

Commissions

• Arts Commission •

Meets at 6:30pm the 4th Wednesday of each month in the South Office Conference Room.

**Suzanne Pershing, Chair • Nancy Gonchar, Vice Chair
Dr. Dana Chohlis • Brian Copeland • Ericka Garcia • Terry Guillory
Dina Herrera • David Moragne Jr. • Martin Wong**

• Human Services Commission •

Meets at 7:00pm the 4th Wednesday of each month in the Sister Cities Gallery at City Hall.

**Pedro Naranjo, Chair • Peggy Combs, Vice Chair • Jane Abelee • Zachary Borja
Don Lancaster • Bose Onyemem • Alice Sarafian • Nicholas Sermeño • Susan Snell**

• Recreation & Parks Commission •

Meets at 7:00pm the 1st Wednesday of each month in the Sister Cities Gallery at City Hall.

**Cindy Barreto, Chair • Allen Schoenfeld, Vice Chair
Hermey Almonte • Mike Bolar • Gary Hanna • Justin Hutchison • Ed Shapiro
Tom Wagner • Litha Zuber**

• Senior Commission •

Meets at 10:00am the 3rd Thursday of each month at the Senior Community Center.

**Janice Woycheshin, Chair • Bella Comelo, Vice Chair
David Anderson • Darlene Daevu • Katherine Frates • Mary Jo Knueven
Claudia McHenry • Fred Simon • Cimperly Tamura**

• Youth Advisory Commission •

Meets at 6:00pm the 1st & 3rd Tuesday of each month at the Marina Community Center.

**Neha Gupta, Chair • Cinthia Silveira, Co-Chair • Emily Chin • Lorenzo Gonzalez
Hiew Hoang • Esmeralda Iglesias • Eamon Jahouach • Jasmine Le • Caitlin Li •
Maggie Liang • Petra Magallon • Alejandro Mantilla • Sofia Monjaraz • Xavier Morales
• Megan Nguyen • Phuc Nguyen • Taylor Pittman • Kaleo Velez • Patrick Wong •
Anthony Zahradka • Andrew Zhen • Kelly Zhen • Wilson Zhou**

City Council

Meets at 7:00pm the 1st & 3rd Monday of each month in the City Council Chambers at City Hall.

Pauline Russo Cutter • Mayor

Pete Ballew • Vice Mayor • District 6

Deborah Cox • District 1

Ed Hernandez • District 2

Victor Aguilar, Jr. • District 3

Benny Lee • District 4

Corina N. López • District 5



Jeff Kay, City Manager

Staff

Recreation & Human Services Director • Jeanette Dong.....	(510) 577-3466
Recreation & Human Services Manager • Ely Hwang.....	(510) 577-3463
Human Services • Elsa Castillo.....	(510) 577-3469
Administrative Assistant • Pauline Tabilang.....	(510) 577-3461
Aquatics • Ashley Perry.....	(510) 577-3467
Customer Service & Contract Classes • Erwin Gonzales.....	(510) 577-6046
Facilities & Parks • Marie Levesque.....	(510) 577-6081
Admin. Asst. FLEX Paratransit • Lizbeth Escobar.....	(510) 577-7985
Senior Services • Susan Criswell.....	(510) 577-6079
Teens, Sports & Fields • Lydia Rodriguez.....	(510) 577-3477
Youth • Liz Hodgins.....	(510) 577-3473

Customer Service Locations and Times

Marina Community Center (MCC)

15301 Wicks Blvd. • San Leandro, CA 94579

Phone: (510) 577-6080 • Customer Service Phone: (510) 577-3462

**Customer Service Hours: Monday - Friday • 11:30am - 7:00pm
Saturday • 10:00am - 2:00pm**

Senior Community Center (SCC)

13909 E. 14th St. • San Leandro, CA 94578

Phone: (510) 577-7990 • Customer Service Phone: (510) 577-3462

**Customer Service Hours:
Monday - Friday • 8:30am - 5:00pm**

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AARP Income Tax Preparation

FREE

Senior Community Center
Tuesdays • February 4 - April 14
9:30am - 2:30pm

Marina Community Center
Thursdays • February 6 - April 9
9:30am - 2:30pm

Trained AARP volunteers will be on hand to prepare income tax returns for low and moderate income individuals and families, with emphasis on serving those over 55 years of age. Membership in AARP is not a requirement. **To schedule your appointment, call (510) 577-3462 or visit us in person at any of our community centers, beginning January 13, 2020.**



Annual Egg Hunt

Saturday, April 11
10:00am Rain or Shine
Stenzel Park –
15300 Wicks Blvd

Bring your basket and come ready for an EGG-citing time!

The egg hunt will be divided into age-appropriate groups. Children under 10

years old are invited to this fun event. Parent supervision is required. This event is made possible by a generous donation from the San Leandro Optimist Club.



DOWNTOWN Farmers' Market

March 25 - October 14
Wednesdays • 4pm - 8pm
Parrott Street & E.14th Street

The City of San Leandro's popular weekly Downtown Farmers' Market offers a vibrant marketplace of sweet, juicy, tree-ripened fruits; delicious, healthy, just-picked vegetables; beautiful fresh-cut flowers; gourmet foods; and tasty snacks. Stay tuned to weekly special events and special offers or sign up to become a friend of the Farmers' Market to learn the latest goings-on at www.pcfma.com. For information, call Economic Development at 577-3311.



pcfma.com
1.800.949.FARM

San Leandro
Times



Personal Emergency Preparedness



Families or loved ones may not be together in an emergency, so it is important to plan in advance. Attend this highly interactive workshop to learn how to be better prepared as an individual or family. Topics will include what to do before, during and after an earthquake. Discussions will be on how to make a family plan, build an emergency kit and what items should be included and the proper way to store it. The workshop will also teach basic prevention or mitigation strategies that you can do in your home to protect your family and valuables. Presented by Alameda County Fire Department staff.

FREE

#15968

Wed, Apr 15 at 6:30pm - 8:00pm
Location: MCC • Thunderbolt Room
Instructor: Alameda County Fire Department Staff



CINCO DE MAYO



Marina Community Center • 15301 Wicks Blvd
Tuesday, May 5 • 6:00pm

Enjoy a beautiful spring evening as the City of San Leandro presents a fiesta for the entire family. Celebrate Cinco de Mayo with traditional Ballet Folklorico, Music, light refreshments and crafts for the kids. Admission is free!

Una Fiesta Para Toda La Familia!

Senior Events

Celebrate Spring with Senior Services

There will be several pop-up events this Spring to celebrate African American History Month, Lunar New Year, Older Americans month and more! Please check our Facebook page and Monthly Calendar frequently for details.

Bayfair Senior Walks

– hosted by San Leandro's Senior Commission

The Bayfair Center Senior Walks are offered every 3rd Saturday of the month. **Registration begins at 9:15am and the walk starts at 9:30am and continues through 10:30am.** Bring your walking shoes and smiles and have some fun while strengthening your body and meeting with friends.

Location: Bayfair Center, 15555 East 14th Street, San Leandro. Mall entrance next to Bed Bath and Beyond; a City of San Leandro Senior Commissioner will greet you.

Save the Date! Save the Date!

Cherry Festival 2020

Saturday, June 6

Downtown San Leandro

11:00am - 6:00pm

Parade down San Leandro Blvd.
starts at 10:00am

Zumba Family Night Fundraiser

The City of San Leandro's Recreation and Human Services Department and Youth Advisory Commission (YAC) invite the community to Family Zumba nights. Proceeds from ticket sales will be used towards the Commission's Mini-Grant Program and will be granted to youth serving organizations in the San Leandro community. Light refreshments will be available for purchase, cash only.

This event is for ages 5 and over and pre-registration is recommended.

Age(s) 5 & up Time: 6:30pm – 7:30pm

New Year New YOU! (Glow in the Dark Attire)

#15651 January 7th

Show the Love Feel the Beat (Valentines Attire)

#15652 February 4th

Jazzercise (80's Attire)

#15653 March 3rd

Wild Wild West (Western Attire)

#15654 April 14th

Location: Senior Community Center

Instructor: Dawn Leuenberger

Fee: \$5 Per Person

\$20 Per Family of 5

Environmental Endeavors

Friends of San Leandro Creek

www.FSLC.org



The Friends of San Leandro Creek is a group of individuals, students, families, and businesses dedicated to improving awareness and understanding of the San Leandro Creek Watershed. Our mission is to restore and enhance San Leandro Creek, to increase its potential as a visual and recreational amenity, to preserve its cultural and natural history, to make it an economically attractive resource and to promote a healthy environment for its native flora and fauna. The Friends sponsor many activities throughout the year. To learn more about our programs or to become a member, call 577-6069 or email creek@sanleandro.org.

No Drugs Down the Drain



It's important to properly dispose of expired or unused medications. Flushing drugs down the toilet or pouring them down the drain can contaminate waterways and harm aquatic life. You can do your part to keep pharmaceutical waste out of San Francisco Bay by properly disposing of them at one of the take-back locations. Medications should be packaged properly before dropping off. Remove all excess packaging e.g. bottles, boxes, and plastic wrap. Keep liquid medication and ointments in original containers. Consolidate all loose pills, liquid medication bottles, ointment tubes into a sealed plastic bag. Vitamins are not accepted. **Disclaimer: Controlled substances such as Vicodin, Codeine, Valium, etc. are not accepted. Program is for household use only.** For information on safe medicine disposal, call 577-6026 or visit us at www.recyclesanleandro.org.

DROP OFF LOCATIONS:

Davis Street Clinic • 3081 Teagarden St
Senior Community Center • 13909 E. 14th St
City of San Leandro Public Works • 14200 Chapman



For information visit
www.RecycleSanLeandro.org or call the
Recycling Program Hotline at (510) 577-6026.



Special Events

Spring
2020
3

Summer Adventures @ Washington Manor Park

The program includes arts and crafts projects, games, field trips, sports and activities. This program is ideal for children who like to have fun with children their own age. All Field trips are included in the fee. Please provide your child with two healthy snacks and a healthy lunch each day. Summer Adventures has a weekly theme, field trip, and special event each week. The schedules of and themes are listed below. Trips and themes are subject to change due to weather and other circumstances. An emergency form is required for this course. **Camp will be closed on Friday, July 3rd in observance of Fourth of July.**



Course	Dates	Time	Weekly Summer Theme	(R)	(N)
#15636	Jun 15 - Jun 19	7:30am - 6:00pm	Aloha Summer	\$184	\$209
#15637	Jun 22 - Jun 26		Galaxy Chef	\$184	\$209
#15638	Jun 29 - Jul 2*		Rockin in the USA	\$151	\$176
#15639	Jul 6 - Jul 10		Super Hero	\$184	\$209
#15640	Jul 13 - Jul 17		Color Me Crazy	\$184	\$209
#15641	Jul 20 - Jul 24		Silly Scientist	\$184	\$209
#15642	Jul 27 - Jul 31		Animal Kingdom	\$184	\$209
#15643	Aug 3 - Aug 7		Peace Out!	\$221	\$246

T.R.I.P • Teens Recreational Interactive Program @ the San Leandro Family Aquatic Center

T.R.I.P will be based out of Washington Manor Park and offer students the chance to get out and about in the local community and beyond. T.R.I.P. will focus on providing Teens an environment to build friendships while building essential social skills and self-esteem and participate in fun and adventurous experiences. Teens will engage in life skills that aid in their learning and development. Students must bring lunch and healthy snacks daily. Trips and daily themes are subject to change due to weather and other circumstances. An emergency form is required for this course. **Camp will be closed on Friday, July 3rd in observance of Fourth of July.**

Age: 12 - 15 years Classes: 5 Day(s): Mon - Fri

#15644	Jun 22 - Jun 26	#15649	Jul 27 - Jul 31
#15645	Jun 29 - Jul 2*	#15650	Aug 3 - Aug 7
#15646	Jul 6 - Jul 10		
#15647	Jul 13 - Jul 17		
#15648	Jul 20 - Jul 24		

Location: San Leandro Family Aquatic Center
 Instructor: SLRHS Staff
 Fee: \$195(R)/\$220(N)
 \$156 (R) \$176 (N)*



Chabot Day Camp

Chabot Day Camp is a traditional day camp based in the beautiful natural environment of Chabot Park. Campers will enjoy discovering nature, hiking, games, fun competition, arts & crafts, singing, skits, and much more. Your child should be entering the correct grade in Fall 2020. Chabot Park is located at the top of Estudillo Avenue and Slyvan Circle. Parent Packets will only be available online and ePACT forms must be submitted by the first day of camp.

Tiny Trees • Entering Grades K - 1

#15702	Jun 15 - Jun 26	8:30am - 3:00pm
#15708	Jul 6 - Jul 17	8:30am - 3:00pm
#15709	Jul 20 - Jul 31	8:30am - 3:00pm

Fee: \$279(R)/\$329(N)

Little Trees • Entering Grades 2 - 4

#15711	Jun 15 - Jun 26	8:30am - 3:00pm
#15714	Jul 6 - Jul 17	8:30am - 3:00pm
#15715	Jul 20 - Jul 31	8:30am - 3:00pm

Fee: \$279(R)/\$329(N)

Big Trees • Entering Grades 5 - 7

#15717	Jun 15 - Jun 26	8:30am - 3:00pm
#15719	Jul 6 - Jul 17	8:30am - 3:00pm
#15720	Jul 20 - Jul 31	8:30am - 3:00pm

Fee: \$309(R)/\$359(N)

Driftwood • Entering Grades 8 - 9

#15722	Jul 6 - Jul 17	8:30am - 3:00pm
#15723	Jul 20 - Jul 31	8:30am - 3:00pm

Fee: \$309(R)/\$359(N)



Participate in our training programs to take your Day Camp experience to the next level!

Counselor-In-Training (CIT)

Entering Grades: 10 - 11

Participants will learn about leadership styles, conflict resolution, team interactions, quick crafts, and how to lead a group with confidence and success. Participants will take what they have learned and use that knowledge throughout the day camp program. A minimum commitment of one session (2 weeks) of onsite CIT training is required.

#15730	Jun 11 - Jun 12	1:00pm - 4:00pm
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Fee: \$149(R)/\$169(N)

Hooty Hoo for Red, White, and Blue



Campers will celebrate America in true Day Camp style with Olympic-inspired games, patriotic art, and teambuilding activities.

June 29 - July 2 (no camp Friday, July 3 in observance of Independence Day)

#15707	Tiny Trees (K-1)	8:30am - 3:00pm
#15712	Little Trees (2-4)	8:30am - 3:00pm
#15718	Big Trees (5-7)	8:30am - 3:00pm

Fee: \$112(R)/\$132(N)

Enchanted Forest Week • All Trees

All campers are welcome to savor the final days of summer by celebrating Chabot Day Camp. This special week of camp will include favorite Day Camp traditions plus special activities and events.

August 3 - 7 • Day: Mon - Fri

#15710	Tiny Trees (K-1)	8:30am - 3:00pm
#15716	Little Trees (2-4)	8:30am - 3:00pm
#15721	Big Trees (5-7)	8:30am - 3:00pm
#15724	Driftwood (8-9)	8:30am - 3:00pm

Fee: \$150(R)/\$170(N)

Extended Care • All Trees

3:00pm - 6:00pm

Need to extend your camper's day? Lengthen the camp day with our Extended Care program. Activities include sports, games, and craft activities.

Day: Mon - Fri

#15725	Jun 15 - Jun 26	\$160(R)/\$185(N)
#15726	Jun 29 - Jul 2* *(no camp Fri, Jul 3)	\$65(R)/\$75(N)
#15727	Jul 6 - Jul 17	\$160(R)/\$185(N)
#15728	Jul 20 - Jul 31	\$160(R)/\$185(N)
#15729	Aug 3 - Aug 7	\$80(R)/\$100(N)

Jr. Counselor (JC)

Entering Grade: 12

Learn what goes on "behind-the-scenes" at Chabot Day Camp and use your skills that you've acquired as a CIT. A minimum commitment of one session (2 weeks) of onsite training is required.

#15731	Jun 11 - Jun 12	1:00pm - 4:00pm
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Fee: \$89(R)/\$109(N)

Reminder: You can apply for staff counselor positions if you are graduating high school in Spring 2020 and will be at least 18 years old.



Summer Sneak Peek

Spring
2020

5

Swim Lesson Descriptions

TOT TIME • Age: 6 months - 3 years

Sign up for Tot Time and let your child enjoy their first aquatic experience. This class is great for water introduction and parent/child bonding. Participants will enjoy games as well as water safety lessons. Parents are to accompany their children in the pool. If children are not potty-trained, they must wear leak-proof diapers.

TINY TOTS • Age: 3 - 5 years

This class is designed to teach basic water skills, breath holding, floating, jumping in, and more depending upon the child's swimming interest and ability. Children have a great time learning new skills while building up their confidence in and around water. Parents do not accompany children into the pool.

BEGINNER SWIM • Age: 6 - 14 years

This class will increase your child's confidence in the water and create a solid swimming foundation. The class emphasizes the basics, including floating and kicking on both front and back, alternating arm action, rhythmic breathing, combined stroke on front and back, turning over front to back and back to front, water safety moves, and how to get help in an emergency. This class is for children entering levels 1 or 2 with little or no swimming experience and those with a level 1 card or equal skill.

INTERMEDIATE SWIM • Age: 6 - 14 years

This intermediate-level class teaches the various swim strokes, emphasizing the fundamentals of freestyle, backstroke, elementary backstroke, deep-water bobbing, introduction to sidestroke and breaststroke, turns at the wall, treading water, self-rescue skills, and jumping into deep water with a lifejacket. This class is for children entering levels 3 or 4 with a level 2 or 3 card or equal skills.

PRIVATE LESSONS • Age: 3 years & up

A private swim lesson is designed to help identify and focus on a specific skill needing improvement, with individualized instruction.

COMPETITIVE SWIM PRACTICE • Age: 6 - 14 years

Prepare your child for the world of competitive swimming while promoting a healthy lifestyle choice! Lesson emphasis is on starts, turns, endurance, concentration, and stroke correction.

Prerequisite: Strong knowledge of Freestyle and Backstroke and basic understanding of Breaststroke and Butterfly. Ability to swim 50 yards of Freestyle while breathing to the side and 50 yards of Backstroke.

