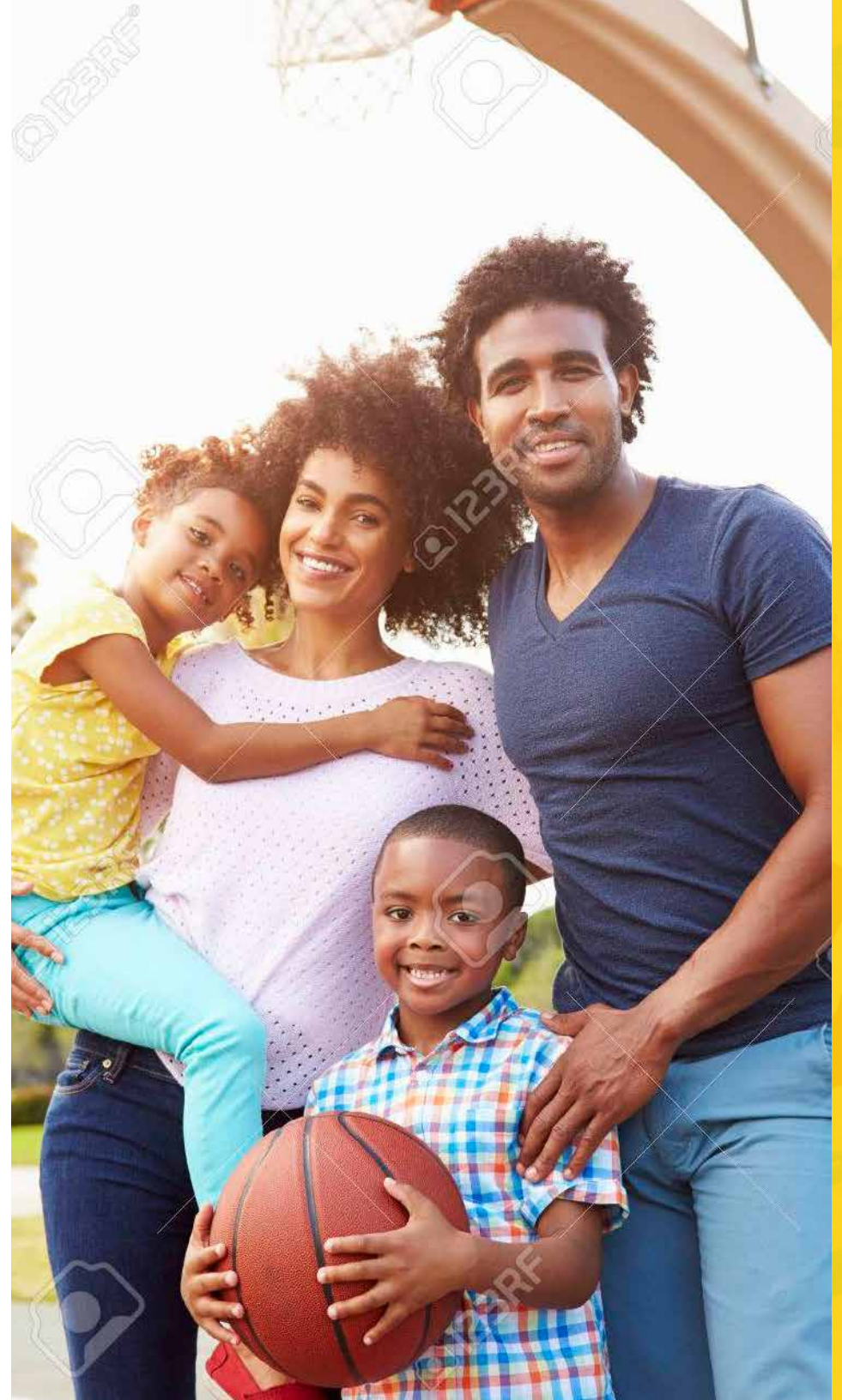
Are you worried about saving up for your baby's college fund? Would you like to receive free financial coaching? The Oakland Promise has a program that provides families with \$500 as college fund seed money, financial advising and coaching to improve families' social emotional development and overall well-being. Is your family currently living in Oakland? Does your baby qualify for MediCal? Is your baby under 12 months old and is born in Alameda County? If your answer is "yes" to all these questions, attend an information session so your baby can start their college fund with \$500.

