

COVID-19 Community Resources: Alameda County

To view website links on this sheet, access an online version of this guide by taking a picture of the QR code to the right!



FOOD RESOURCES: Pre-packaged groceries

For more referrals in your community, contact [The Alameda County Community Bank](#) at (510) 635-3663
To view a map of all Bay Area schools offering meals to children – [CLICK HERE](#)

Food Bank	Location	Days, Hours	Contact Info
<u>Alameda</u> Meals on Wheels (All Ages)	516 Willow St., Alameda	Call 9am-12pm to schedule a delivery.	(510)865-6131 Link to Info
<u>Berkeley</u> Berkeley Food Network	615 El Camino Real, Greenfield	Mon-Thurs (10am-2pm) Mon & Wed (5pm-7pm) 1 st and 3 rd Sat (10-12pm)	(510)616-5383
<u>Castro Valley</u> Faith Lutheran Church	20080 Redwood Road, Castro Valley	Thursday 7pm	Link to Info
<u>Fremont</u> Tri-City Volunteers	37350 Joseph St, Fremont	Mon-Thursday 10am-4pm	Link to Info
<u>Oakland</u>	La Santa Torta Food Truck (hot meals) 333 Broadway, Oakland	M-F 12-2pm	Link to Info
	Project Open Hand 1921 San Pablo Avenue, Oakland	Call to schedule a delivery (510) 622-0221	
	Telegraph Community Center 5316 Telegraph Ave, Oakland	2 nd & 4 th Wednesday 6pm –7:30pm	
	Taylor Memorial Church 1188 12th St Oakland	4 th Saturday 12pm	
<u>Hayward</u> Hope for the Heart	22035 Meekland Ave, Hayward	Tues-Thurs (11am-12pm) 3 rd Saturday 7:30am	Link to Info
<u>San Leandro</u> Ashland Village Mobile Pantry	1300 Kentwood Lane, San Leandro	3 rd Tuesday 2pm-4pm	Link to Info

Covid-19 Relief & CORE Service Agencies: Food, Rent, Utility bill assistance, etc.

[Click here to see more sites](#)

Organization	Areas Served	Contact Info
Catholic Charities East Bay	East Bay; Link to info	(510) 768-3100
Fremont Family Resource Center	East Bay Residents Link to info	(510) 574-2000
East Oakland DREAMer	Migrant youth 15-30 or migrant guardian of youth 0-20 Link to info	(510) 574-2000
Salvation Army Alameda County	Alameda County residents; Link to info	(510) 437-9437

LEGAL HELP: Health Care, Housing, Public Benefits

Organization	Areas Served	Contact Info
Centro Legal de La Raza	Alameda County	(510) 437-1554; Link to info
Bay Area Legal Aid	Bay Area	(800) 551-5554; Link to info
East Bay Community Law Center (EBCLC)	East Bay Residents	(510) 548-4040; Link to info

WORK-RELATED HELP:

Unemployment/ Disability insurance, Sick/Family leave, etc.

California Employment Development Department	Link to info; Video Tutorial
Legal Aid at Work	(415) 864-8848 Link to COVID Employment FAQs
Paid Family Leave (to care for someone with COVID-19)	Link to info

Immigration

Free and confidential help

Raid Response – if ICE comes to your door	(203) 666-4472
LIBRE – Help accessing public benefits	(650) 665-3086 Link to info
Undocumented Worker Relief Funds	Link to info

COVID-19 Recursos Comunitarios: Condado de Alameda

Para ver los links en esta página, acceda este panfleto por internet con tomándole una foto al Código QR en la derecha.



Recursos de Comida: Comida empacada

Para aprender de más recursos en su comunidad, llame [The Alameda County Community Bank](tel:5106353663) al (510) 635-3663
Para ver un mapa de las escuelas que ofrecen comidas a niños, [HAGA CLIC AQUÍ](#)

Organización	Dirección	Calendario	Información
<u>Alameda</u> Meals on Wheels	516 Willow St., Alameda	Llame de 9am-12pm para programar una entrega.	(510)865-6131 Sitio Web
<u>Berkeley</u> Berkeley Food Network	615 El Camino Real, Greenfield	Lun-Juev (10am-2pm) Lun & Mier (5pm-7pm) 1 ^{er} and 3 ^{er} Sab (10-12pm)	(510)616-5383
<u>Castro Valley</u> Faith Lutheran Church	20080 Redwood Road, Castro Valley	Jueves 7pm	Sitio Web
<u>Fremont</u> Tri-City Volunteers	37350 Joseph St, Fremont	Lunes-Jueves 10am-4pm	Sitio Web
<u>Oakland</u>	La Santa Torta Food Truck 333 Broadway, Oakland	Lunes-Viernes 12-2pm	Sitio Web
	Project Open Hand 1921 San Pablo Avenue, Oakland	Llame para programar una entrega. (510) 622-0221	
	Telegraph Community Center 5316 Telegraph Ave, Oakland	2 ^{do} & 4 ^{to} Miercoles 6pm –7:30pm	
	Taylor Memorial Church 1188 12th St Oakland	4 ^{to} Sabado 12pm	
<u>Hayward</u> Hope for the Heart	22035 Meekland Ave, Hayward	Mart-Juev (11am-12pm) 3 ^{er} Sabado 7:30am	Sitio Web
<u>San Leandro</u> Ashland Village Mobile Pantry	1300 Kentwood Lane, San Leandro	3 ^{er} Martes 2pm-4pm	Sitio Web

Agencias de servicios críticos: Comida, Renta y Asistencia de facturas, otros servicios

[Haga clic aquí para ver más sitios](#)

Organización	Áreas Servidas	Teléfono
Catholic Charities East Bay	East Bay; Sitio Web	(831) 393-3110
Fremont Family Resource Center	East Bay; Sitio Web	(831) 443-9655
East Oakland DREAMer	Jóvenes migrantes 15-30 o tutor migrante de jóvenes 0-20; Sitio Web	(831) 200-1719
Salvation Army Alameda County	Condado de Alameda; Sitio Web	(831) 372-8026

Ayuda Legal: Salud, Hogar, y Servicios públicos

Organización	Áreas Servidas	Para más información
Centro Legal de La Raza	Condado de Alameda	(510) 437-1554; Sitio Web
Bay Area Legal Aid	Bay Area	(800) 551-5554; Sitio Web
East Bay Community Law Center (EBCLC)	East Bay	(510) 548-4040; Sitio Web

Asistencia con problemas del trabajo:

Seguro de discapacidad o desempleo, Baja por enfermedad o familia, etc.

California Employment Development Department	Sitio Web ; Video Tutorial
Asistencia legal con el trabajo (Legal Aid at Work)	(415) 864-8848 Preguntas Frecuentes
Permiso Familiar Pagado (PFL)	Sitio Web

Inmigración

Ayuda gratuito y confidencial

Rapid Response - Obtenga ayuda si ICE llega a la puerta	(203)666-4472
LIBRE - Acceda a asesoramiento para acceder a beneficios públicos	(650)330-6442 Sitio Web
Alivio Financiero para Trabajadores Indocumentados	Sitio Web