EXCEPTIONAL NEEDS • Age: 6 - 14 years

Swim lessons for elementary school-aged children who are physically or mentally disabled. Parents must enter the water with the student. This class offers opportunities for parent/child bonding while your child develops new skills in the water.

ADULT SWIM LESSONS • Age: 15 years & up

Adult instruction is offered for swimmers of all skill levels. Instruction is offered based on your skill level which will allow you to build your self-confidence along with your swimming skills.



Family Rec Swim Pass

Resident: \$225 Non-Resident: \$250

Save \$25 if you register before May 22nd

Save \$25 per family when 2 or more families register at the same time

To register for a family swim pass, please bring all family members to any customer service location or pool-once open. Once summer recreation swim hours begin at the pool, family passes will be sold after the entrance line is admitted.

Weekends:	May 23 - Sep 13	1:00 - 5:00pm
Weekdays:	Jun 15 - Aug 7	1:00 - 4:00pm

Open Memorial Day, July 4th, and Labor Day

Valid for Family Rec Swims May 23 - Sep 13, 2020, except Adult Rec Swims, classes, lessons, fitness swim. Families are individuals, his/her spouse, family members, and their dependent children all living in the same household. Max 6 members per family. All family members must be present to receive their passes; each member has their own pass with their picture. Entrance not guaranteed when at capacity. No refunds due to closure for any reason.

Save the Date!

**Weekend Recreational Swim begins
Saturday, May 23 • 1:00pm - 5:00pm**

**Cost: \$6 drop in fee or
Swim Ticket: 10 Swims \$50**



San Leandro Family Aquatic Center

14900 Zelma St. • San Leandro, CA 94579 • (510) 577-7966

Facility Closures: Feb 10 & 17, Apr 11 • No lessons, fitness swim, adult rec swim, or exercise classes May 23 - 25



Adult Recreational Swim

Age: 16 years & up

Use this time to do your own exercises, some water walking or light swimming widthwise.

Mon & Wed.....8:30am - 9:15am
Fri.....8:30am - 9:30am
Sat.....9:15am - 10:30am

Cost: \$6 drop in fee or Swim Ticket: 10 Swims \$50

Fitness Swim

Get in shape or develop your swimming skills at your own pace. We supply the water, kick boards, pull-buoys and lifeguards while you supply the energy. All swimmers must make an attempt to be continuously swimming.

Mon, Wed & Fri.....6:30am - 8:30am
Mon & Wed.....4:00pm - 6:30pm
Tue & Thu.....4:00pm - 7:00pm
Sat.....10:30am - 12:30pm

Cost: \$6 drop in fee or Swim Ticket: 10 Swims \$50

Adult Lessons Age: 15 years & up

Adult instruction is offered for swimmers of all skill levels.

8 Classes • Tue & Thu • \$80(R) / \$100(N)
***4 Classes • Tue & Thu • \$40(R) / \$50(N)**

#15478	Feb 4 - Feb 27	7:00pm - 7:45pm
#15479	Mar 3 - Mar 26	7:00pm - 7:45pm
#15480	Mar 31 - Apr 23	7:00pm - 7:45pm
#15481	Apr 28 - May 21	7:00pm - 7:45pm
#15482	May 26 - Jun 4*	7:00pm - 7:45pm

4 Classes • Sat • \$40(R) / \$50(N)
***3 Classes • Sat • \$30(R) / \$40(N)**

#15483	Feb 8 - Feb 29	8:30am - 9:15am
#15484	Mar 7 - Mar 28	8:30am - 9:15am
#15485	Apr 4 - Apr 25* (No class Apr 11)	8:30am - 9:15am
#15486	May 2 - May 16*	8:30am - 9:15am

Exceptional Needs Age: 6 - 14 years

Parents are to accompany children into the pool

8 Classes • Tue & Thu • \$80(R) / \$100(N)
***4 Classes • Tue & Thu • \$40(R) / \$50(N)**

#15580	Feb 4 - Feb 27	7:00pm - 7:30pm
#15581	Mar 3 - Mar 26	7:00pm - 7:30pm
#15582	Mar 31 - Apr 23	7:00pm - 7:30pm
#15583	Apr 28 - May 21	7:00pm - 7:30pm
#15584	May 26 - Jun 4*	7:00pm - 7:30pm

Waitlist Alert

If the course you're interested in is full, place yourself on the waitlist. We will open more classes for waitlist applicants as they fill.

Aqua Aerobics Age: 16 years & up

Get and stay fit with this fun, water exercise class! Work all your major muscle groups using the water as resistance. No swimming skills necessary. Class is held at the shallow end of the pool. Instructor: Adrienne Means

8 Classes • Mon & Wed • \$40(R) / \$50(N)
***6 Classes • Mon & Wed • \$30(R) / \$40(N)**
****3 Classes • Mon & Wed • \$15(R) / \$20(N)**
Drop-in • \$8

#15487	Feb 3 - Feb 26* (No class Feb 10 & 17)	6:30pm - 7:30pm
#15488	Mar 2 - Mar 25	6:30pm - 7:30pm
#15489	Mar 30 - Apr 22	6:30pm - 7:30pm
#15490	Apr 27 - May 20	6:30pm - 7:30pm
#15491	May 27 - Jun 3**	6:30pm - 7:30pm

Aqua Exercise Age: 18 years & up

Focusing on gentle exercise to increase core strength and flexibility, this class is designed especially for those with mobility issues such as arthritis and joint problems. No swimming skills necessary, class takes place in the shallow area of pool. Instructor: Stephanie Turner

12 Classes • Mon, Wed & Fri • \$56(R) / \$66(N)
***10 Classes • Mon, Wed & Fri • \$46(R) / \$56(N)**
****5 Classes • Mon, Wed & Fri • \$23(R) / \$28(N)**
Drop-in • \$8

#15492	Feb 3 - Feb 28* (No class Feb 10 & 17)	9:30am - 10:30am
#15493	Mar 2 - Mar 27	9:30am - 10:30am
#15494	Mar 30 - Apr 24	9:30am - 10:30am
#15495	Apr 27 - May 22	9:30am - 10:30am
#15496	May 27 - Jun 5**	9:30am - 10:30am



Aquatics



Tot Time Age: 6 months - 3 years

Parents are to accompany their children in the pool. If children are not potty-trained, they must wear leak-proof diapers.

4 Classes • Sat • \$45(R) / \$55(N) *3 Classes • Sat • \$34(R) / \$44(N)		
#15497	Feb 8 - Feb 29	1:05pm - 2:00pm
#15498	Mar 7 - Mar 28	1:05pm - 2:00pm
#15499	Apr 4 - Apr 25* (No class Apr 11)	1:05pm - 2:00pm
#15500	May 2 - May 16*	1:05pm - 2:00pm



Tiny Tots Age: 3 - 5 years

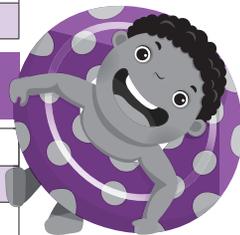
Parents do not accompany children into the pool.

8 Classes • Mon & Wed • \$90(R) / \$110(N) *6 Classes • Mon & Wed • \$67(R) / \$77(N) **3 Classes • Mon & Wed • \$33(R) / \$43(N)		
#15501	Feb 3 - Feb 26*	4:00pm - 4:25pm
#15502	(No class Feb 10 & 17)	4:30pm - 4:55pm
#15503	Mar 2 - Mar 25	4:00pm - 4:25pm
#15504		4:30pm - 4:55pm
#15505	Mar 30 - Apr 22	4:00pm - 4:25pm
#15506		4:30pm - 4:55pm
#15507	Apr 27 - May 20	4:00pm - 4:25pm
#15508		4:30pm - 4:55pm
#15509	May 27 - Jun 3**	4:00pm - 4:25pm
#15510		4:30pm - 4:55pm



8 Classes • Tue & Thu • \$90(R) / \$110(N) *4 Classes • Tue & Thu • \$45(R) / \$55(N)		
#15511	Feb 4 - Feb 27	4:00pm - 4:25pm
#15512		4:30pm - 4:55pm
#15513	Mar 3 - Mar 26	4:00pm - 4:25pm
#15514		4:30pm - 4:55pm
#15515	Mar 31 - Apr 23	4:00pm - 4:25pm
#15516		4:30pm - 4:55pm
#15517	Apr 28 - May 21	4:00pm - 4:25pm
#15518		4:30pm - 4:55pm
#15519	May 26 - Jun 4*	4:00pm - 4:25pm
#15520		4:30pm - 4:55pm

4 Classes • Sat • \$45(R) / \$55(N) *3 Classes • Sat • \$33(R) / \$43(N)		
#15521	Feb 8 - Feb 29	12:35pm - 1:00pm
#15522		1:05pm - 1:30pm
#15523		2:05pm - 2:30pm
#15524		3:05pm - 3:30pm
#15525	Mar 7 - Mar 28	12:35pm - 1:00pm
#15526		1:05pm - 1:30pm
#15527		2:05pm - 2:30pm
#15528		3:05pm - 3:30pm



Tiny Tots (continued)

#15529	Apr 4 - Apr 25* (No class Apr 11)	12:35pm - 1:00pm
#15530		1:05pm - 1:30pm
#15531		2:05pm - 2:30pm
#15532		3:05pm - 3:30pm
#15533	May 2 - May 16*	12:35pm - 1:00pm
#15534		1:05pm - 1:30pm
#15535		2:05pm - 2:30pm
#15536		3:05pm - 3:30pm

Beginner Swim Age: 6 - 14 years

This class is for children entering levels 1 or 2.

8 Classes • Mon & Wed • \$80(R) / \$100(N) *6 Classes • Mon & Wed • \$60(R) / \$70(N) **3 Classes • Mon & Wed • \$30(R) / \$40(N)		
#15537	Feb 3 - Feb 26*	5:00pm - 5:25pm
#15538	(No class Feb 10 & 17)	5:30pm - 5:55pm
#15539	Mar 2 - Mar 25	5:00pm - 5:25pm
#15540		5:30pm - 5:55pm
#15541	Mar 30 - Apr 22	5:00pm - 5:25pm
#15542		5:30pm - 5:55pm
#15543	Apr 27 - May 20	5:00pm - 5:25pm
#15544		5:30pm - 5:55pm
#15545	May 27 - Jun 3**	5:00pm - 5:25pm
#15546		5:30pm - 5:55pm

4 Classes • Sat • \$40(R) / \$50(N) *3 Classes • Sat • \$30(R) / \$40(N)		
#15547	Feb 8 - Feb 29	12:35pm - 1:00pm
#15548		1:35pm - 2:00pm
#15549		2:35pm - 3:00pm
#15550	Mar 7 - Mar 28	12:35pm - 1:00pm
#15551		1:35pm - 2:00pm
#15552		2:35pm - 3:00pm
#15553	Apr 4 - Apr 25* (No class Apr 11)	12:35pm - 1:00pm
#15554		1:35pm - 2:00pm
#15555		2:35pm - 3:00pm
#15556	May 2 - May 16*	12:35pm - 1:00pm
#15557		1:35pm - 2:00pm
#15558		2:35pm - 3:00pm

Aquatics Refund Policy

Cancellations or transfers for aquatic classes and programs will be honored 7 days prior to the first class.

Intermediate Swim Age: 6 - 14 years

This class is for children entering levels 3 or 4.

4 Classes • Sat • \$40(R) / \$50(N)
*3 Classes • Sat • \$30(R) / \$40(N)

#15559	Feb 8 - Feb 29	12:35pm - 1:00pm
#15560		1:35pm - 2:00pm
#15561		3:05pm - 3:30pm
#15562	Mar 7 - Mar 28	12:35pm - 1:00pm
#15563		1:35pm - 2:00pm
#15564		3:05pm - 3:30pm
#15565	Apr 4 - Apr 25* (No class Apr 11)	12:35pm - 1:00pm
#15566		1:35pm - 2:00pm
#15567		3:05pm - 3:30pm
#15568	May 2 - May 16*	12:35pm - 1:00pm
#15569		1:35pm - 2:00pm
#15570		3:05pm - 3:30pm

Competitive Swim Practice

Age: 6 - 14 years

8 Classes • Tue & Thu • \$80(R) / \$100(N)
*4 Classes • Tue & Thu • \$40(R) / \$50(N)

#15571	Feb 4 - Feb 27	6:00pm - 6:55pm
#15572	Mar 3 - Mar 26	6:00pm - 6:55pm
#15573	Mar 31 - Apr 23	6:00pm - 6:55pm
#15574	Apr 28 - May 21	6:00pm - 6:55pm
#15575	May 26 - Jun 4*	6:00pm - 6:55pm

4 Classes • Sat • \$40(R) / \$50(N)
*3 Classes • Sat • \$30(R) / \$40(N)

#15576	Feb 8 - Feb 29	2:05pm - 3:00pm
#15577	Mar 7 - Mar 28	2:05pm - 3:00pm
#15578	Apr 4 - Apr 25* (No class Apr 11)	2:05pm - 3:00pm
#15579	May 2 - May 16*	2:05pm - 3:00pm

Lifeguarding Today • Age: 15 years & up

Become certified in Lifeguarding/First Aid/CPR/AED, needed certification for entry-level pool lifeguard positions. Must be able to swim 300 yards (12 length-wise laps), continuously and be a strong, comfortable swimmer. Those who do not pass the course prerequisites will receive a refund of fees. Students must attend all pool and classroom instruction. Each training will have one deep-water session at the San Leandro High School Pool. Transportation is not provided.

#15628 • 6 Classes • \$240(R) / \$265(N)

San Leandro Family Aquatic Center	San Leandro High School Pool
Mon - Fri • Apr 6 - 10	Sun • Apr 19
9:30am - 5:00pm	1:30pm - 5:30pm

#15629 • 7 Classes • \$240(R) / \$265(N)

San Leandro Family Aquatic Center	San Leandro High School Pool
Fri • Mar 13 & 20 4:30pm - 8:30pm	Sun • Mar 29 1:30pm - 5:30pm
Sat • Mar 14 & 21 3:30pm - 8:00pm	
Sun • Mar 15 & 22 10:00am - 5:30pm	

Private Lessons • Age: 3 years & up

4 Classes • Mon & Wed • \$110(R) / \$130(N)
*3 Classes • Mon & Wed • \$82(R) / \$102(N)

#15585	Feb 3 - Feb 12* (No class Feb 10)	6:00pm - 6:25pm
#15586	Feb 19 - Feb 26*	6:00pm - 6:25pm
#15587	Mar 2 - Mar 11	6:00pm - 6:25pm
#15588	Mar 16 - Mar 25	6:00pm - 6:25pm
#15589	Mar 30 - Apr 8	6:00pm - 6:25pm
#15590	Apr 13 - Apr 22	6:00pm - 6:25pm
#15591	Apr 27 - May 6	6:00pm - 6:25pm
#15592	May 11 - May 20	6:00pm - 6:25pm
#15593	May 27 - Jun 3*	6:00pm - 6:25pm

4 Classes • Tue & Thu • \$110(R) / \$130(N)

#15594	Feb 4 - Feb 13	5:00pm - 5:25pm
#15595		5:30pm - 5:55pm
#15596	Feb 18 - Feb 27	5:00pm - 5:25pm
#15597		5:30pm - 5:55pm
#15598	Mar 2 - Mar 12	5:00pm - 5:25pm
#15599		5:30pm - 5:55pm
#15600	Mar 17 - Mar 26	5:00pm - 5:25pm
#15601		5:30pm - 5:55pm
#15602	Mar 31 - Apr 9	5:00pm - 5:25pm
#15603		5:30pm - 5:55pm
#15604	Apr 14 - Apr 23	5:00pm - 5:25pm
#15605		5:30pm - 5:55pm
#15606	Apr 28 - May 7	5:00pm - 5:25pm
#15607		5:30pm - 5:55pm
#15608	May 12 - May 21	5:00pm - 5:25pm
#15609		5:30pm - 5:55pm
#15610	May 26 - Jun 4	5:00pm - 5:25pm
#15611		5:30pm - 5:55pm

4 Classes • Sat • \$110(R) / \$130(N)
*3 Classes • Sat • \$82(R) / \$102(N)

#15612	Feb 8 - Feb 29	1:05pm - 1:30pm
#15613		2:05pm - 2:30pm
#15614		2:35pm - 3:00pm
#15615		3:05pm - 3:30pm
#15616	Mar 7 - Mar 28	1:05pm - 1:30pm
#15617		2:05pm - 2:30pm
#15618		2:35pm - 3:00pm
#15619		3:05pm - 3:30pm
#15620	Apr 4 - Apr 25* (No class Apr 11)	1:05pm - 1:30pm
#15621		2:05pm - 2:30pm
#15622		2:35pm - 3:00pm
#15623		3:05pm - 3:30pm
#15624	May 2 - May 16*	1:05pm - 1:30pm
#15625		2:05pm - 2:30pm
#15626		2:35pm - 3:00pm
#15627		3:05pm - 3:30pm





San Leandro Main Library

510-577-3971

300 Estudillo Avenue • www.sanleandrolibrary.org

All events take place at the San Leandro Main library unless otherwise indicated.



Spring Two-day Book Sale!

Saturday, April 4

9:00am to 11:00am • Friends

Members only

11:00am to 3:00pm • Open to the General Public

Sunday, April 5

12:00pm to 3:00pm • All-day Bag Sale at \$2 a bag!

The Friends of the San Leandro Library are proud to announce their upcoming Spring Two-day Book Sale! The sale will be huge, offering a fantastic selection of over 10,000 quality books at bargain prices.

By joining the Friends of the Library, you may attend the "Members Preview" during the first two hours of the book sale and get the best pick of the books. Join the Friends of the Library by applying for either an individual membership (\$10) or a family membership (\$15). You may register or renew your membership at the door on the day of the sale or you can pick up a membership application at the Main Library. Call 510-577-3971 for more information.

Cesar Chavez Day

Tuesday, March 31

6:00pm to 8:00pm • Documentary

Dolores

Rated: NR, Run time: 90 minutes

In celebration of César Chávez Day, the library will be screening the documentary Dolores. Dolores Huerta worked closely with César Chávez in leading the fight for labor justice and co-founded the United Farmworkers Union. The documentary follows her from her childhood in Stockton, California to her role as an activist for civil rights work, which she continues to this day.