*Wed, Sep 23 | 6:30-8:00pm*

*Tue, Nov 3 | 6:30-8:00pm*

*Instructor: Dulce M. Torres-Petty*

*Location: Zoom Platform*







## SUPPORT GROUPS

**A link to the virtual trainings will be provided to registered attendees closer to the event date.**

### Parenting In A Pandemic (6-Part Series)

Parenting during a pandemic can be overwhelming. This unprecedented time can trigger some of your worst memories and biggest fears. One snarky comment from your child can make you feel undone. In this workshop, you'll learn specific strategies to reduce your anger and frustration in the heat of the moment—like when your little one refuses to brush her teeth or a pinching war ensues between siblings. You'll also learn longer-term solutions and self-care strategies that will help you reduce the stress of parenting even in the best of times.

*Thu, Sept 3, 10, 17, 24 & Oct 1, 8 | 6:30 pm – 8:00 pm*  
*Instructor: Julie Johnson, M.Ed. and BANANAS Parenting Coach*  
*Location: Zoom Platform*

### Fathering from Within (4-Part Series)

This is a series designed to empower all fathers. Offering personal tools that help to define or redefine one's sense of identity and purpose and establish guiding principles for fatherhood, this series will help you to navigate relationships and social norms that may hinder effective parenting. Fathers will learn that everything we need to know about being a great dad is, and always has been, inside us. All we have to do is find it and share it with our children and make their future bright and promising. Facilitator Gaylon Logan, Jr. has over 20 years of experience working with boys and men of color and he is a father, grandfather, and CEO of the nonprofit VillageConnect.

*Mon, Sep, 14, 21, 28 & Oct 5 | 6:30 pm – 8:30 pm*  
*Instructor: Gaylon Logan, Jr., CEO of the Nonprofit VillageConnect and BANANAS Parenting Coach*  
*Location: Zoom Platform*

### New Moms Support Group (4-Part Series)

Congratulations on becoming a new mom! Right now you may be feeling a lot of emotions. If you are excited, worried, overwhelmed, or overjoyed, then you're totally normal. Finding a circle of support is a great way to lessen the stress of caring for a newborn. At each of our support groups, moms will get to share their feelings, ask questions, and build friendships with one another. Come join us virtually and bring your baby along!

*Tue, Oct 6, 13, 20, 27 | 10:00 am - 12:00 pm*  
*Instructor: Rose Schweig, MFT and BANANAS Parenting Coach*  
*Location: Zoom Platform*

## PARENT EDUCATION SERIES

**A link to the online trainings will be provided to registered attendees closer to the event date.**

### Living With Spirited Kids (6-Part Series)

Are you the parent of a child who is strong-minded and has intense feelings? Or a child who may have endless energy, gets easily frustrated, or is very shy? Would you like to learn parenting tools that work with your child's personality and stage of development? Rebecah Freeling is a parenting coach who has 20 years of experience in early childhood education. You will learn ways to deal with tantrums, aggression, shyness, and other challenging behaviors often displayed by "spirited" children.

*Wed, Oct 14, 21, 28 & Nov 4, 11, 18 | 6:30 pm – 8:30 pm*  
*Instructor: Rebecah Freeling, Owner of Wit's End Parenting and Family Coach*  
*Location: Zoom Platform*

### Co-Parenting From Within (4-Part Series)

Co-parenting after a divorce or break-up is never easy. However, if you and your former partner learn how to co-parent your children amicably, you will give your kids the confidence and stability they need to be successful in life. In this class, participants will gain personal tools for enhancing their co-parenting experience. Learn about the unique and collective identity and purpose of the parenting team through interactive and culturally congruent processes. Instructor, Gaylon Logan Jr. has many years of experience assisting parents in establishing guiding principles and practices of effective co-parenting.

*Mon, Nov 23, 30 & Dec 7, 14 | 6:30 pm - 8:30 pm*  
*Instructor: Gaylon Logan, Jr and BANANAS Parenting Coach*  
*Location: Zoom Platform*

## Family, Friends, & Neighbor (FFN) Playgroups

These playgroups are designed especially for extended family caregivers: Family, Friends, and Neighbors who care for young children. FFN caregivers are grandparents, aunts, uncles, siblings, cousins, neighbors, and friends.

At each facilitated group, you will be introduced to new ideas to increase parenting skills and improve awareness of children's needs, learn about healthy child development, and better understand how to effectively support early learning and kinder-readiness.