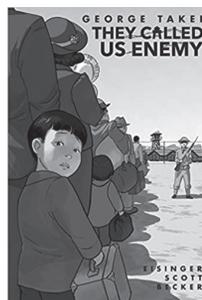
Reader's Roundtable

This lively book group meets at the Main Library. Copies of these books can be purchased for just \$10 at the Booktique, the Main Library's bookstore. Questions? Email: rtable@gmail.com

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Spring Events & Activities

Book To Action: *They Called Us Enemy*



Join us in reading George Takei's new graphic memoir, *They Called Us Enemy*, where he revisits his haunting childhood in American concentration camps as one of over 100,000 Japanese Americans imprisoned by the U.S. government during World War II. Through discussions and community events, we will explore

the topic of "What it means to be American: Building a sense of community for all in a multicultural society."

Kickoff event:

IRC know your rights/Naturalization

Tuesday, February 4

6:00pm-8:00pm

Book Discussions

Saturday, February 29

2:00pm - 3:00pm

Thursday, March 19

7:00pm - 8:00pm

Documentary: *Legacy of the Nisei*

Saturday, March 7

2:00pm-4:00pm

Meet the Illustrator and Discussion with The Bay Podcast

Saturday, March 28

2:00pm-3:30pm

Presentation by IRC and Panel Discussion lead by The Bay Podcast

Thursday, April 2

6:00pm-8:00pm

California Center for the Book is a program of the California Library Association, supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian.



Children's Activities at the Main Library

San Leandro Main Library – 300 Estudillo Ave. • (510) 577-3960



Library

Wednesday Family Fun Nights

Do you like puppet shows, storytellers and multicultural programs? One Wednesday night a month, the Library offers a free Family Fun Night featuring educational entertainment for the whole family.

February 19 • 7:00pm

African Village Rhythms with Onye Onyemaechi

March 25 • 7:00pm

Magic Show with Phil Ackerley

April 22 • 7:00pm

Boswick the Clown's Reading Circus!

May 27 • 7:00pm

Bi-lingual Concert with Jose-Luis Orozco

Check our website at www.sanleandrolibrary.org or pick up a brochure at the library for a list of all the latest events for children and families!

FREE Activities and Clubs

Each month the Main Library offers a variety of free activities for kids of different ages, like LEGO® club, "school's out" enrichment, cultural programs and more. Check our website at www.sanleandrolibrary.org or pick up a monthly activity calendar at any of our locations.

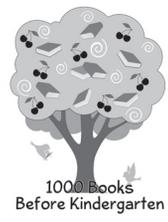
Reading Enrichment Programs

Paws to Read • For grades 1-5

In the Paws to Read program, children in grades 1 to 5 work on their reading skills by reading aloud to certified therapy dogs. New session will start in January – please check www.sanleandrolibrary.org for dates and times.

Reading Buddies • For grades 1-5

Would you like to practice your reading with a friend? Our volunteer Reading Buddies are here to listen! You can read aloud to our team of friendly volunteers. New session will start in February – please check www.sanleandrolibrary.org for dates and times.



1000 Books Before Kindergarten

1000 Books Before Kindergarten is a Library program that encourages parents/caregivers to read 1000 books with their young children before they enter kindergarten. Get started today by visiting

any branch of the San Leandro Public Library, or sign up online at sanleandrolibrary.beanstack.org.

FREE Storytimes

Storytimes are more than just fun—they help your child get ready for school too! Pick the storytime that works best for you and your child and join the *fun!*

Baby Time • Tuesdays at 9:30am

Rhymes, songs and books for ages 0 to 12 months

Toddler Time • Wednesday at 9:30am or 10:30am*

Stories, rhymes and romps for ages 1-3 (*choose just one session*)

*For January & February, time is 10:15am only.

Preschool Storytime • Wednesdays at 1:30pm

Stories, songs and play for preschoolers (and up)

Family Storytime • Wednesdays at 7:00pm

Stories, songs and play for preschoolers & families.

(*Wear your pajamas if you'd like!*)

Cuentacuentos • Martes 10:30am

Canciones y cuentos para niños pequeños

Bilingual Storytime

Cuentacuentos Bilingüe

First Saturday of the month at 11:00am (check the online calendar for dates)/ Primer sábado del mes a las 11:00am.

Dial-A-Story

Free • 24 Hours A Day • 510-577-6067

Telecuento

Llama 510-577-6066 para escuchar a Molly leer un libro!

Teen Programs at the Main Library

All programs are for students in grades 6 to 12, unless noted. All programs are free. Visit the Teens page on the Library's web site www.sanleandrolibrary.org for more information.

Dub Club

Wednesdays from 2:30pm - 4:30pm, starting in February

Need a place to do homework and enjoy a snack after school? Join us each Wednesday starting in September for gaming and fun! For students in grades 6 to 12.

Volunteer @ Your Library

For teens 14 to 18 in 9th - 12th grades

Volunteering at the library is a great way to gain work experience and earn community service hours. During the school year, the Main Library needs volunteers to help after school, in the evenings, and on weekends. Volunteers are assigned to work one shift per week (between 2 to 4 hours) to help us shelve books and prepare for events. For more information, call (510) 577-3955 or visit the Library website.

Book To Action: They Called Us Enemy

Teens can join our Book to Action reading challenge starting in February – check the Library's website for details.

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San Leandro History Complex



Casa Peralta

384 W. Estudillo Avenue
(510) 577-3474 • (510) 577-3975
Saturday and Sunday • 11:00am - 3:00p



San Leandro History Museum

320 W. Estudillo Avenue
(510) 577-3990 • asilveira@sanleandro.org
Wednesdays and Thursdays • 1:00 pm to 4:00 pm
First Saturday of the Month • 11:00am to 4:00pm



Little Brown Church

Back of 384 W. Estudillo Avenue
(510) 910-3215 • sanleandrohistory@gmail.com

Manor Branch Library Programs

1241 Manor Blvd., San Leandro, CA
(510) 577-7970

Children's Programs

Special Programs for Families

- February 13, 6:30 pm: Magic Show with Perry Yan
- February 29, 2:30 pm: Enjoy James Henry's Samba Samba Music
- March 14 2:30pm and March 18 4:00pm: Art Class with Sun Gallery of Hayward for children ages 6-10 (Space is limited. Choose one date only. Register starting March 2)
- April 25, 2:30 pm: Live Theater Show with Activated Storytellers
- May 23, 2:30pm: All about Bats with NorCal Bats

Reading Enrichment Programs

- *Storytime on Thursdays at 10:30am*: Toddlers and kids up to age eight, come sing some songs and listen to fun stories.
- *Reading Buddies*: Kids in grades 1-5 practice their reading skills with friendly teen volunteers. New session will start in January – please check www.sanleandrolibrary.org for dates and times.
- *Paws to Read*: Kids in grades 1-5 practice their reading skills by reading to a therapy dog. New session will start in February– please check www.sanleandrolibrary.org for dates and times.

Teen Programs

- Game On, First Wednesday of the Month, 2-4pm: January 8, February 5, March 4, April 1 & May 6
- Taste Test Challenge: Wednesday, March 25, 2-4 p.m.
- Iron Chef Candy Competition: Wednesday, May 20, 2-4 p.m.
- Teen Book to Action:
 - Card Making for Immigrants and Refugees, Thursday, March 19, 6:30-7:30 p.m.
 - They Called Us Enemy Book Talk + Pizza Saturday April 4 1-2:30 p.m.

Adult Programs

- Lunar New Year event: Tai Chi: Saturday, February 8, 2:30-4 p.m.
- Art is Education Month Beginning Drawing program: Saturday, March 7, 2-4 p.m.
- Gentle Stretch Class Saturday, May 16, 2-3:30 p.m.

Important Information

The following must be received for your registration to be completed:

- Registration Form
- Verification of age
- Emergency Form
- Payment

- Kiddie Kollege families are strongly encouraged to help in the classroom once per session/month. Family members who wish to participate more than once per session/month will be required to be fingerprinted by the San Leandro Police Department.

- Kiddie Kollege strives to provide our registered participants with a quality program involving close supervision and attention by our staff. For this reason, unpaid siblings will not be permitted to attend classes.

- Children must be the correct age at the start of each course.

- Participants currently enrolled in a session will have registration priority for the following month if they register by the 20th of the previous month. After the 20th of the previous month, registration will be open to new participants.

- Months may not be skipped. In order to maintain your child's priority registration status, every month must be registered and paid for by the 20th of the month prior or your child will lose their space in the class.

- Course fees are not prorated due to late enrollment, holidays, closures, or absences.

Halcyon – 1245 147th Street
Washington Manor – 14900 Zelma Street



Kiddie Kollege @ Halcyon

This program provides preschool aged children with a variety of play and learning activities designed to provide basic learning skills, develop social and motor skills, independence and much more! Each session offers a Circle Time, Reading, Art activity, Free Play and Sharing. **Child must be potty trained before enrolling.**

Mon, Wed, Fri 9:00am - 11:00am \$162(R)/\$187(N)
3 - 4 years Instructor: Linda Garcia

#15655 Feb 3 - Feb 28 (No class Feb 20 or Feb 17)

#15656 Mar 2 - Mar 30

#15657 Apr 1 - Apr 29 (Spring break - no class Apr 6-10)

#15658 May 1 - May 22

Tue, Thu 1:00pm - 3:00pm \$112(R)/\$132(N)
3 - 4 years Instructor: Linda Garcia

#15659 Feb 4 - Feb 27

#15660 Mar 3 - Mar 30

#15661 Apr 2 - Apr 30 (Spring break - no class Apr 6-10)

#15662 May 5 - May 22

Kiddie Kollege @ Washington Manor Park

This class provides children a chance to play and learn with friends! We focus on building social, language, and motor skills, as well as following classroom rules and routines in a safe and fun learning environment. Children will participate in free play, learning activities, art projects, outdoor time, circle and story time. Each month has a theme with structured projects, books, and discussions on that topic. Additionally, each week there will be time to explore music and to work on writing skills. This class gives students opportunities to work on ongoing projects and help decide the topic we learn about. **Child must be potty trained before enrolling.**

Mon, Wed, Fri 12:30pm - 2:30pm \$162(R)/\$187(N)
3.5 - 5 years Instructor: Matisse Michalski

#15663 Feb 3 - Feb 28 (No class Feb 20 or Feb 17)

#15664 Mar 2 - Mar 30

#15665 Apr 1 - Apr 29 (Spring break - no class Apr 6-10)

#15666 May 1 - May 22

First Preschool Class @ Washington Manor Park

This class is designed to introduce young children to a preschool environment! We focus on building social and communications skills, getting used to classroom rules and routines, and having fun at school. Children will engage in free play, art projects, outdoor time, as well as circle and story time. These activities will build social understanding, communication, ability to work independently as well as with others, motor skills and language abilities. Each month has a theme with projects, books and discussions on that topic. **Child must be potty trained before enrolling. An adult is required to accompany their child to the first class.**

Mon, Wed, Fri 10:00am - 12:00pm \$162(R)/\$187(N)
30 - 48 months Instructor: Matisse Michalski

#15679 Feb 3 - Feb 28 (No class Feb 20 or Feb 17)

#15680 Mar 2 - Mar 30

#15681 Apr 1 - Apr 29 (Spring break - no class Apr 6-10)

#15682 May 1 - May 22



Kiddie Kollege 2020

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Parent-Toddler Kiddie Kollege @ Halcyon

Give yourself a new bonding opportunity with your child! Join us in our social preschool environment along with other families and children. Each session includes an art activity, story time, movement to music, tactile play and much more! **An adult is required to accompany their child to each class session.**

Mon, Wed, Fri 11:30am - 1:00pm \$114(R)/\$134(N)

19 - 36 months Instructor: Linda Garcia

- #15667 Feb 3 - Feb 28 (No class Feb 20 or Feb 17)
- #15668 Mar 2 - Mar 30
- #15669 Apr 1 - Apr 29 (Spring break - no class Apr 6-10)
- #15670 May 1 - May 22

Tue, Thu 9:00am - 10:30am \$76(R)/\$96(N)

19 - 36 months Instructor: Linda Garcia

- #15671 Feb 4 - Feb 27
- #15672 Mar 3 - Mar 31
- #15673 Apr 2 - Apr 30 (Spring break - no class Apr 6-10)
- #15674 May 5 - May 21

Spanish/English Parent-Toddler @ Halcyon

Parents and toddlers join in the fun and learning as we read, sing, and play. Children will learn in both Spanish and English languages to build and improve skills that are essential to school readiness. English language learners welcome. An adult is required to accompany their child to each class session.

Tue, Thu 11:00am - 12:30pm \$76(R)/\$96(N)

19 months - 4 years Instructor: Linda Garcia

- #15675 Feb 4 - Feb 27
- #15676 Mar 3 - Mar 31
- #15677 Apr 2 - Apr 30 (Spring break - no class Apr 6-10)
- #15678 May 5 - May 21



TK & Kindergarten Readiness @ Washington Manor Park

These classes offer a strong foundation to help your child thrive in TK and Kindergarten! This program focuses on supporting your child's growth in: Social skills, Gross and Fine Motor skills, Math, Language Arts and Science. The classroom environment is safe, cheerful and supportive! **Child must be entering TK or Kindergarten in Fall 2020.**

Tue, Thu 9:00am - 12:00pm \$172(R)/\$197(N)

19 - 36 months Instructor: Sandy Braun

- #15683 Feb 4 - Feb 27
- #15684 Mar 3 - Mar 31
- #15685 Apr 2 - Apr 30 (Spring break - no class Apr 6-10)
- #15686 May 5 - May 21

Tue, Thu 12:30pm - 3:30pm \$172(R)/\$197(N)

19 - 36 months Instructor: Sandy Braun

- #15687 Feb 4 - Feb 27
- #15688 Mar 3 - Mar 31
- #15689 Apr 2 - Apr 30 (Spring break - no class Apr 6-10)
- #15690 May 5 - May 21



Kidz Love Soccer @ Bonaire Park

Each participant receives a Kidz Love Soccer jersey.
Shin guards are required.

Mommy/Daddy & Me Soccer

Introduce your toddler to soccer! As you participate in our fun age-appropriate activities together, your child will be developing their large motor skills and socialization skills. Come be part of the fun!

Age: 2 - 3.5 years Classes: 6 Day: Fri
#15693 Feb 28 - Apr 3 5:30pm - 6:00pm
#15697 Apr 24 - May 29 6:15pm - 6:45pm

Age: 2 - 3.5 years Classes: 6 Day: Sat
#15698 Feb 15 - Mar 21 9:00am - 9:30am
#15703 Apr 18 - May 30 9:00am - 9:30am

Fee: \$109(R)/\$129(N) • No class May 23

Tot Soccer

Enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment.

Age: 3.5 - 5 years Classes: 6 Day: Fri
#15692 Feb 28 - Apr 3 4:45pm - 5:20pm
#15696 Apr 24 - May 29 5:30pm - 6:05pm

Age: 3.5 - 5 years Classes: 6 Day: Sat
#15699 Feb 15 - Mar 21 9:40am - 10:15am
#15704 Apr 18 - May 30 9:40am - 10:15am

Fee: \$109(R)/\$129(N) • No class May 23

Soccer 1: Techniques & Teamwork

Learn dribbling, passing, defense and shooting goals! Play age appropriate games that teach the sport of soccer. Perfect for first time players while being fun and engaging for kids with some experience.

Age: 5 - 6 years Classes: 6 Day: Fri
#15691 Feb 28 - Apr 3 4:00pm - 4:45pm
#15695 Apr 24 - May 29 4:45pm - 5:30pm

Age: 5 - 6 years Classes: 6 Day: Sat
#15700 Feb 15 - Mar 21 10:15am - 11:00am
#15705 Apr 18 - May 30 10:15am - 11:00am

Fee: \$109(R)/\$129(N) • No class May 23

Soccer 2: Skillz & Scrimmages

Enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome!

Age: 7 - 10 years Classes: 6 Day: Fri
#15694 Apr 24 - May 29 4:00pm - 4:45pm

Age: 7 - 10 years Classes: 6 Day: Sat
#15701 Feb 15 - Mar 21 11:00am - 11:45am
#15706 Apr 18 - May 30 11:00am - 11:45am

Fee: \$109(R)/\$129(N) • No class May 23

Tennis with Eve Holgate

For more information contact the instructor at socialtennis05@yahoo.com. Supply fee: One new, non-returnable can of USTA-Approved tennis balls. (Unless noted otherwise)

Private Tennis Lessons

Beginners: Learn the basics of tennis including forehands, backhands, volleys, overheads, footwork, serves, and rules. **Intermediates:** Learn about topspin, underspin, lobs, drop shots, and approach shots. **Advanced:** Learn about half-volleys, spin serves, bisecting angles of return, drills, and strategies for match play. Ideal for whole families or groups to build camaraderie. Group size is limited to 8 for beginners, 12 for intermediates. All participants must wear tennis shoes and bring a racquet. SIX 1/2 hour lessons are included. Times and location will be worked out with the instructor personally before registration.

Age: 4 years & up
Fee: \$150(R)/\$170(N)

Beginners Tennis

Learn the basics of tennis including forehands, backhands, volleys, footwork, overheads, serves and rules. Participants must wear tennis shoes and bring a tennis racquet.

Age: 6 - 8 years Classes: 3 Day: Fri
#15746 Feb 14 - Feb 28 6:00pm - 6:30pm
#15747 Mar 13 - Mar 27 6:00pm - 6:30pm
#15748 Apr 10 - Apr 24 6:00pm - 6:30pm
#15749 May 8 - May 22 6:00pm - 6:30pm

Age: 6 - 8 years Classes: 3 Day: Sat
#15750 Feb 15 - Feb 29 11:00am - 11:30am
#15751 Mar 14 - Mar 28 11:00am - 11:30am
#15752 Apr 11 - Apr 25 11:00am - 11:30am
#15753 May 9 - May 23 11:00am - 11:30am

Age: 9 - 14 years Classes: 3 Day: Fri
#15754 Feb 14 - Feb 28 6:30pm - 7:30pm
#15755 Mar 13 - Mar 27 6:30pm - 7:30pm
#15756 Apr 10 - Apr 24 6:30pm - 7:30pm
#15757 May 8 - May 22 6:30pm - 7:30pm

Age: 9 - 14 years Classes: 3 Day: Sat
#15758 Feb 15 - Feb 29 10:00am - 11:00am
#15759 Mar 14 - Mar 28 10:00am - 11:00am
#15760 Apr 11 - Apr 25 10:00am - 11:00am
#15761 May 9 - May 23 10:00am - 11:00am

Fee: \$30(R)/\$60(N)

Location: Washington Manor Park



Youth

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Junior Warriors Basketball

Calling all Hoopsters! It is time to get on the court and have some fun! The City of San Leandro is collaborating with the Golden State Warriors and NBA to get kids moving while encouraging healthy lifestyle choices. This league offers a non-competitive environment where both beginners and veterans can improve their skills through weekly games and instruction. Open to both boys and girls ages 5-14. All participants receive a reversible micromesh Junior Warriors jersey for league play.