## Family, Friends, & Neighbor (FFN) Workshops

These workshops are designed for grandparents, aunts, uncles, cousins, siblings, family, friends, and neighbors caring for young children. All children need to talk, read, sing, and play during the critical early years of their development to meet their full potential.

Everyday activities, interactive events, and socialization with other children can be a valuable learning experience for any child. Attend our workshops and learn how to help the children in your life become kinder-ready and kick start early learning in the world around them.



## PLAYGROUPS FOR FFN CAREGIVERS

With a focus on serving grandparents, siblings, aunts, uncles, nannies, neighbors, and friends, playgroups offer a space to connect with one another and build community. Our free playgroups will have children laughing, exploring, and creating and we will discover the many wonderful ways that play inspires learning. Join us weekly to pretend, play, celebrate music, create art, and dream up inventions while gaining new parenting tools and learning about child development.

Space is limited at playgroups and participation is on a first-come, first-served basis. Young babies are welcome if attending with a sibling who meets the recommended age group (two to five years).

When you RSVP, you will be signed up for the entire series. RSVP at [www.bananasbunch.org/playgroups](http://www.bananasbunch.org/playgroups)

### **BANANAS Morning Virtual Playgroups**

*Every Mon/Cada Lunes, Sept 7 - Dec 18 | 10:30 - 11 am*

*Every Tue/Cada Martes, Sept 7 - Dec 18 | 10:30 - 11 am*

*Every Wed/Cada Miercoles, Sept 7 - Dec 18 | 10:30 - 11 am*

*Every Thu/Cada Jueves, Sept 7 - Dec 18 | 10:30 - 11 am*

### **BANANAS Afternoon Virtual Playgroups**

*Every Mon/Cada Lunes, Sept 7 - Dec 18 | 1:00 - 1:30 pm*

*Every Wed/Cada Miercoles, Sept 7 - Dec 18 | 1:00 - 1:30 pm*

*Every Thu/Cada Jueves, Sept 7 - Dec 18 | 1:00 - 1:30 pm*

*Every Fri/Cada Viernes, Sept 7 - Dec 18 | 1:00 - 1:30 pm*



## Family Child Care Playgroups

These playgroups are designed to accommodate Family Child Care (FCC) programs and the children they serve. At each facilitated group, you will be introduced to new ideas to increase your ability in guiding young children and improve awareness of children's needs, learn about healthy child development, and better understand how to effectively support early learning and kindergarten readiness.

## Child Care Provider Trainings

Child care provider trainings are designed to provide supportive, relevant information to professionals in the child care field and those interested in becoming providers. Child care is not available during provider workshops. Register for classes online at [www.bananasbunch.org](http://www.bananasbunch.org)

## Health & Safety Trainings

First Aid & CPR Trainings are offered in English, Spanish, Chinese, and Vietnamese with a 2-year certification. These are mandatory trainings for child care professionals. We also offer Preventive Health in English, Spanish, and Chinese for anyone looking to open or re-locate a child care business.

## Child Care Initiative Project (CCIP)

CCIP is designed to recruit, train, and retain family child care providers. We provide assistance with setting up a family child care business and becoming licensed, offer one-on-one consultations, pre-licensing home visits, and on-going technical assistance to child care providers.

If you are interested in becoming a licensed family child care provider, call Karina at 510-658-7353 x. 156 or email [karina@bananabunch.com](mailto:karina@bananabunch.com)

## Quality Counts

BANANAS is currently collaborating with First 5 Alameda County in the Quality Counts Program. We also work with the City of Berkeley to offer QRIS services. QRIS is a rating and quality improvement program that helps early care and education programs identify areas requiring improvement and provides support to improve the quality of child care.

## Resources & Publications

BANANAS maintains a library of handouts that cover a wide range of topics for parents and providers, from child development to choosing child care to licensing requirements, snack ideas, and how children learn through play. A variety of handouts are printed in both Spanish and Chinese. You can find the handouts in our office and at [www.bananasbunch.org](http://www.bananasbunch.org)



## TRAININGS

**A link to the virtual trainings will be provided to registered attendees closer to the event date.**

### **BANANAS Virtual Director's Roundtable - Community Care Licensing**

Center Directors, come hear from Community Care Licensing Advocates - Tawny Grossman and Natalie Dunaway. Tawny and Natalie will clarify their role as Childcare Advocates, share licensing updates, field questions submitted prior to this Zoom training, and reference policies and/or procedures that have changed as a result of COVID-19. Please submit your questions to Joan Suflita, BANANAS Quality Improvement Coach one week prior to this Zoom event. Email: [joan@bananasbunch.org](mailto:joan@bananasbunch.org)

*Thu, Sep 24 | 1 - 3 pm*

*Instructor: Joan Suflita, Tawny Grossman, and Natalie Dunaway*

*Location: Zoom platform*

### **BANANAS Virtual Director's Roundtable - Admin and Line Staff Working Together**

Building trust and a spirit of collaboration in a child care center is central to achieving high-performing work teams. Involving staff in meaningful ways in decision making is one way to build trust and foster an authentic commitment to your programs' vision and goals. During this Zoom meeting, we'll discuss different types of decisions made and suggest ways directors can move to a more inclusive and participatory process while still implementing program goals.

*Thu, Dec 10 | 1 - 3 pm*

*Facilitator: Joan Suflita*

*Location: Zoom platform*





## CCIP TRAININGS

**A link to the virtual trainings will be provided to registered attendees closer to the event date.**

### **Opening a Family Child Care Program Virtual Training**

Are you thinking of opening your own family child care business? If so, these free workshops are just for you! Join us to talk about how to become a licensed provider. BANANAS is here to offer support at every step. This is a great chance to meet with an expert who can answer your questions and offer information to get you started. Please note that this does not replace the Community Care Licensing (CCL) orientation. To pre-register for that orientation, call CCL at **510-622-2602** or go to **[www.cclid.ca.gov](http://www.cclid.ca.gov)** and pay their \$25 registration fee.

*Thu, Aug 27 | 10 am - 11 am*  
*Thu, Sept 24 | 10 am - 11 am*  
*Thu, Oct 22 | 10 am - 11 am*  
*Instructor: Karina Kelly*  
*Location: Zoom platform*

### **DRDP (2015) Introduction - Virtual Training**

The Desired Results Developmental Profile - DRDP (2015) is a child assessment tool created by the California Department of Education to provide guidelines for teachers to observe, document, and reflect on children's early learning. This workshop series will be divided into three sessions and participants will learn about how the DRDP (2015) is formatted, how to use documentation and evidence to rate what the tool measures, and the importance of reliability in using the DRDP (2015). Attendance in all three sessions and some homework is required to receive the 7 hours of Professional Growth Hours associated with this training.

*Must attend all classes to complete this course.*

*Sat, Oct 10 | 10 am -12 pm*  
*Wed, Oct 14 | 6 pm - 8 pm*  
*Sat, Oct 17 | 10 am -12 pm*  
*Instructor: Joan Suflita*  
*Location: Zoom platform*

### **DRDP (2015) Meaningful Observations and Portfolio Virtual Training**

In this training, participants will increase their observation skills and learn strategies on how to collect and organize evidence in order to complete the Desired Results Development Profile (DRDP) 2015. The DRDP Child Assessment Tool, created by the California Department of Education, provides guidelines for teachers to observe, document, and reflect on children's early learning. Participants will gain support on how to set up a system of observation and implement strategies for developing children's portfolios. Attendance in all three sessions and some homework is required to receive the 7 Professional Growth Hours associated with this training.

*Sat, Nov 7 | 10 am - 12 pm*  
*Sat, Nov 14 | 10 am - 12 pm*  
*Sat, Nov 21 | 10 am - 12 pm*  
*Instructor: Joan Suflita*  
*Location: Zoom platform*

## Servicios de Familia

### Referencias de Cuidado Infantil

Los consejeros apoyan a las familias mediante la creación de planes de referencia de cuidado de niños individualizados. Nuestra base de datos contiene más de 900 opciones de cuidado infantil. Con una selección tan grande y diverso de proveedores, somos capaces de ofrecer a las familias la oportunidad de encontrar el ajuste perfecto.

Con el fin de elaborar un plan de referencia que se adapta de forma única a cada familia, y ponemos énfasis en la comprensión de las particularidades de la situación de cada familia, ser creativos en la búsqueda de posibles opciones, y a los padres se les ofrece una guía con sugerencias y consejos, mientras empatizamos sus preocupaciones.

### ¡Buenas noticias!

BANANAS ofrece referencias de cuidado infantil gratis en Room to Bloom el 3er Miercoles de cada mes. Los padres recibirán un asesoramiento individual sobre referencias y acerca de cuidado infantil subsidiado, incluyendo qué tipo de asistencia es disponible para las familias.