Classes: 10 Day: Sat

San Leandro High School 9th Grade Campus

Mini Hoopsters A • Age: 5 years

#15020 Jan 11 - Mar 14 8:45am - 10:15am

Mini Hoopsters B • Age: 6 - 7 years

#15021 Jan 11 - Mar 14 10:30am - 12:00pm

Mini Hoopsters C • Age: 6 - 7 years

#15022 Jan 11 - Mar 14 12:15pm - 1:45pm

Washington Manor Middle School Gym

Jump Shooters • Age: 8 - 9 years

#15023 Jan 11 - Mar 14 9:00am - 10:45am

Tri-Fectas • Age: 10 - 11 years

#15024 Jan 11 - Mar 14 11:00am - 12:45pm

All Stars • Age: 12 - 14 years

#15025 Jan 11 - Mar 14 1:00pm - 2:45pm

Fee: \$152(R)/\$172(N) • Instructor: SLRHS Staff

Rebound Basketball Academy

Lace up those sneakers and come join the Rebound Basketball Academy's clinic! Clinic is designed for all skill levels from beginners to hoop veterans. Emphasis is on building basic skills such as dribbling, passing and shooting. Individual skill sets are further developed through fun exercises and games. Team concepts are presented in games played at the end of each day to give students a strong foundation while moving to the game level. For more information please visit:

www.reboundbasketballacademy.blogspot.com

or email the instructor at manuelminzer@yahoo.com.

Rebound Basketball Academy Camp

Age: 5 - 7 years Classes: 6 Day: Sat

#15740 Feb 1 - Mar 14 10:15am - 11:00am

#15743 Apr 18 - May 30 10:15am - 11:00am

Fee: \$90(R)/\$110(N) • No class 2/15, 5/23

Location: Washington Manor Park

Age: 8 - 14 years Classes: 7 Day: Sat

#15741 Feb 1 - Mar 14 11:05am - 12:00pm

#15744 Apr 18 - May 30 11:05am - 12:00pm

Fee: \$95(R)/\$115(N) • No class 2/15, 5/23

Location: Washington Manor Park

Rebound Basketball Academy Clinic

Age: 5 - 14 years Classes: 4 Day: Tue - Fri

#15742 Feb 18 - Feb 21 9:00am - 12:00pm

Fee: \$140(R)/\$160(N)

Age: 5 - 14 years Classes: 3 Day: Mon - Fri

#15745 Apr 6 - Apr 10 9:00am - 12:00pm

Fee: \$175(R)/\$195(N)

16 • www.sanleandrorec.org

Karate by Pallen's Martial Arts

\$45 Fee for Pallen's uniform is due to the instructor the first day of class. On location is matted floors, heavy bags, kicking shields and other training equipment that will improve students' learning experience. Location: Pallen's Martial Arts Studio, 1665 E 14th St. San Leandro

Lil Cubs Karate • Kids will learn basic motor skills, martial arts techniques and be introduced to respect, discipline and self control in a fun learning environment. Many of the same concepts you are teaching at home will be reinforced in the classroom. Topics such as good manners (which include keeping hands and feet to themselves), respect for one's self and others, following directions the first time, and more are taught. Pallen's Martial Arts uniform is required.

Age: 3 - 4 years Classes: 15 Day: Sat • No Class 3/21, 4/11, 5/9

#15948 Feb 1 - May 30 10:00am - 10:30am

Fee: \$192(R)/\$217(N)

Karate Tigers • Young children between the ages of 4-6 will learn the basic concepts of martial arts and group activity. This program is designed with a short attention span in mind, and lots of fun, fun, fun (not to mention discipline, respect, and self-control)! These martial art classes are theme based and highly interactive. Pallen's Martial Arts uniform is required. Testing fee is included in registration fee.

Age: 4 - 6 years Classes: 15 Day: Sat • No Class 3/21, 4/11, 5/9

#15949 Feb 1 - May 30 10:30am - 11:15am

Fee: \$290(R)/\$340(N)

Karate Kids - Beginners • Children between the ages of 7-12 will flourish in our character-building martial arts classes. In our Freshmen class, they will learn the basic blocks, strikes and kicking techniques in the Pallen's Martial Arts system, while learning respect, discipline and focus in a fun & positive environment. Pallen's Martial Arts uniform is required. Testing fee is included in registration fee.

Age: 7 - 12 years Classes: 15 Day: Sat • No Class 3/21, 4/11, 5/9

#15950 Feb 1 - May 30 11:15am - 12:00pm

Fee: \$290(R)/\$340(N)

Fundamentals of Art

Learn the fundamentals of art by drawing and painting. We will build a foundation for creativity by exploring the basics of line, shape, color and texture. A \$15 material fee is due to the instructor on the first day of class.

Age: 6 - 9 years Classes: 6 Day: Thu

#15951 Feb 13 - Mar 19 4:30pm - 5:30pm

Fee: \$80(R)/\$100(N)

Instructor: Linda Nygard

Exploration of Mixed Media

Learn to express yourself while using paint, oil pastels, pens and paper. Create works in both 2D and 3D while learning about technique. A \$15 material fee is due to the instructor on the first day of class.

Age: 6 - 9 years Classes: 6 Day: Thu

#15952 Apr 9 - May 14 4:30pm - 5:30pm

Fee: \$80(R)/\$100(N)

Instructor: Linda Nygard



Intro to Taiko

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in uchikomi (repetition training) based practice. A sense of rhythm and the ability to hit the Taiko drum for an extended period of time is required. Drums will be provided, a \$90 materials fee will be collected by the instructor at first class.

Age: 15 years & up Classes: 7 Day: Fri
#15967 Mar 6 - Apr 24 7:30pm - 9:40pm
#15969 May 1 - Jul 10 7:30pm - 9:40pm
Fee: \$60(R)/\$70(N) Instructor: Kensuke Sumii
Location: SCC • Health & Fitness Room
No Class • 4/3, 5/15, 6/5, 6/12, 6/19

Pressed Flower Art II

Welcome Spring with a floral dream catcher to enhance a favorite window or give as a gift. We will review techniques of design and flower preservation.

Age: 18 years & up Classes: 1 Day: Fri
#15773 Mar 6 5:30pm - 7:00pm
Fee: \$12(R)/\$16(N) Instructor: Stephanie Turner
Location: SCC • Room D



Valentine's Day Pressed Flower Photo Keepsake

In this class you will use beautiful pressed flowers to decorate the mat for the photo of a loved one (a person or pet). Techniques of pressing flowers will be demonstrated by local flower artist, Stephanie Turner. The 8 by 10 inch white and gold mat, flowers and all materials will be provided.

Age: 18 years & up Classes: 1 Day: Tue
#15953 Feb 11 5:30pm - 7:00pm
Fee: \$10(R)/\$12(N) Instructor: Stephanie Turner
Location: SCC • Arts and Crafts Room

Stunning Spring Shower

This fun and interactive basic Spring floral arrangement class will introduce residents to fresh Spring flower techniques. The resident will learn to create simple arrangement for the home and basic functions. This class will exposed residents to simple bouquets, and colorful center pieces. In the spirit of the spring blooms and vibrant theme will be incorporate into the class. The residents will take home their own creation after each class. A \$50 materials fee is due to the instructor on the first day of class.

Age: 16 years & up Classes: 3 Day: Thu
#15954 Feb 21 - Mar 13 5:00pm - 6:30pm
#15955 Apr 3 - Apr 24 5:00pm - 6:30pm
Fee: \$65(R)/\$75(N) Instructor: Trisha Tran
Location: SCC • Arts and Crafts Room

Yoga for All Levels

with Sharon Wilson

@ the MCC • Titan Auditorium

Iyengar Yoga is an intelligent form of exercise that can greatly benefit anybody of any age, since each pose can be modified to best suit the strengths and challenges of each unique individual. Bring a yoga mat. Wear comfortable clothing. *Don't miss our Yoga Combo Special! Please register no later than 7 days prior to course start date.*

Yoga One: Beginner

A yoga class for those who have never had yoga before, or those who are looking for an exercise routine that can increase their flexibility, muscle tone and coordination unlike any form of exercise.

Age: 16 years & up Classes: 7 - 8 Day: Tue
#15734 Feb 11 - Mar 31 6:30pm - 7:45pm
#15737 Apr 7 - May 26* 6:30pm - 7:45pm
Fee: \$57(R)/\$67(N) • 7 Classes No class 3/3
\$67(R)/\$77(N) • 8 Classes*

Yoga Two: Intermediate

A yoga class for beginning and intermediate students who have had prior yoga experience and are looking for a routine offering a range of exercises they can suit to complement their unique body!

Age: 16 years & up Classes: 8 Day: Thu
#15735 Feb 13 - Apr 2 6:30pm - 7:45pm
#15738 Apr 9 - May 28 6:30pm - 7:45pm
Fee: \$67(R)/\$77(N)

Yoga 1+2 Combo

Class meets twice a week in combination with the Yoga One and Two courses for twice the impact of our once a week class!

Age: 16 years & up Classes: 15 - 16 Day: Tue & Thu
#15736 Feb 11 - Apr 2 6:30pm - 7:45pm
#15739 Apr 7 - May 28* 6:30pm - 7:45pm
Fee: \$115(R)/\$135(N) • 15 Classes • No class 3/3
\$120(R)/\$140(N) • 16 Classes*

Chen Tai Chi & Qigong

Tai Chi is a form to combine gentle physical exercise and stretching with mindfulness. Qigong is an ancient Chinese exercise and healing technique that involves meditation, controlled breathing and movement exercises. This class introduces Chen style Taijiquan, Silk Reeling Exercise and Wuji Qigong. It will help students to reduce their physical and mental stress and improve fitness, balance control and flexibility.

Age: 18 years & up Classes 8 - 9 Day: Tue
#15956 Feb 4 - Mar 31 10:30am - 12:00pm
#15957 Apr 7 - May 26* 10:30am - 12:00pm
Fee: \$72(R)/\$82(N) • 9 classes
Fee: \$64(R)/\$74(N) • 8 classes*
Location: SCC • Health & Fitness Room
Instructor: Jerry Ren



Teens and Adults

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Jazzercise

Jazzercise is the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 60-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost. Ticket can also be used in Castro Valley to attend an additional 7 classes per week on T/TH/Sat/Sun. Classes are ongoing, year-round and registration can be completed at class or online at jazzercise.com. For additional information, please contact Celeste Cook at (510) 761-1201 or Cjazzprincess@aol.com

LO Dance Mixx: Muscles, not momentum drive this 55-minute class. This is a low impact, dance based cardio and strength training class designed with you in mind. High impact movements are replaced with hop-less alternatives that protect the joints. You'll leave feeling accomplished!

Strength 30: Cut to the chase with this power-packed 30-minute class that uses weights and resistance training to make the most of your workout. This class targets the entire body; upper body, lower body and core.

All Ages Day: Mon & Wed

Dance Mixx • Feb 3 - May 27 6:00pm - 7:00pm

Strength 30 • Feb 3 - May 27 7:00pm - 7:30pm

Location: MCC • Titan Auditorium
Instructor: Celeste Cook



FIT Dance Workout

Enjoy moving to music? Bring a sense of well-being into your life. We invite you to lose yourself in the music, have some fun and improve your health. FIT offers unique dance routines choreographed to each song, using a wide variety music for a full-body workout. You will improve core strength, coordination, balance and stamina. Floor mats, a towel and water are recommended. Everyone is welcome! Come join our FIT family. No matter how many classes you purchase, make your own schedule. Come Tuesday, Thursday or Saturday. Your choice!

Age: 18 years & up Day: Tue/Thu • 6:00pm - 7:15pm
Sat • 9:00am - 10:15am

Feb 1 - Feb 29

#15253 13 Classes Fee: \$71.50(R)/\$82.50(N)
#15254 9 Classes Fee: \$49.50(R)/\$59.50(N)
#15255 5 Classes Fee: \$27.50(R)/\$37.50(N)

Mar 3 - Mar 31

#15786 13 Classes Fee: \$71.50(R)/\$82.50(N)
#15787 9 Classes Fee: \$49.50(R)/\$59.50(N)
#15788 5 Classes Fee: \$27.50(R)/\$37.50(N)

Apr 2 - Apr 30

#15789 13 Classes Fee: \$71.50(R)/\$82.50(N)
#15790 9 Classes Fee: \$49.50(R)/\$59.50(N)
#15791 5 Classes Fee: \$27.50(R)/\$37.50(N)

May 2 - May 30

#15792 13 Classes Fee: \$71.50(R)/\$82.50(N)
#15793 9 Classes Fee: \$49.50(R)/\$59.50(N)
#15794 5 Classes Fee: \$27.50(R)/\$37.50(N)

Instructors: Deb • cmprealty@aol.com Sheela • smn711@hotmail.com

Location: SCC • Health & Fitness Room

Line Dance Company with Marilyn Gabriela • mgabriana@hotmail.com

Beginner • Have fun and get a great workout with Line Dance Company! We dance to Country, Latin, Hip Hop, Swing, Disco and much more. Enjoy listening and dancing to Italian, Chinese, Spanish, French, and Tagalog music. We provide a monthly agenda with YouTube links so you can practice at home and master the art of line dancing. No previous line dance experience necessary.

Age: 18 years & up Classes: 4 Day: Thu
#15767 Feb 6 - Feb 27 7:00pm - 9:00pm
#15768 Mar 5 - Mar 26 7:00pm - 9:00pm
#15769 Apr 2 - Apr 30 7:00pm - 9:00pm
#15770 May 7 - May 28 7:00pm - 9:00pm

Fee: \$28(R)/\$38(N) • No class 4/9

Location: MCC • Multipurpose Room A

Intermediate • Exercise your body and mind by dancing to a wide variety of music including main stream songs. Line Dancing is a fun way to dance socially and you never need a partner. Plus you get exercise without realizing you are actually exercising. We play great music of all the genres like country, top 40, hip-hop, ballroom, blues, funky, Latin, Irish, swing and much more! Come out and dance!

Age: 18 years & up Classes: 2 - 4 Day: Mon
#15763 Feb 3 - Feb 24* 7:00pm - 9:00pm
#15764 Mar 2 - Mar 23 7:00pm - 9:00pm
#15765 Apr 6 - Apr 27 7:00pm - 9:00pm
#15766 May 4 - May 18 7:00pm - 9:00pm
Fee: \$16(R)/\$21(N) • 2 Classes \$28(R)/\$38(N) • 4 Classes
\$21(R)/\$26(N) • 3 Classes No class 2/10, 2/17
Location: MCC • Multipurpose Room A



Belly Dance with Tatseena @ the MCC

Belly Dance & Body Awareness

Gain self-confidence and body control with the beautiful art of Belly Dance! In this beginner/intermediate class you will learn to move gracefully while you improve strength and flexibility in a fun supportive environment. Class includes yoga warm ups, basic steps, isolations, finger cymbals, and dancing with veils. Make new friends as you shake your stress away! No experience necessary! Please register no later than 7 days prior to the course start date, spaces are limited!

Age: 12 years & up Classes: 8 Day: Wed
 #15776 Feb 12 - Apr 1 6:45pm - 8:00pm
 #15777 Apr 8 - May 27 6:45pm - 8:00pm
 Fee: \$96(R)/\$116(N)

Belly Dance: Props & Performance

Improve performance skills and stage presence while preparing for upcoming troupe and solo shows. Choreography and technique will be covered in each class, so bring your veils, zils, swords, canes, candles, etc. Get fit while having fun! This class is for Intermediate & Advanced level dancers.

Age: 12 years & up Classes: 8 Day: Wed
 #15778 Feb 12 - Apr 1 8:00pm - 9:15pm
 #15779 Apr 8 - May 27 8:00pm - 9:15pm
 Fee: \$96(R)/\$116(N)

Belly Dance Props & Body Awareness & Props & Performance Combo

Take Belly Dance & Body Awareness AND Props & Performance and receive a 25% savings! Double your fitness, fine tune your performance skills and have fun with this great combination class!

Age: 12 years & up Classes: 8 Day: Wed
 #15780 Feb 12 - Apr 1 6:45pm - 9:15pm
 #15281 Apr 8 - May 27 6:45pm - 9:15pm*
 Fee: \$144(R)/\$164(N)

Driver Education

➔

Get started ➔

Online Drivers Ed for Teens

Online Driver's Ed for ages 15 and up: DMV

allows Teens to receive their Learner's Permit at age 15 1/2 and a license at age 16. This class is the FIRST required step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV approved Certificate of Completion. Sign up anytime, registration is ongoing.

Age: 15 years & up Class: Ongoing
 #15782
 Fee: \$21.95(R)/\$26.95(N) Instructor: Erika Vieyra

Cake Decorating 101



If you know a little or absolutely nothing about cake decorating, you will love this class. With hands-on instruction you will learn frosting and filling boards, flowers, clowns and balloons, transferring pictures, roses and buds, basket weaving and so much more. It's fun, creative and rewarding! Bring your cakes to a whole new level! A \$25 kit will be available on the first night of class.

A small supply list will be given on the first night of class.

Age: 12 years & up Classes: 6 Day: Thu
 #15783 Feb 20 - Mar 26 7:00pm - 9:00pm
 Fee: \$75(R)/\$95(N) Instructor: Mary Lou Groff
 Location: MCC • Patio Room

Advance Cake Decorating

Learn lots of new techniques in this 5 week cake decorating class. Fondant, royal icing, making shapes, airgun and the most elegant of all the wedding cake. If you have experience with pasty bags and butter cream, come join the fun. A \$25 kit on be available on the first night of the class.

Age: 12 years & up Classes: 5 Day: Thu
 #15784 Apr 2 - May 7 7:00pm - 9:00pm
 Fee: \$75(R)/\$95(N) Instructor: Mary Lou Groff
 Location: MCC • Patio Room

Spring Cupcake Decorating

Spring is so pretty! Let your cupcakes show the beauty of the season. This 2 hour class will show you how to put an awesome tray of cupcakes on your Mother's day table. It can be a fun mother-daughter morning or bring a special friend. Please bring 8 plain cupcakes to decorate. A \$25 material fee is due to the instructor at the beginning for the class.

Age: 12 years & up Classes: 1 Day: Sat
 #15785 May 2 10:00am - 12:00pm
 Fee: \$20(R)/\$25(N) Instructor: Mary Lou Groff
 Location: MCC • Patio Room



Teens and Adults

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Argentine Tango Practica

Dance argentine tango, vals, and milonga in an informal dance practice. Gigi & Warren will play traditional music as well as contemporary. No need to bring a partner. Wear comfortable shoes, light snacks will be provided.

Age: 18 years & up Classes: 1 Day: Wed
 #15835 Feb 12 7:45pm - 9:15pm
 #15836 Mar 11 7:45pm - 9:15pm
 #15837 Apr 8 7:45pm - 9:15pm
 #15838 May 13 7:45pm - 9:15pm
 Fee: \$6(R)/\$8(N) Location: Health & Fitness Room
 Instructor: Gigi & Warren Jensen, dance@tangoandmoredance.com



Intro to Computers

This course will cover basic overview of computer hardware and storage media. It will include the elements of Windows, using the mouse, keyboard and a personal documents in your computer. Introduction to the Internet, including getting online, understanding basic terminology, it could enhance your job skills and be able to communicate with people.

Age: 18 years & up Classes: 4 Day: Tue
 #15976 Feb 4 - Feb 25 5:00pm - 6:00pm
 #15977 Mar 3 - Mar 24 5:00pm - 6:00pm
 #15978 Apr 7 - Apr 28 5:00pm - 6:00pm
 #15979 May 5 - May 26 5:00pm - 6:00pm
 Fee: \$34(R)/\$44(N) Instructor: Cathy Ng
 Location: SCC • Computer Room

American Sign Language Class Proposal

ASL is learning a second language and is good for your brain, it is also a great way to expand your communication skills. This course will help you learn the basic finger-spelling, cardinal numbers and some basic vocabulary. The super cool thing about being bilingual in ASL and English is that you can communicate in both at the same time when you get really good at it. Come and learn more about deaf culture in mainstream society.

Age: 18 years & up Classes: 4 Day: Tue
 #15980 Feb 4 - Feb 25 6:15pm - 7:15pm
 #15981 Mar 3 - Mar 24 6:15pm - 7:15pm
 #15982 Apr 7 - Apr 28 6:15pm - 7:15pm
 #15983 May 5 - May 26 6:15pm - 7:15pm
 Fee: \$34(R)/\$44(N) Instructor: Cathy Ng
 Location: SCC • Room D



Career Development Series: Resume Development

Join this important career development series to learn about creating a master resume, tailoring the resume to match with job descriptions and elevating your skill sets. This class will expose students to the current trends of resume writing and build confidence for the job search process.

Age: 16 years & up Classes: 2 Day: Tue
 #15984 Feb 11 - Feb 18 6:00pm - 8:00pm
 #15985 Mar 24 - Mar 31 6:00pm - 8:00pm
 Fee: \$150(R)/\$170(N) Instructor: Trisha Tran
 Location: SCC • Room C

Career Development Series: Interview Preparation

Join this important career development series to learn about preparing for a job interview. This class will expose students to the current trends of interview questions and gain confidence in answering them.

Age: 16 years & up Classes: 2 Day: Tue
 #15986 Feb 25 - Feb 18 6:00pm - 8:00pm
 #15987 Apr 7 - Apr 14 6:00pm - 8:00pm
 Fee: \$150(R)/\$170(N) Instructor: Trisha Tran
 Location: SCC • Room C

Career Development Series: Trending Labor Market

Join this important career development series to learn about the current trends and emerging labor markets. Brush up on building a strong resume, match your current skills with in-demand qualification from employers. Student will learn about available resources to help navigate the job search progress.

Age: 16 years & up Classes: 2 Day: Tue
 #15988 Mar 10 - Mar 17 6:00pm - 8:00pm
 #15989 Apr 21 - Apr 28 6:00pm - 8:00pm
 Fee: \$150(R)/\$170(N) Instructor: Trisha Tran
 Location: SCC • Room C

If You Knew You Could Save The Life Of A Loved One, Would You?

Sudden cardiac arrest is one of the leading causes of death in the nation; claiming 350,000 lives each year. Statistics show that less than 5% of those who experience cardiac arrest outside of a hospital will survive. However, the use of Automatic External Defibrillators (AEDs) has been proven to save lives as they allow assistance to the victim within the first 5-7 minutes of the arrest.

AEDs are very sophisticated and user friendly and are now commonly placed in public buildings throughout the nation, in an effort to increase safety. Most Automatic External Defibrillators (AEDs), talk you through the entire CPR process.

It is best for AEDs to be used by individuals who have had training, however, Good Samaritan Laws give protection to the AED owner, trainer, and individual who use an AED in rendering emergency care. Clearly, the more people who receive the training (which includes CPR and First Aid), the more lives will be saved!



CPR/AED/First Aid Training Courses

Those who successfully pass one of the courses listed below will receive American Red Cross certification for Adult CPR/AED, Pediatric CPR and First Aid. Certification valid for two years.

Age: 14 years & up	Classes: 1	Day: Sun
#15630	Feb 9	9:00am - 3:00pm
#15631	Mar 8	9:00am - 3:00pm
#15632	May 17	9:00am - 3:00pm

Fee: \$65(R)/\$75(N)
Location: San Leandro Family Aquatic Center - Event Room

Babysitter's Training and Pediatric First Aid/CPR

Our in person courses are available to those ages 11 and older, and includes topics such as choosing age-appropriate activities, basic child care skills, leadership, professionalism, safety and starting a babysitting business, and more. Course comes with American Red Cross Babysitter Pediatrics CPR/First Aid Certification.

Age: 11 years & up	Classes: 3	Day: Mon, Wed & Fri
#15633	Feb 24 - Feb 28	6:00pm - 8:00pm
#15634	Mar 23 - Mar 27	6:00pm - 8:00pm

Fee: \$65(R)/\$75(NR)
Location: San Leandro Family Aquatic Center

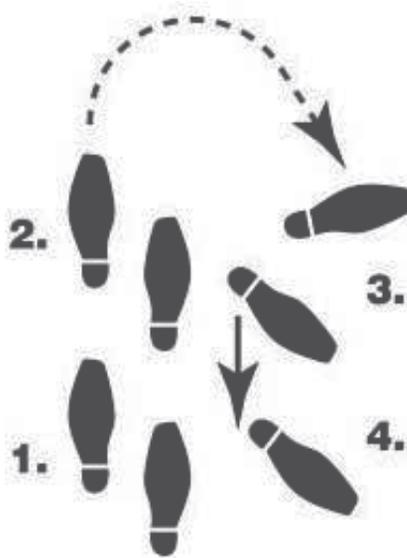


Soul Line Dancing with Attitude with Ray Johnson

Students will learn line dance terminology, precision foot and body movement as well as how to count line dance steps. Discover how to add fancy footwork and other moves, making the dance more fun and challenging. Dance to hip-hop, R & B, blues, jazz, rock, salsa and soul music. Get a thorough workout and love it!

Day: Wed	6:00pm - 7:30pm
#15922	Feb 5 - Feb 26
#15923	Mar 4 - Mar 25
#15924	Apr 1 - Apr 29*
#15925	May 6 - May 27

Fee: \$16(R)/\$21(N) • 4 classes
\$20(R)/\$25(N) • 5 classes*
Location: SCC - Health & Fitness Room



Calling All Instructors!

Interested in teaching a class with the City of San Leandro? If you have a skill that you would like to share, email: contractclasses@sanleandro.org for a course proposal form.



Teens and Adults

Senior Services

We're looking for active adults, ages 50 and over, to join us for a variety of fun activities! We have dance classes, flower arranging classes, computer classes, Tai Chi, Zumba Gold, monthly trips, social programs, and much more. Take a look at our offerings or drop by the Senior Community Center to see what's going on! All senior programs are held at the Senior Community Center unless otherwise indicated. **No classes or activities on the following dates: 2/10, 2/17, 5/25.**

AARP Smart Driving Course

Earn a Certificate of Completion and get a discount for three years on your auto insurance! This class teaches awareness of aging as it affects driving and offers compensating techniques while emphasizing defensive practices. Participants must take both sessions to earn a Certificate of Completion. Both AARP members and non-members are welcome. Members must show their AARP membership to the instructor on the first day of class to receive the member rate. For membership questions, call 1-888-687-2277. **Payment is made the day-of, and can be made by check made out to AARP, or cash (exact change only).**

Classes: 2 Day: Thu 1:00pm - 5:00pm

#15826 Mar 19 & 26

Classes: 1 Day: Thu 1:00pm - 5:00pm

#15827 May 21 Refresher Course

Please note: Participants must have taken the AARP 8-hour course within the last three years in order to attend the Refresher Course.

Fee: \$15 (AARP Member)/\$20 (Non-Member)

Location: SCC • Arts & Crafts Room

Instructor: Mike Harris

ARTHRITIS FOUNDATION Walk With Ease



This exercise program can reduce pain and improve overall health. This class will help you motivate yourself to get in great shape, walk safely and comfortably, improve your flexibility, strength, and stamina, reduce pain, and feel great.

Day: Mon, Wed, Fri 2:30pm - 3:30pm

#15935 Feb 3 - Feb 28 • No Class 2/10, 2/17

#15936 Mar 9 - Apr 10

#15937 Apr 20 - May 29 • No Class 5/25

Fee: \$1(R)/\$3(N)

Location: SCC • Meeting Room D

Instructor: Josie Glenn

Be Healthy Be Fit

Get ready for fun and healthy tips! This class is designed with seated and optional standing exercises. Exercises include range of motion, strengthening, and balance. There is also a fun aerobic segment and a relaxation/stretch, based on principles from the Arthritis Foundation Exercise Program.

Day: Wed 11:00am - 12:00pm

Day: Fri 12:00pm - 1:00pm

#15860 Feb 12 - Mar 27 • No Class 3/11, 3/30

#15861 Apr 1 - May 8* • No Class 4/10

#15862 May 13 - Jun 5** • No Class 5/15

Fee: \$39(R)/\$49(N) • 13 classes

\$33(R)/\$43(N) • 12 classes*

\$21(R)/\$26(N) • 7 classes**

Location: SCC • Main Hall B

Instructor: Kathy Schmidt, kathyschmidt@pacbell.net.

Arthritis Tai Chi

Designed to improve quality of life for people with arthritis using Sun Style Tai Chi. Includes agile steps and exercises that focus on mobility, balance, and relaxation. Learn slow, relaxing movements of Tai Chi and focus on breathing. Suitable for people of all ages. Can be performed seated or standing.

Beginning

Day: Thu 2:30pm - 3:30pm

#15844 Feb 13 - Apr 16 • No Class 2/20, 3/12

#15845 Apr 23 - Jun 4*

Fee: \$24(R)/\$29(N) • 8 classes

\$21(R)/\$26(N) • 7 classes*

Continuing

Day: Mon 2:30pm - 3:30pm

#15846 Feb 24 - Apr 13 • No Class 2/10, 2/17

#15847 Apr 20 - Jun 8* • No Class 5/25

Fee: \$24(R)/\$29(N) • 8 classes

\$21(R)/\$26(N) • 7 classes*

Location: SCC • Health & Fitness Room

Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Argentine Tango - Beginning

Begin your tango journey now! This beginning course will teach you Argentine Tango fundamental skills needed for all levels. Focus on elegant, smooth movements, understanding how to dance to the music, and the culture of the dance. No need to bring a partner. Wear comfortable closed toe dance shoes.

Day: Wed 12:30am - 1:30pm

#15839 Feb 5 - Mar 11

#15840 Mar 18 - Apr 22

#15841 May 6 - May 27*

Fee: \$24(R)/\$29(N) • 6 classes

\$16(R)/\$21(N) • 4 classes*

Location: SCC • Health & Fitness Room

Instructor: Gigi & Warren Jensen,

dance@tangoandmoredance.com.

Argentine Tango - Intermediate

The intermediate class is a continuation of the beginning class and explores in more depth the use of basic skills and using them to express the music. No need to bring a partner. Wear comfortable closed toe dance shoes. **Instructor approval required to take this course.**

Classes: 6 Day: Mon 10:30am - 12:00pm

#15842 Feb 24 - Mar 30

#15843 Apr 13 - May 18

Fee: \$30(R)/\$40(N) • Classes 6

Location: SCC • Health & Fitness Room

Instructor: Gigi & Warren Jensen,

dance@tangoandmoredance.com.

Alexander Technique

The Art of Balance

The Alexander Technique can be extremely useful in helping older adults to improve their balance and lessen the likelihood of falls. By changing how you think about your movement and strengthening your stability, you will learn to stand and move in a much safer manner.

Classes: 4 Day: Thu - Fri 1:30pm - 3:00pm
#15834 Feb 6, 7, 13 & 14
Fee: \$60(R)/\$70(N) Location: Meeting Room C

The Art of Walking Well

Learning the Alexander Technique helps you to remove stress and unnecessary tension from your body as you go about your daily activities. From brushing your teeth, working on a computer, cooking, to gardening or driving, you will learn to move with greater ease and with less pain.

Classes: 4 Day: Thu, Fri 10:00am - 11:30am
#15833 Apr 30, May 1, 7 & 8
Instructor: Lenka Fejt, Lenka.fejt@gmail.com
Fee: \$60(R)/\$70(N) Location: Meeting Room C

Calling All Instructors!

Interested in teaching a class with the City of San Leandro?
If you have a skill that you would like to share, email:
contractclasses@sanleandro.org
for a course proposal form.

Barb Creamer Dance Fitness for Women



Ladies, come get fit and stay fit with this full body dance fitness workout. So fun and gentle on the joints, you won't notice you are "exercising". The music and choreography will make you want to dance - hip hop, r&b, Latin, world beat, and more. Challenging for dancers and appropriate for non-dancers too. Try one class or pick a session that fits your schedule. Like us on Facebook, go to Barb Creamer Dance Fitness and check us out. bcreamer2012@yahoo.com. No class 1/1, 1/20.

Day: Mon, Wed, Fri 4:15pm - 5:15pm

Single Class Rate

Come try a class! Visit the Senior Community Center Customer Service desk, and pay a \$10 fee to join a single class. Payment and completed registration form must be submitted to Customer Service prior to attending the class.

Ceramics

Learn how to use a pottery wheel to create bowls, vases and other creative works of art. Also learn slip cast molding, hand sculpting, slab work and much more! Any and all levels of clay experience are welcome. Create and take home beautiful handmade sculptures, plates, cups, mugs, and whatever else you can come up with. Bring an apron or smock. \$25 materials fee payable to the instructor on the first day of class.

Classes: 6 Day: Thu 10:00am - 1:00pm
#15864 Feb 6 - Mar 12
#15865 Mar 19 - Apr 23
#15866 Apr 30 - Jun 4
Fee: \$30(R)/\$40(N)
Location: MCC • Multipurpose Room C
Instructor: Gene Krueger

Creative Drawing

If you always wanted to draw but thought you couldn't, this is your class. Take a thoughtful and imaginative journey into learning how to put pencil to paper and looking at the world in a whole new way. Each week is an adventure into "Drawing on the Right Side of the Brain" as written about in Betty Edwards' book. We will use exercises to retrain your old brain into your whole brain, to become the artist you always wanted to be. \$20 materials fee payable to the instructor on the first day of class for new students only.

Classes: 8 Day: Tue 11:00am - 2:00pm
#15867 Feb 11 - Mar 31
Classes: 8 Day: Wed 5:00pm - 8:00pm
#15868 Feb 12 - Apr 1 • No Class 10/17, 10/31, 11/21
Fee: \$49(R)/\$59(N)
Location: SCC • Arts and Crafts Room
Instructor: Suzanne Pershing, sjpershing@gmail.com

Feb 3 - Feb 28 • No Class 2/10, 2/17
#15848 4 Classes Fee: \$30/\$40
#15849 8 Classes Fee: \$50/\$60
#15850 10 Classes Fee: \$60/\$70

Mar 2 - Mar 27 • No Class 3/30
#15851 4 Classes Fee: \$30/\$40
#15852 8 Classes Fee: \$50/\$60
#15853 12 Classes Fee: \$70/\$80

Apr 3 - Apr 29 • No Class 4/1
#15854 4 Classes Fee: \$30/\$40
#15855 8 Classes Fee: \$50/\$60
#15856 12 Classes Fee: \$70/\$80

May 1 - May 29 • No Class 5/25
#15857 4 Classes Fee: \$30/\$40
#15858 8 Classes Fee: \$50/\$60
#15859 12 Classes Fee: \$70/\$80

Location: SCC • Health & Fitness Room
Instructor: Barb Creamer, bcreamer2012@yahoo.com.



50+ Programs

Spring
2020
23



Living Healthy with Diabetes



Designed for seniors with diabetes or pre-diabetes. Gain a better understanding of diabetes and how it is diagnosed. Find out how to eat foods you enjoy while managing your diabetes and how your medications work. Learn the 7 self-care behaviors: healthy eating, physical activity, monitoring blood glucose, taking prescribed medications, solving problems in unusual situations, reducing the risk of complications, and coping with stress and emotional issues. **This course presented in partnership with Alameda County Public Health and may only be taken once.** Thereafter, participants are strongly encouraged to attend the semi-monthly Diabetes Support Group.

Day: Thu 10:00am - 12:00pm
#15960 Feb 6 - Mar 26
Fee: FREE
Location: SCC - Meeting Room C

Day: Tues. 10:00am - 12:00pm
#15961 May 5 - June 23
Fee: FREE
Location: SCC - Meeting Room D



How to Draw Cool Stuff

This is a natural extension of the Creative Drawing class, but it can also be a starting place to learn to draw. The class is designed to take your existing drawing skills and build upon them, to grow as an artist and to learn how to draw "cool stuff". \$20 materials fee payable to the instructor on the first day of class for new students only.