## Servicios de Proveedor

### Proyecto de Iniciativa de Cuidado Infantil (CCIP)

CCIP está diseñado para reclutar, entrenar y retener a los proveedores de cuidado infantil. Ofrecemos ayuda con la creación de un negocio de cuidado infantil en el hogar y como obtener la licencia, consultas de uno-a-uno, visitas de pre-licencia, y asistencia técnica a las personas que están en camino para la licencia de cuidado infantil.

Si está interesado en convertirse en un proveedor de cuidado infantil familiar con licencia llame a Karina al 510-658-7353 x. 156 o correo electrónico karina@bananabunch.com.



## LA EDUCACIÓN DE LOS PADRES

**Se proporcionará un enlace a las capacitaciones en línea a los asistentes registrados más cerca de la fecha del evento.**

### Brilliant Baby y Dinero para Fondo Universitario

¿Está preocupado/a por ahorrar para el fondo universitario de su bebé? El programa Oakland Promise, proporciona familias con capital inicial de \$500 para el fondo universitario, asesoramiento financiero, y entrenamiento para mejorar el desarrollo social y emocional y el bienestar general de la familia. ¿Actualmente vive su familia en Oakland? ¿Tiene su bebé Medi-Cal? ¿Tiene su bebé menos de 12 meses y nació en el condado de Alameda? Si su respuesta es sí a todas estas preguntas, asista a este taller de información e inscripción para que su bebé pueda comenzar su fondo universitario de \$500.

*Miercoles, 30 de Septiembre | 6:30-8:00 pm*

*Martes, 10 de Noviembre | 6:30-8:00 pm*

*Instructora: Dulce Torres-Petty, Senior Manager, Oakland Promise*

*Ubicación: Plataforma de Zoom*

### Grupo de Apoyo a las Madres (4-Part Serie)

La clase se ofrecerá de forma remota a través de Zoom. Esté atento a los correos electrónicos con documentación importante para que complete y un enlace para unirse ese día.

¡Vengan a juntar con otras madres! Recibir apoyo y relajar con otras madres con niños menos de 3 años. Normalmente madres concentran en las necesidades de la familia y no enfocan en lo que necesitan ellas mismas. Este es una oportunidad para enfocar en cómo es usted como una individuo y una madre. Estamos conectando para hacer una comunidad de madres y compartir nuestras experiencias, problemas y éxitos. Este grupo estará presentado por Rose Schweig, una consejera licenciada, una madre de una niña que ha cumplido un año y que ha trabajado con familias latinas por más de 10 años.

*Martes, Nov 10, 17, 24 & Dec 1 | 10:00 am - 12:00 pm*

*Instructora: Rose Schweig, MFT and BANANAS entrenador de padres*

*Ubicación: Plataforma de Zoom*





### Our History

As women began to enter the workforce during the early 1970s in increasing numbers, the need for child care became a common and widely acknowledged dilemma. We evolved from a place for children and mothers to socialize and play to a critical network of information and resources that enabled parents to work without compromising their child's welfare.

BANANAS was founded in 1973 by a group of volunteer moms who believed that everyone should have access to affordable child care, regardless of income. The mothers had a vision of a grassroots organization that would be based on the premise that parents are the best experts when it comes to their children. The organization would be rooted in the idea that families are able and capable of making the best decisions on their own when given supportive, non-judgmental information.

### Help Support Us

We pride ourselves in the efforts that we have made to make our programs and services available to the entire community.

To ensure that parents and child care providers all have the same opportunity to participate, 99.9% of our services are provided at no cost. Parent education, playgroups, child care provider professional development, and child care referrals are available to anyone and everyone.

In order to maintain our current levels of service, BANANAS needs to raise funds. Please join us in supporting parents and child care providers in taking care of our most precious assets, our children, by making a donation today!

Make a donation online at

[bananasbunch.org/donate](https://bananasbunch.org/donate)



#### Phone

510-658-7353 (Main)

510-658-0381 (Child Care Referrals)

#### Website & Email

[www.bananasbunch.org](https://www.bananasbunch.org)

[info@bananasbunch.org](mailto:info@bananasbunch.org)

#### Location

5232 Claremont Ave

Oakland, CA 94618

#### Business Hours

Monday – Thursday

9:30 am – 4:30 pm (Referrals close at 4:15)

Friday

9:30 am – 12:30 pm

Visit our website for updates and new classes!

[www.bananasbunch.org](https://www.bananasbunch.org)