Classes: 6 Day: Tue 11:00am - 2:00pm
#15876 Apr 21 - May 26

Classes: 6 Day: Wed 5:00pm - 8:00pm
#15877 Apr 22 - May 27
Fee: \$49(R)/\$59(N)
Location: SCC • Arts & Craft Room
Instructor: Suzanne Pershing, sjpershing@gmail.com

Enhance Fitness



Fall Prevention classes are for seniors 60+ who are at risk for falls. The 1-hour long classes focus on the core areas of balance, strength, flexibility, and cardiovascular endurance. Classes provide socialization, education on fall prevention, and tips on sustaining activity of daily living skills. Enhance Fitness is an evidence-based group exercise program that helps older adults at all levels of fitness become more active, energized, and empowered to sustain independent lives. **Class times at the Senior Community Center are on Tuesdays and Thursdays at 9:30am, 10:30am, 11:45am, and 1:45pm. Class times offered at the Marina Community Center are Mondays, Wednesdays, and Fridays at 11:00am and 1:15pm.** Please note that students must commit to taking the full program of classes. To inquire about registration and availability, contact Spectrum Community Services, Fall Prevention Program at (510) 881-0300 ext. 270, or email FallPrevention@SpectrumCS.org

Caring For Senior LGBTQ Partners, Friends and Self

When LGBTQ seniors face significant medical and life event crises it can severely impact partnerships/friendships as well as ourselves. Understanding the needs and concerns of all involved, the person affected as well as their caregivers, partners and friends, is essential to ensure a favorable outcome. Course is open to the full spectrum of senior LGBTQ. Facilitated by Dr. Melinda Ginne who has 35 years of experience in clinical and program development for LGBTQ. *Supported by a grant from the San Francisco Foundation, and is co-sponsored by Lavender Seniors of the East Bay.*

Day: Thu 2:00pm - 3:30pm
#15863 May 7 - Jun 25
Location: SCC • Room C
Instructor: Dr. Melinda Ginne

Fun with Fresh Flowers



Learn floral design and arrangement with fresh flowers! Beginners and those with prior floral arrangement experience are welcome. Bring your own scissors and/or flower cutters to class if you have them. \$15 materials fee is payable to instructor the day of class.

Classes: 1 Day: Mon 2:00pm - 4:00pm

Mother's Day Florals

Day: Mon 2:00pm - 4:00pm
#15870 May 4 • **No registration or refund after 4/27**
Fee: \$7(R)/\$9(N)
Location: SCC • Arts & Crafts Room
Instructor: Carmelita Rickman

Gentle Flow Yoga

A slow, breath driven, beginner friendly class that focuses on safe movement to lengthen, strengthen and delve deeper into your body. The fundamentals of alignment principles and flow yoga are explored. Meditation and Pranayama breath techniques offered during each class. This class is designed to help reduce pain, stiffness and stress. Please bring a yoga mat, blanket and blocks if you have them.

Classes: 4 Day: Tue 4:15pm - 5:30pm

#15872 Feb 4 - Feb 25

#15873 Mar 10 - Mar 31 • No Class 3/3

#15874 Apr 7 - Apr 28

#15875 May 5 - May 26

Fee: \$24(R)/\$29(N)

Location: SCC • Main Hall B

Instructor: Karen Castro

Lap Harp Ensemble

Lap Harp Ensemble is an enjoyable weekly music ensemble class in which both the small lap harps (zithers) and music are provided and maintained by the instructor. No home practicing, purchase of instrument or music is necessary. The lap harp or zither is an easy to play instrument where the music slides under the strings with an easy to play note system where a line goes from note to note to indicate which strings to play. Teacher supplies a variety of music books with well-known pieces that are played by the group in unison, or in a round or with simple harmony. Instrument strings are plucked with a pick and are easy to play even for seniors with arthritis or other physical challenges. This class is a continuation of "Beginning Lap Harp" which teaches how to read how to read the notes. Please call Customer Service at 1 (510) 577-7990 to be added to an interest list for a Beginning Lap Harp Course. \$10 supply fee due to instructor on first day of class for music. **\$10 supply fee due to instructor on first day of class for music.**

Day: Mon 2:30pm - 3:30pm

#15878 Feb 3 - Feb 24 • No Class 2/10, 2/17

#15879 Mar 2 - Mar 30***

#15880 Apr 6 - Apr 27**

#15881 May 4 - May 18 • No Class 5/25*

Fee: \$12 (R)/ \$14(N) • 2 classes (\$5 supply fee)

\$18(R)/\$23(N) • 3 classes*

\$24(R)/\$29(N) • 4 classes**

\$30 (R)/\$40(N) • 5 classes***

Location: SCC - Meeting Room C

Instructor: Jacqueline Lynaugh

Line Dance with Susie Okada

This class is designed for first-time dancers. Learn basic steps to beginner dances, and the terminology of various steps of all dances taught. Dance for fun, while exercising your body and mind to a wide variety of music. Please note that classes may build upon each other. However, all steps are reviewed prior to beginning classes.

Beginner Day: Tue 12:30pm - 2:00pm

#15902 Feb 4 - Feb 25

#15903 Mar 3 - Mar 31*

#15904 Apr 7 - Apr 28

#15905 May 5 - May 26

Fee: \$16(R)/\$21(N) • 4 classes \$20(R)/\$25(N) • 5 classes*

Location: SCC • Health & Fitness Room

Line Dancing with Norma Nocera

Learn basic steps, have fun, and get a great workout. Dance to Waltz, Rock 'n' Roll, Country Western, Cha Cha and Tango. Fast and Slow dances. A great social opportunity for all! No partner needed.

SCC • Main Hall B

Beginner Day: Mon 9:00am - 10:30am

#15921 Feb 3 - Feb 24 • No Class 2/10, 2/17

#15906 Mar 2 - Mar 30***

#15907 Apr 6 - Apr 27**

#15908 May 4 - May 18 • No Class 5/25*

Fee: \$6(R)/\$8(N) • 2 classes

\$9(R)/11(N) • 3 classes*

\$12(R)/17(N) • 4 classes**

\$15(R)/20(N) • 5 classes***

High Beginner Day: Wed 9:00am - 10:30am

#15909 Feb 5 - Feb 26

#15910 Mar 4 - Mar 25

#15911 Apr 1 - Apr 29*

#15912 May 6 - May 27

Fee: \$12(R)/\$17(N) • 4 classes

\$15(R)/\$20(N) • 5 classes*

Intermediate Day: Thu 8:30am - 10:00am

#15913 Feb 2 - Feb 27

#15914 Mar 5 - Mar 26

#15915 Apr 2 - Apr 30*

#15916 May 7 - May 28

Fee: \$12(R)/\$17(N) • 4 classes

\$15(R)/\$20(N) • 5 classes*

MCC • Titan Auditorium

Continuing Day: Mon 11:45am - 12:50pm

#15899 Feb 3 - Feb 24 • No Class 2/10, 2/17

#15939 Mar 2 - Mar 30***

#15940 Apr 6 - Apr 27**

#15941 May 4 - May 18 • No Class 5/25*

Fee: \$6(R)/\$8(N) • 2 classes

\$9(R)/\$11(N) • 3 classes*

\$12(R)/\$17(N) • 4 classes**

\$15(R)/\$20(N) • 5 classes***

Intermediate Day: Mon 1:00pm - 2:00pm

#15942 Feb 3 - Feb 24 • No Class 2/10, 2/17

#15943 Mar 2 - Mar 30***

#15944 Apr 6 - Apr 27**

#15945 May 4 - May 18 • No Class 5/25*

Fee: \$6(R)/\$8(N) • 2 classes

\$9(R)/\$11(N) • 3 classes*

\$12(R)/\$17(N) • 4 classes**

\$15(R)/\$20(N) • 5 classes***

Calling All Instructors!

Interested in teaching a class with the City of San Leandro? If you have a skill that you would like to share, email: contractclasses@sanleandro.org for a course proposal form.





Line Dancing *with Alice Lo*

This class is designed for students to learn basic line dance steps, how to count, get a great workout, make new friends, and have fun. We will learn the Cha Cha, Tango, Waltz, Swing, Jive, and dance to Country Western and Rock n' Roll Music. No partner is required.

High Beginner Day: Fri 9:30am - 11:00am

#15890 Feb 7 - Feb 28

#15891 Mar 6 - Mar 27

#15892 Apr 10 - Apr 24 • No Class 4/3*

#15883 May 1 - May 29**

Fee: \$14(R)/\$19(N)

\$10.50(R)/\$12.50(N) • 3 classes*

\$17.50(R)/\$22.50(N) • 5 classes**

Location: SCC • Main Hall B

Latin and Ballroom Dancing

Come join us for some fun Latin & Ballroom Dancing. You will learn various styles of dance, and a whole lot more. No partner needed to participate.

Beginning Classes

Merengue

Classes: 4 Day: Fri 1:00pm - 1:50pm
#15882 Feb 7 - Feb 28 Fee: \$20(R)/\$25(N)

Cha Cha

Classes: 4 Day: Fri 1:00pm - 1:50pm
#15885 Mar 6 - Mar 27 Fee: \$20(R)/\$25(N)

Bachata

Classes: 4 Day: Fri 1:00pm - 1:50pm
#15887 Apr 3 - Apr 24 Fee: \$20(R)/\$25(N)

Argentine Tango

Classes: 5 Day: Fri 1:00pm - 1:50pm
#15889 May 1 - May 29 Fee: \$25(R)/\$30(N)

Intermediate Classes

Argentine Tango

Classes: 4 Day: Fri 2:00pm - 2:50pm
#15884 Feb 7 - Feb 28 Fee: \$20(R)/\$25(N)

Merengue

Classes: 4 Day: Fri 2:00pm - 2:50pm
#15883 Mar 6 - Mar 27 Fee: \$20(R)/\$25(N)

Cha Cha

Classes: 4 Day: Fri 2:00pm - 2:50pm
#15886 Apr 3 - Apr 24 Fee: \$20(R)/\$25(N)

Bachata

Classes: 5 Day: Fri 2:00pm - 2:50pm
#15888 May 1 - May 29 Fee: \$25(R)/\$30(N)

Location: SCC • Health & Fitness Room

Instructor: Ted Rocha, 1fundancer@gmail.com

Soul Line Dancing *with Ray Johnson*

Students will learn line dance terminology, precision foot and body movement as well as how to count line dance steps. Discover how to add fancy footwork and other moves, making the dance more fun and challenging. Dance to hip-hop, R & B, blues, jazz, rock, salsa and soul music. Get a thorough workout and love it!

Beginner Day: Thu 10:30am - 12:00pm

#15917 Feb 6 - Feb 27

#15918 Mar 5 - Mar 26

#15919 Apr 2 - Apr 30*

#15920 May 7 - May 28

Fee: \$16(R)/\$21(N) • 4 classes \$20(R)/\$25(N) • 5 classes

Location: SCC • Health & Fitness Room

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Pull Up A Chair

Get fit while exercising in a chair! Class includes stretching, balance, light resistance training with weights and bands, low-impact exercises, and relaxation. Some optional standing exercises are also included.

Classes: 9 Day: Mon 1:25pm - 2:25pm

#15926 Feb 24 - Apr 13 • No Class 2/10, 2/17

#15927 Apr 20 - Jun 8 • No Class 5/25*

Fee: \$16(R)/\$21(N) • 8 classes

\$14(R)/\$19(N) • 7 classes*

Location: SCC • Health & Fitness Room

Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Hypertension Management

Be educated about blood pressure, nutrition, physical activity and medications. Geared for older adults whose blood pressure is consistently high (140/90 or over), or those who are pre-hypertensive and want to make lifestyle changes. **This course presented in partnership with Alameda County Public Health and may only be taken once.**

Day: Thu 1:00pm - 3:00pm

#15947 Feb 13 - Mar 5

Fee: FREE

Location: SCC • Arts & Crafts Room

Smartphone Basics for Older Adults

Want to make it easier to use your smartphone? Basic features including placing calls, checking voicemail, using WiFi, and text messaging are covered. Learn about accessibility features such as making fonts larger and increasing call volume in this fun, interactive class! Be sure to register for the course that matches your phone's operating system. iPhone course will include how to use Siri. Co-sponsored by California Telephone Access Program, an Official State of California Program.

Classes: 1 Day: Fri 10:00am - 12:00pm

iPhone

#15928 Mar 27

Android

#15946 Apr 24

Location: Arts & Crafts Room

Instructor: California Telephone Access Program (CTAP) staff

It Takes Two

The Family Caregiver Alliance presents a refreshing approach to understanding and coping with dementia behavior. This four week class offers new skills and tools for family caregivers who care for a loved one with Alzheimer's disease or related dementias. Learn more about your relative's ability to understand and communicate, learn new skills to handle troubling behavior and feel more confident and positive about your caregiving role. **Participants need to register directly with Family Caregiver Alliance. Contact Calvin Hu at chu@caregiver.org or call (415) 434-3388 x313 to register.**

Day: Thu 1:00pm - 3:00pm

Feb 20 - Mar 12

Fee: FREE

Location: SCC - Meeting Room C

3/12 Location: SCC - Arts & Crafts Room

Words in Bloom Writer's Circle

This writing group focuses on the art of expression. Discover your unique voice and possibly hidden talent. No writing experience is required. Registration must take place by the end of the first class; late registrations will not be accepted. \$5 duplicating fee payable to the instructor on the first day of class.

Classes: 8 Day: 1st and 3rd Tuesday of the month
9:00am - 12:00pm

#15929 Feb 4 - May 19

Fee: \$26(R)/\$36(N)

Location: SCC • Meeting Room C

Instructor: Holly Greene

ZUMBA Gold

A dynamic dance-fitness program designed for active older adults. ZUMBA Gold incorporates Latin rhythms and music, party flair, and fun to your exercise routine. No previous experience required.

Marina Community Center • Multipurpose Room A

Classes: 8 Day: Thu 4:00pm - 5:00pm

#15933 Feb 13 - Apr 16 • No Class 2/20, 3/12*

#15934 Apr 23 - Jun 4

Fee: \$35(R)/\$45(N) • 7 classes

\$40(R)/\$50(N) • 8 classes*

Senior Community Center • Main Hall A

Day: Mon 4:00pm - 5:00pm

#15931 Feb 24 - Apr 13 • No Class 2/10, 2/17*

#15932 Apr 20 - Jun 8 • No Class 5/25

Fee: \$35(R)/\$45(N) • 7 classes

\$40(R)/\$50(N) • 8 classes*

Instructor: Kathy Schmidt, kathyschmidt@pacbell.net



San Leandro Adult School 50+ Classes

To register for classes, submit payment to San Leandro Adult School along with the registration form.

Forms are available at:

1) Senior Community Center 2) Education Center, 1448 Williams Street 3) Online: www.sanleandroadultschool.org

Classes are held at the San Leandro Senior Community Center • 13909 E. 14th St.

For information on dates, pricing or general questions please call 667-6287 or 618-4421.

There are no classes on holidays or special events observed by the City of San Leandro and San Leandro Adult School.

Seniors 55+

Workforce Re-entry Program

Seniors 55+, prepare to reenter the workforce! Hone your skills in Microsoft Office Word & Excel; prepare a new resume and cover letter; complete a career evaluation assessment; learn how to search and apply for jobs online; and so much more!

Mon - Thu 9:00am - 11:00am

Instructor: Thomas Washington

Cardio Workout

Get fit, meet new people, and have fun while exercising together. This class combines strength and tone exercises, flexibility and balance for improved coordination, and low impact aerobic dance to energetic music for cardiovascular conditioning. Bring your own floor mat and wear supportive, athletic shoes. Hand held weights will be provided.

Wed & Fri 8:40am - 9:35am

Wed & Fri 9:40am - 10:35am

Instructor: Bernie Cowl

T'ai Chi Chuan

In this class we practice Yang style and other t'ai chi chuan forms, t'ai chi fan and short staff forms, and Qigong exercises. Health benefits include improved flexibility, balance and coordination, increased concentration, and relaxation. New and continuing students welcome.

Wed & Fri 11:00am - 12:00pm

Instructor: Mary Ellen Waite

ESL (English as a Second Language)

For Seniors 55+

Learn English for free!

Fri 9:00am - 11:00am

Instructor: SLAS Staff



50+ Programs

Spring
2020

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Blood Pressure & Weight Check

Have your blood pressure checked for FREE by health professionals. No registration or appointment required.

1st Wednesday of the month
9:30am - 12:30pm

Location: SCC • Counseling Office



Chair Massage

Relaxing just 10 minutes a day can greatly reduce stress levels. Treat yourself with a 10 or 15 minute chair massage, and walk away with a relaxation tip from Marie Lehn, R.N., C.A.P. Pre-registration is encouraged. Some same day appointments might be available; please inquire with Customer Service, or book your appointment online at www.sanleandrorec.org.

3rd Wednesday of the month

#13916 Feb 19, Mar 18, Apr 15, May 20

11:00am - 1:00pm

Fee: \$10(R)/\$12(N) • 10 Minute Massage
\$15(R)/\$20(N) • 15 Minute Massage

Location: SCC • Counseling Office



Open Computer Lab

FREE access to Internet, E-mail, Word, Excel, PowerPoint, Publisher, and Computer Games. You will need to have basic computer knowledge to use this service, as a volunteer is not always available to assist. Drop in and sign up. First come, first served!

Monday - Friday
12:00pm - 4:30pm

Location: SCC • Computer Lab

Information and Referrals

Are you seeking transportation alternatives? Would you like access to healthy meals? Have you fallen recently? LIFE ElderCare may be able to help find solutions to these and other questions. Walk in or call Branden (510) 650-5035 or Kari (510) 820-3861 to set up an appointment.

1st Thursday of every month
9:00am - 4:30pm

Diabetes Support Group

Diabetes can seem overwhelming, especially for those attempting to deal with it by themselves. It is important to have support from family, friends and from other people with diabetes. Relevant topics presented and discussed. Everyone welcome. Drop-in program. No registration is required.

Tuesday, Mar 24, May 26
10:00am - 12:00pm

Location: SCC • Meeting Room C

Hands On Help

Do you have trouble using your electronic devices? FREE help is available on a drop in basis - first come, first served. Bring your cell phone, e-reader, laptop, iPod or other music device in for one-on-one gadget tutoring with a volunteer!

Friday 2:00pm - 4:00pm

Location: SCC • Meeting Room C

Health Insurance Counseling

Counseling services are provided by a HICAP (Health Insurance Counseling and Advocacy Program) counselor registered by the California Department on Aging. By appointment only; please call (510) 839-0393.

SCC: 1st & 3rd Tue of the month
10:00am - 1:00pm

Peer Support for Seniors

Peer Support for Seniors provides an opportunity for seniors to gather on a weekly basis and be heard by their peers without judgment. A Comfort Contract is agreed upon to provide a feeling of safety and confidentiality. Learn valuable listening skills and experience on how to be truly present for each other. Form friendships and experience a sense of belonging. Many different topics of interest are possible, including self-care, personal freedom, creative endeavors, exercise, nutrition, life transitions, independence, grief, and more. Developing hope and a sense of purpose can result in a happier, healthier you!

Wednesday
9:30am - 11:30am

Location: SCC • Meeting Room D

Rainbow Seniors

Are you wanting a place where you can feel connected to other LGBTQ older adults 50+? Rainbow Seniors is a safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support to one another! Rainbow Seniors is a drop-in peer group facilitated by trained peers. The group typically enjoys lunch together beforehand at 12:00pm at the Spectrum Lunch Program. *Co-sponsored by Lavender Seniors of the East Bay and Pacific Center.*

2nd and 4th Tuesday of the month
12:30pm - 2:00pm

Location: SCC • Meeting Room C

SENIOR MEALS 60+



Join us for a delicious lunch prepared by Spectrum Community Services, Inc.

Mon, Tue, Thu, Fri • 12:00pm
Wed • 11:45am

Suggested voluntary donation: \$3.75

Reservations required. Call (510) 825-9793, between 10:00am and 1:00pm. Call at least 24 hours in advance to make a reservation.

FREE! • Community Education Programs • FREE!

Seniors, family members, caregivers, and friends are welcome to attend Community Education Programs to receive important information on topics and services that relate to seniors. **Pre-registration is strongly recommended as space is limited.**

All classes are held at the Senior Community Center.

Drivers for Survivors

Learn how this local nonprofit organization provides free transportation service and supportive companionship for ambulatory cancer patients, from suspicious finding through completion of treatments. Explore opportunities to volunteer to help provide these vital services. Presented by Drivers for Survivors staff.

#15974 **Fri, Feb 21** **9:30am - 11:00am**

Affordable Housing

Eden Council for Hope and Opportunity (ECHO) Housing staff will provide up-to-date information on affordable housing in the East Bay. Topics will include locating available affordable housing, an overview of the fair housing program, adding your name to waitlists, and filling out applications. They will also discuss tenant/landlord counseling, homeseeking, homesharing and mortgage and home purchase counseling.

#15971 **Fri, Mar 20** **1:30pm - 3:00pm**

Personal Emergency Preparedness for Seniors

Families or loved ones may not be together in an emergency, so it is important to plan in advance. Learn how to be better prepared as an individual or family. Topics will include what to do before, during and after an earthquake; how make a family plan, build an emergency kit and what items should be included and the proper way to store it. The workshop will also teach basic prevention or mitigation strategies to protect your family and valuables. Presented by Alameda County Fire Department staff.

#15965 **Thu, Apr 16** **9:30am - 11:00am**

Fall Prevention

Pamela Stoker, Trauma Injury Prevention Specialist at Sutter Health will present up-to-date information about how to reduce your risk of falling. Exercise, medication management and optimizing your environment all play a role in improving your safety and protecting your wellbeing.

#15973 **Fri, May 15** **10:00am - 11:30am**

Social Programs

The City of San Leandro Senior Services offers many opportunities for active adults to get together for fun activities, great company, games, laughs, good times, dancing, and a safe place to gather.

No membership or registration required for all of our social programs.

Book Bunch

Contact Cindy, kayakcindy@yahoo.com, to inquire about the current book selection. Registration not required.

Day: 2nd Thursday of the month **1:15pm - 2:45pm**

Location: SCC • Meeting Room C

Knit, Crochet, Sew, Handcrafts

Join other crafters to share techniques and patterns.

Day: Wed **9:00am - 12:00pm**

Location: SCC • Arts & Crafts Room

Recreational Mahjong

Learn mahjong basics from a volunteer.

Day: Fri **9:30am - 1:30pm** Fee: \$1

Location: SCC • Meeting Room D

San Leandro Acoustic Musicians (SLAM)

Join us for an acoustic guitar jam featuring popular songs from the 1960's to present! Participants must have a working knowledge of chords and strum patterns. Bring your instrument and a music stand. No registration required; \$1 fee collected at the door.

Day: 2nd & 4th Monday of the month **1:00pm - 3:00pm**

No Meeting 2/10, 5/25



Senior Swingers

Join us for the Waltz, Fox Trot, Rumba and Tango. No partner needed. Admission includes refreshments.

Day: Wed **1:30pm - 4:00pm** Fee: \$4

Location: SCC • Main Hall

Silver Screen Theatre

Monthly movie schedules at customer service locations.

Day: Tue **1:00pm** Fee: \$1

Location: MCC • Thunderbolt Room

Sunshine Seniors

Play Bingo (for non-cash prizes) and socialize.

No meeting: 2/10, 2/17, 3/12, 4/16, 4/23, 5/21, 5/25

Day: Mon, Wed **10:00am - 1:30pm** Fee: \$1

Location: SCC • Meeting Room C

Table Tennis

Known as 'ping-pong', table tennis is a great exercise, recreation and social outlet. No pre-registration required.

No games: 2/10, 2/17, 3/12, 4/16, 4/23, 5/21, 5/25

Day: Mon • **1:30pm - 4:30pm**

Day: Thu • **1:30pm - 4:45pm** Fee: \$1

Location: SCC • Main Hall B

Ukulele Jam

Gather around to strum together and have fun! A jam session for all levels of players – beginners or experienced. Bring your personal instrument, music stand (if you have one), and your spirit of Aloha!

Day: Wed **1:00pm - 2:30pm** Fee: \$1



Senior Travel Troupe

Day Trips For Adults 50+

Explore the many local treasures throughout the Bay Area by registering for one or more of our travel trips! Enjoy a trip close to home, while meeting other seniors in the community who share the same interests as you. Enjoy no membership fees, competitive pricing, and quality excursions made just for you. Register and pay at either the Senior Community Center or the Marina Community Center. All trip costs include admission and transportation. Lunch is not included in the fee, unless otherwise noted. Trips are led by volunteers. Contact us at SLDaytrips@sanleandro.org for questions or concerns.

Senior Travel Troupe Sneak Peek



Have you traveled with us before? Are you new to travel and searching for new experiences? Come to a free presentation where you can learn the details for the upcoming Summer day trips, as well as extended vacation opportunities offered by our partner Premiere World Discovery! Priority registration for the day trips presented at this meeting will be based on the order that you pre-registered. Relax and enjoy the presentations and refreshments!

#15814 Fri, Apr 10 2:00pm - 4:00pm

Tyme for Tea in Niles

This elegant tea is held in an atmosphere of antique treasures. Enjoy delectable teas sandwiches, savories, scones and pastries accompanied by the aromatic bouquet of tea. Stroll the eclectic shops of Niles before your return trip. *No refunds after 2/25/20.*

#15990 Wed, Mar 25 10:30am - 3:30pm

Fee: \$78(R)/\$98(N)

Pride and Prejudice

Enjoy lunch on your own from the many options in downtown Walnut Creek, then head to Leshner Center for the Arts for a matinee performance of **Pride and Prejudice** presented by Center REPeritory Company. Bold, surprising, boisterous and effervescent, this progressive adaptation of literature's greatest tale of latent love has never felt so theatrical! *No refunds after 3/18/20.*

#15991 Sat, Apr 18 10:30am - 6:00pm

Fee: \$70(R)/\$80(N)

Advanced Culinary Academy and Treasure Island Museum

A fine dining experience in scenic surroundings! Your lunch is served at the Advance Culinary Dining Academy on Treasure Island. Once your appetite is sated, tour the museum and learn the island's historical importance from the Golden Gate International Exposition, through the Navy years and beyond. *No Refunds after 4/10/20.*

#15992 Tue, May 12 10:15am - 4:30pm

Fee: \$52(R)/\$62(N)

Sacramento Underground Tour and History Museum

Find out how Sacramento lifted itself up out of the flood waters during the 1860s and 1870s. This fascinating guided historical tour (approximately one-half mile) features two underground spaces that were creating during the city's raising process, as well as hollow sidewalks and sloped alleyways. Learn more about Sacramento's unique place in California history at the History Museum. Lunch on your own in Old Town Sacramento. *No refunds after 5/15/20.*

#15993 Wed, Jun 17 9:45am - 6:00pm

Fee: \$73(R)/\$83(N)

Walking Estimates



Minimal Walking



Moderate Walking



More than Half a Mile

• Extended Vacations •

These are not City of San Leandro sponsored trips.

The City of San Leandro is pleased to introduce Premier World Discovery as our new Extended Vacation partner! Meet staff at the Senior Travel Troupe Sneak Peek (opposite page), or in the more intimate setting of Travel Destinations for Working Adults (below) to learn the specific tour details for these delightful vacations!

Travel Destinations for Working Adults

You've earned a well-deserved break from work! Experience the world, fulfill your vacation dreams, and discover the benefits of group travel. Learn about professional, affordable group tours at this evening meeting, where you can enjoy the presentation, light refreshments and learn about exciting destinations for Fall 2019!

#15425

Fri, Feb 7

10:00am - 11:30am

FREE



Great Trains and Grand Canyons

April 26 - May 1, 2020

\$2,745 pp-double • \$3,495 pp-single

Enjoy the beautiful natural vistas of the Southwest combined with two rail journeys, the Grand Canyon Railway and Verde Canyon Railroad. Other highlights include Old Town Scottsdale, Montezuma castle, Tlaquepaque and Uptown Sedona, Oak Creek Canyon and Sedona Trolley Tour.



National Parks and Canyons of the Southwest

October 18 - October 23, 2020

\$2,175 pp-double • \$2,700 pp-single

Base your explorations from Las Vegas and Mesquite, Nevada. Soak in the natural splendor of Grand Canyon West, Bryce Canyon and Zion National Parks, as well as Valley of Fire, Nevada's oldest and largest State Park.

Colorado Rockies, Rails and Western National Parks



July 12 - July 20, 2020

\$3,345 pp-double • \$4,395 pp-single

Visit four National Parks - Mesa Verde, Arches, Canyonlands and Great Sand Dunes. Take a trip on the steam powered Durango & Silverton Railroad. Spend time at the U.S. Olympic Training Center, the Garden of the Gods and the U.S. Air Force Academy. Ride the rails again on the Royal Gorge Railroad to experience some of the most arresting scenery in all of American railroading.



Rome and the Country Roads of Tuscany

October 27 - November 4, 2020

\$3,795 pp-double • \$4,420 pp-single

Experience the delights of Italy's region of Tuscany! Travel to Lucca, Pisa, Florence, Siena, and San Gimignano from your base at Montecatini Terme. End your journey with two nights in Rome. Tour highlights include the Duomo, Leaning Tower of Pisa, Michelangelo's David, the Colosseum, St. Peter's Basilica, and more!



50+ Programs

Spring
2020
31



San Leandro FLEX Shuttle



The City of San Leandro offers transportation services for residents ages 60 years old and over and for people 18 years or older with disabilities. The FLEX Shuttle can be accessed from any of the planned stops at specific locations, or along the shuttle bus route within San Leandro. The FLEX Shuttle operates Monday through Friday from 9:00am – 5:00pm. An application must be completed and submitted with required documentation and an annual registration fee of \$20.00. Applications can be obtained at the Senior Community Center and the Marina Community Center. **Fee: \$20 Annual Registration Fee. After this payment, registered riders use the Flex Shuttle for no additional charge. Note: The FLEX Shuttle does not operate on City Observed holidays and weekends.**

The FLEX Shuttle Application is available online. Visit www.sanleandro.org, print, complete, and submit along with the \$20 annual fee for the program registration. Documentation is required (e.g., photo ID and PG&E bill) and must be mailed or dropped off to the Senior Community Center. Attn: FLEX Shuttle. **Membership card photos must be taken in-person prior to your card being issued.**

East Bay Paratransit

East Bay Paratransit provides transportation services within Alameda County to residents with disabilities. Service is provided by AC Transit and BART. For more information, call (510) 287-5000 or 1-800-555-8085.

FLEX San Leandro FLEX Rides On Demand Program

The FLEX Paratransit Program is pleased to partner with the Hayward Operated Paratransit (HOP) Program and LIFE ElderCare (LIFE) to provide subsidized on demand rides using Uber.

FLEX members 70+ or 18+AND East Bay Paratransit certified are eligible for this service. Your FLEX membership information is sent to LIFE ElderCare. Rides On Demand are cashless transactions; you must provide LIFE with a debit or credit card number to charge your rides.

Rides on Demand Service is available 8:15am – 5:30pm Monday – Friday. Please call 1 (510) 577-7985 or email SLParatransit@sanleandro.org for more information or to confirm your FLEX enrollment and eligibility status for this program.

FLEX Shuttle New Member Orientation

The FLEX Shuttle Program now offers FLEX Shuttle orientations for new members by **APPOINTMENTS**.

New riders will learn how to use the shuttle, review the various routes, how to use a flag stop, rider safety, important phone numbers to have, and more. Riders will be able to ask questions and will leave feeling more comfortable in using the shuttle service.

Email us at SLParatransit@sanleandro.org or call (510) 577-7985 for an appointment.



San Leandro Cares!

Request Your Free City of San Leandro Guide to Health

and Human Services

The Health and Human Services Guide is available in both English and Spanish and provides contact information for a full range of social service organizations serving San Leandro, including mental health, housing, legal assistance, disability, alcohol and drug services and much more. Social service information can also be accessed online through the Eden Information & Referral Resource Finder, located at www.alamedaco.info. For a free copy of the Guide to Health and Human Services, call 577-3462.

Youth Advisory Commission

Do you have an opinion about City policies that affect teens? Do you want to get involved and make a difference? Apply to become a member of the Youth Advisory Commission and make teen life in San Leandro a better one! Applicants must be residents of the City of San Leandro and currently enrolled in 9th through 12th grades. For information and an application, call 577-3477.

San Leandro Art Association

Become a member of the San Leandro Art Association. The SLAA is a long standing, non-profit art organization whose purpose is to support emerging, professional and student artists. Our members exhibit and sell their artwork in numerous venues; enjoy best practice art demonstrations in all mediums by distinguished artists; participate in field-trips to major art exhibits throughout the Bay Area; and get informed of many art opportunities through a monthly newsletter. Monthly meetings are at 7:00 p.m. on the second Tuesday of the month at the San Leandro Library. For an application: www.slartassociation.org. For more information: www.slartassociation@yahoo.com.

Arts Council of San Leandro



Support art in San Leandro! Your \$15 senior/\$24 individual membership in Arts Council of San Leandro will help this nonprofit volunteer group promote visual and performing arts in San

Leandro. ACSL events include variety shows, jazz music, gallery exhibits at the library, and artist demonstrations at elementary schools. If you would like to become a member, would like to be one of the paid artists who participate in the school program, or would like to find out about the next event, call 577-7964 or visit: www.artscouncilofsanleandro.com

Need Help? Dial 2-1-1

Eden I & R's Alameda County Information & Referral Line
24 hours a day/7 days a week •

In Multiple Languages/TTY www.edenir.org

FREE information for services in Alameda County such as: affordable housing, rental and utility assistance, afterschool programs and much more!

SOS/Meals on Wheels San Leandro

SOS/Meals on Wheels San Leandro is a non-profit organization dedicated to feeding homebound seniors in Hayward, San Leandro, San Lorenzo, Castro Valley and parts of East Oakland. Every weekday, about 800 warm, nutritious meals are delivered to seniors who are over 60 years of age and unable to purchase or prepare food for themselves. In addition to transporting the food, Meals on Wheels' drivers provide daily check-ins for these most vulnerable elders, assistance with small tasks and remembrance on special occasions such as Christmas and Mother's Day. Visit us at: www.sosmealsonwheels.org.

San Leandro, San Lorenzo,
Hayward, Castro Valley call: 582-1263
Oakland call: 460-5855

Project Literacy

Adult & Family Literacy Program

San Leandro Main Library Office Hours:

Mon & Fri 10:00am - 4:30pm
Tue Evenings until 8:00pm



What is Project Literacy? Project Literacy provides free tutoring and support for English speaking adults who want to improve reading and writing skills. Trained volunteers are available as tutors for adults age 16 and older who have difficulty with basic skills. Project Literacy welcomes the family by providing monthly story times and free children's book distribution at the main library and has a wonderful community outreach program that provides literacy services and resources to parents and their children ages 0 - 4 years.

How can you help? Be a tutor! Meet with your student for only 2 hours a week and you will make a valuable difference in their life. Lead a weekly small group session, teach a basic computer class, provide office assistance, be an outreach reader to 3-5 year olds. Receive free training materials, everlasting support and many heartfelt Thank You's!

The gift of "time" is priceless. Thank you Project Literacy Volunteers! *Project Literacy is a grant-funded program operating in conjunction with the City of San Leandro Public Library.*





Resource Guide



Child Care

After School Education and Safety (ASES).....(510) 667-6223

Counseling

Davis Street Resource Center.....(510) 347-4620

Family Service Counseling Center.....(510) 483-6715

Paratransit

East Bay Paratransit.....1-800-555-8085

San Leandro Flex Shuttle • Appointments.....(510) 577-7985

Applications.....(510) 577-3462

Emergency Assistance

Davis Street Community Center.....(510) 347-4620

Emergency Shelter Program.....(510) 581-5626

Building Futures with Women & Children.....1-866-292-9688

Employment Assistance

Youth Employment Partnership, Inc.....(510) 533-3447

General Social Service Information

Eden I & R • www.edenir.org.....2-1-1

Health Services

AIDS Project East Bay.....(510) 663-7958

Alameda Co. Medical Center.....(510) 437-4012

Al-Anon (San Lorenzo).....(510) 276-2270

Support Groups, Eden Medical Center.....(510) 537-1234

San Leandro Hospital.....(510) 357-6500

Pathways Hospice.....(510) 632-4390

Housing Assistance

Eden I & R • www.edenir.org.....2-1-1

Housing Authority of Alameda Co.....(510) 538-8876

ECHO Housing.....(510) 581-9380

Legal Services

Bay Area Legal Aid.....(510) 663-4744

Legal Assistance for Seniors.....(510) 832-3040

Senior/Disabled Assistance

Alameda Co. Area Agency on Aging.....(510) 577-1900

Alzheimer's Services of the East Bay.....(510) 268-1410

Community Resources for Independent Living.....(510) 881-5743

DCARA.....(510) 351-3345

Lions Center for the Blind.....(510) 450-1580

SOS – provides delivered meals to Seniors.....(510) 582-1263

Stepping Stones – Developmental Disabilities.....(510) 568-4168

Facilities Rentals

The following facilities are available for rent for meetings, receptions and banquets. For rental information call Customer Service at: **577-3462** or visit our website at: www.sanleandro.org/depts/rec/facilities

Marina Community Center.....15301 Wicks Blvd.

San Leandro Senior

Community Center.....13909 E. 14th St.

Boys and Girls Club Pool.....401 Marina Blvd.

(Closed for Construction)

Farrelly Pool.....864 Dutton Ave.

(Closed for Construction)

San Leandro Family Aquatic Center

(seasonal).....14900 Zelma St.

Also Available for Rent

Parks, Fields and Tennis Courts.....510-577-3462

San Leandro Main Library Rooms.....510-577-3970

Graffiti

We Need Your Help with Vandalism and Graffiti

Every year the City spends valuable time and resources removing graffiti from our City parks. We need the community to get involved and report any acts of vandalism, graffiti or suspicious activity.



POLICE DEPARTMENT

911..... Emergency situations only

(510) 577-2740 . . . Non Emergency Police

PUBLIC WORKS DEPARTMENT

(510) 577-3440 . . . Report broken playground and park equipment

(510) 577-3448 . . . Report graffiti in your neighborhood

(510) 577-3400 . . . After hours message line to report graffiti, street light outages, abandoned shopping carts, potholes, street tree issues or other maintenance requests.

For information about volunteer opportunities with the City of San Leandro and local nonprofit organizations, go to the Recreation and Human Services Department section of the City's website at www.sanleandro.org

Casa Peralta Docents

Age 18 years & up

We need your help with this San Leandro historic treasure! Free training and handbook will prepare you to act as a guide for visitors to this Historic House Museum. Learn about Rancho San Antonio and the proud Peraltas whose vast cattle ranch once spread over 44,000 acres of the East Bay. Call Patty Mallari at 577-3975.

Community Library

Teens – For ages 14 to 18 in 9th to 12th grades

Volunteering at the Library is a great way to gain experience and earn community service hours. Volunteers are needed year-round and are assigned one shift per week (between 2 to 4 hours). For more information and to apply to be a teen volunteer, visit the Library's teen webpage. It is highly recommended that your teen is responsible for all correspondence regarding the Teen Volunteer Program; starting with the application process and continuing throughout their volunteer service. This program strives to prepare your child for his/her first job. When at all possible, please ask your teen to call, email, organize, and initiate!

Adult • For ages 18 years & up

Adult volunteer positions include shelving, bookstore cashier and gift shop greeter and a variety of other library tasks. You should be in good physical shape and enjoy working with the public. For an update on volunteer positions, call the Main Library at 577-3986 or Manor Branch at 577-7963.

Computer Tutors

Age 18 years & up

The library is recruiting volunteers with experience using the World Wide Web to demonstrate Internet basics to patrons. For information, call Patty Mallari at 577-3975.

City Hall Office Volunteers

Age 18 years & up

Provide supplemental support for various departments at City Hall. Volunteers should enjoy working in a busy office environment. Routine tasks include preparing mailings, answering telephones, copying materials and other miscellaneous jobs. For a city volunteer application, go to: www.sanleandro.org/depts/rec/volunteer.asp

Human Services

Age 14 years & up

There are many community-based organizations that serve San Leandro residents and could use your volunteer help. Would you like to volunteer at a food bank or help persons with Alzheimer's or youth with disabilities? The Recreation and Human Services Department can connect you with organizations that can use your help. For an updated listing of organizations go to:

www.sanleandro.org/depts/rec/volunteer.asp

Employment Opportunities



Become part of our team!

Join the City of San Leandro's Recreation and Human Services Department for exciting job opportunities!

Fun and dynamic jobs are available in:

- Aquatics
- Sports & Teen Programs
- Customer Service
- Youth Programs
- Parks and Facilities
- Senior Services

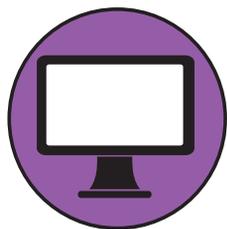
Applications and job descriptions are available online.

Visit: www.sanleandro.org/depts/hr/employment_opportunities





Registration



Online Registration

For San Leandro Residents begins
Thursday, January 23

For Nonresidents
Thursday, January 30

Log on to:
www.sanleandrorec.org

San Leandro is



Mail-in Registration

For San Leandro Residents begins
Thursday, January 23

For Nonresidents
Thursday, January 30

Send completed form and payment (no cash) to:

San Leandro Recreation and Human Services Department
13909 E. 14th Street
San Leandro, CA 94578



Walk-in Registration

For San Leandro Residents begins
Thursday, January 23

For Nonresidents
Thursday, January 30

Marina Community Center
15301 Wicks Blvd.
M - F • 11:30am - 7:00pm
Sat • 10:00am - 2:00pm
Closed Sunday

Senior Community Center
13909 E. 14th St.
M - F • 8:30am - 5:00pm

General Information

- You must pre-register for all classes
- Make checks payable to the **City of San Leandro**
- There is a \$25 fee for returned checks
- Customer Service is here to help you. Direct any questions to our staff at **(510) 577-3462** or email:

slrec@sanleandro.org

- Classes not reaching minimum enrollment requirements will be cancelled and enrollment fee refunded
- Registration with incomplete forms or incorrect payment will be returned
- Fees are noted as:
(R) for San Leandro (incorporated area) resident
(N) for nonresidents of the City of San Leandro*

Course fees are not prorated due to late enrollment, holidays, or absences.

Customer Service Hours

Marina Community Center (MCC)

Mon - Fri • 11:30am - 7:00pm
Sat • 10:00am - 2:00pm
Sun • Closed

Senior Community Center (SCC)

Mon - Fri • 8:30am - 5:00pm

Email Address

We will be asking for your e-mail address when you register for classes. Your address will be used to contact you with updates, bulletins and special event notices. We will not sell or share your address. You will always have the option to opt out of our address list.

REC Link Program/Senior Subsidy

The purpose of this program is to provide financial assistance so that economically disadvantaged families/individuals can participate in recreational programs.

Program Eligibility Requirements:

- Must be a San Leandro resident (incorporated area)
- Must be 17 years old or younger/seniors 50 and older
- Household verified income must meet guidelines established by the U.S. Department of Housing and Urban Development.

Applications are available at the Marina Community Center and Senior Community Center.

*City of San Leandro Non-Residents: Customers living in the unincorporated area of San Leandro do not pay taxes to the City of San Leandro, therefore are charged the non-resident rate.

CUSTOMER SATISFACTION PLEDGE

Your satisfaction is important to us!

If you are not satisfied with our program, please notify customer service prior to the second class meeting at 577-3462 or email:

slrec@sanleandro.org

General Cancellation Policy: A \$5.00 refund fee will be charged for any withdrawals prior to the start of a program. Some programs incur costs before the first day of the program and refunds will be minus those costs. **Exception:** Refunds for cancellation of Aquatics programs will only be offered up until 7 days prior to the first class.



Activity Registration Form

Is this your first time registering for a SLRHS program? Yes (complete all sections and sign) No (if no, complete box 2 and sign)

1 Primary Household Contact		M	F
Last Name	First Name	Gender (Circle)	
Address	Apt. #	City	Zip
()	()		/ /
Phone/Main	Cell	e-mail (required)	Birthdate (mm/dd/yy)
()			
Emergency Contact Name	Phone	Relationship	
()			

2 Participant Information	Birthdate	Gender	Course #	Fee:
First & Last Name	mm/dd/yy	(circle)		
		M / F		
		M / F		
		M / F		
		M / F		
		M / F		
Total				

3 Please answer the following optional questions:

Self-identify your race/ethnicity? <input type="checkbox"/> African American <input type="checkbox"/> Native American <input type="checkbox"/> Asian <input type="checkbox"/> Filipino <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Pacific Islander <input type="checkbox"/> White Not Hispanic <input type="checkbox"/> Two or more races <input type="checkbox"/> _____ <input type="checkbox"/> Other _____ <input type="checkbox"/> Decline to state	Check the primary language used in your household. <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Cantonese <input type="checkbox"/> Filipino or Tagalog <input type="checkbox"/> Vietnamese <input type="checkbox"/> Arabic <input type="checkbox"/> Mandarin <input type="checkbox"/> Other _____ <input type="checkbox"/> Decline to state	How many people live in your household? _____ Please check your annual household income group. <input type="checkbox"/> \$0 - \$41,000 <input type="checkbox"/> \$41,001-\$62,000 <input type="checkbox"/> \$62,001-\$74,000 <input type="checkbox"/> \$74,001-\$95,000 <input type="checkbox"/> \$95,001-\$123,000 <input type="checkbox"/> \$123,001- \$148,000 <input type="checkbox"/> \$148,000 + <input type="checkbox"/> Decline to state
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Release of Liability: I, the undersigned, in consideration of participation in the program(s) listed above, agree to indemnify and hold the City of San Leandro harmless, and release the City and its employees and agents from any and all liability for any injury or loss which may be suffered by the above named individual(s) arising out of or in any way connected with participation in the above program(s). I acknowledge that San Leandro takes photographs or other recordings of its activities and events for publicity and authorize the use of my image by the City.

Signature: _____ Date: _____
 Registrant's signature (Parent or guardian if under 18 years of age)

Payment Information

Amount enclosed: \$ _____

Check #: _____ Driver's License #: _____
(make checks payable to City of San Leandro)

Cash: (in person only)

Credit: (online at www.sanleandrorec.org or in person only)

Your satisfaction is important to us!

If you are not satisfied with our program, please notify customer service prior to the second class meeting at 510-577-3462.
General Cancellation Policy: A \$5.00 Refund Fee will be charged for *any* registration withdrawals prior to the start of a program. After the first day of a program, fees will be refunded minus any costs incurred, which may include materials, supplies, and/or a daily portion of the program fee.

Exceptions: Refunds for cancellation of Aquatics programs will only be offered up until 7 days prior to the first class.

General Information

- Customer service is here to help you. Direct any questions to our staff at 510-577-3462
- You must pre-register for all classes
- Make checks payable to the *City of San Leandro*
- There is a \$25 fee for returned checks
- Classes not reaching minimum enrollment requirements will be cancelled and enrollment fee refunded
- Registration with incomplete forms or incorrect payment will be returned
- Fees are noted as:
(R) for San Leandro resident (incorporated area)
(N) for non-residents of the City of San Leandro*

Course fees are not prorated due to late enrollment, holidays or absences.

CUSTOMER SERVICE HOURS

Marina Community Center (MCC)

Mon – Fri • 11:30am – 7:00pm
Sat • 10:00am – 2:00pm

Senior Community Center (SCC)

Mon – Fri • 8:30am – 5:00pm

Email Address

Your email address is required when you register for classes. Your email address will be used to contact you with updates, bulletins and special event notices. We will not sell or share your address. You will always have the option to opt out of our email list.

REC Link Program/Senior Subsidy

The purpose of this program is to provide financial assistance to families/individuals in need so they can participate in recreational programs.

Program Eligibility Requirements:

- REC Link participants must be 17 years old or younger
- Senior Subsidy participants must be age 50 and older
- Must be a San Leandro resident (incorporated area)
- Household verified income must meet guidelines established by the U.S. Department of Housing and Urban Development
- Applications are available at Customer Service locations

*City of San Leandro non-residents: Customers living in the unincorporated area of San Leandro do not pay taxes to the City of San Leandro, therefore are charged the non-resident rate.

**Please submit this form together with payment to one of our Customer Service locations or mail to:
Activity Registration, San Leandro Recreation and Human Services, 13909 E. 14th Street, San Leandro, CA 94578**



Departamento de Recreación y Servicios Humanos

(510) 577-3462 • www.sanleandrorec.org

Formulario de Registración

Por favor seleccione uno: Registrante Nuevo (complete formulario por completo)

Cambio en Archivos (Si no han ocurrido cambios en la caja 1, solo es necesario completar la caja 2)

1 Información del Hogar <small>(cabeza de familia)</small>				M F
Apellido	Primer Nombre		Género (Circule)	
Dirección	# de Apt.	Ciudad	Código postal	
()	()		/ /	
Numero telefónico de casa	Celular	Correo electrónico (requisito)	Fecha de Nacimiento	
Contacto de Emergencia	()	Numero de Teléfono	Relación	

2 Nombre del participante Primer nombre y apellido	Fecha de nacimiento	Género (circule)	# de curso	Precio:
		M / F		
		M / F		
		M / F		
		M / F		
Total				

3 Por favor, conteste las siguientes preguntas opcionales:

- | | | |
|--|---|---|
| <p>Favor de Auto-identificar su raza/origen étnico</p> <p><input type="checkbox"/> Afroamericano</p> <p><input type="checkbox"/> Nativo Americano</p> <p><input type="checkbox"/> Asiático</p> <p><input type="checkbox"/> Filipino</p> <p><input type="checkbox"/> Hispano o Latino</p> <p><input type="checkbox"/> Islas del Pacífico</p> <p><input type="checkbox"/> Blanco No Hispano</p> <p><input type="checkbox"/> Dos o más Razas</p> <p><input type="checkbox"/> Otro _____</p> <p><input type="checkbox"/> Renunciar a exponer</p> | <p>Compruebe el idioma principal que se utiliza en su hogar.</p> <p><input type="checkbox"/> Inglés</p> <p><input type="checkbox"/> Español</p> <p><input type="checkbox"/> Cantonés</p> <p><input type="checkbox"/> Filipino o Tagalo</p> <p><input type="checkbox"/> Vietnamita</p> <p><input type="checkbox"/> Árabe</p> <p><input type="checkbox"/> Mandarín</p> <p><input type="checkbox"/> Otro _____</p> <p><input type="checkbox"/> Renunciar a exponer</p> | <p>¿Cuántas personas viven en su hogar? _____</p> <p>Por confirmar su grupo de ingresos anuales del hogar.</p> <p><input type="checkbox"/> \$0 - \$41,000</p> <p><input type="checkbox"/> \$41,001-\$62,000</p> <p><input type="checkbox"/> \$62,001-\$74,000</p> <p><input type="checkbox"/> \$74,001-\$95,000</p> <p><input type="checkbox"/> \$95,001-\$123,000</p> <p><input type="checkbox"/> \$123,001- \$148,000</p> <p><input type="checkbox"/> \$148,000 +</p> <p><input type="checkbox"/> Renunciar a exponer</p> |
|--|---|---|

Renuncia de Responsabilidad: Yo, el abajofirmante, en consideración de la participación en el (los) programa(s) mencionado(s) arriba, libero y dejo a salvo a la Ciudad de San Leandro y mantengo a la Ciudad y a sus empleados y agentes actuando en su nombre libres de cualquiera y toda obligación por cualquier lesión, daño, pérdida y/o gastos que pueden ser sufridos, incluyendo gastos de abogados, médicos y costos legales, por el (los) individuo(s) mencionado(s) arriba surgiendo fuera de o en cualquier manera conectada con la participación en el (los) programa(s) mencionado(s) anteriormente. Reconozco que San Leandro toma fotografías y grabaciones de sus actividades y acontecimientos para la publicidad y autorizo el uso de mi imagen por la Ciudad.

Firma: _____

Fecha: _____

Información de pago

Cantidad adjunta: \$ _____

Cheque #: _____ Licencia de Conducir #: _____
(Haga cheques a nombre de la Ciudad de San Leandro)

Efectivo: (sólo en persona)

Crédito: (por internet en www.sanleandroec.org o sólo en persona)

Su satisfacción es importante para nosotros!

Si no está satisfecho con nuestro programa, por favor avise al servicio de atención al cliente antes de la segunda reunión de la clase en el 510-577-3462.

General de Política de cancelación: Un cargo de reembolso de \$ 5.00 se cobrará por cualquier retiro de registro antes del inicio de un programa. Después del primer día de un programa, los honorarios serán devueltos menos los gastos incurridos, que puede incluir materiales, suministros y / o una porción diaria del costo del programa.

Excepciones: Los reembolsos por cancelación de Programas acuáticos solamente se ofrecerán hasta 7 días antes de la primera clase.

Información General

- El servicio al cliente está aquí para ayudarle. Favor de dirigir cualquier pregunta a nuestro personal en 510-577-3462
- Usted debe pre-registrarse para todas las clases
- Hacer cheques a nombre de la Ciudad de San Leandro
- Hay una tarifa de \$25 por los cheques devueltos
- Las clases no alcanzan los requisitos mínimos de inscripción serán canceladas y devolverá la cuota de inscripción
- Registro será devuelto con formas incompletas o pago incorrecto
- Las tarifas se indican como:
(R) Para el residente de San Leandro (área incorporada)
(N) Para los no residentes de la Ciudad de San Leandro*

El precio del curso no se prorratea debido a la inscripción tardía, las vacaciones o ausencias.

Horario de Atención al Cliente

Marina Community Center (MCC)

Mon – Fri • 11:30am – 7:00pm
Sat • 10:00am – 2:00pm

Senior Community Center (SCC)

Mon – Fri • 8:30am – 5:00pm

Correo Electrónico

Su dirección de correo electrónico se requiere cuando se registra para las clases. Su dirección de correo electrónico será utilizada para contactarlo con actualizaciones, boletines y avisos de eventos especiales. No vamos a vender o compartir su dirección. Usted siempre tendrá la opción de optar por nuestra lista de correo electrónico.

Programa de REC Link / Subvención para Seniors

El propósito de este programa es proporcionar asistencia financiera a las familias / personas necesitadas para que puedan participar en programas recreativos.

Requisitos de elegibilidad del programa:

- REC participantes Link deben tener 17 años de edad o menos
- Los participantes de subvenciones de Seniors deben ser mayores de 50 años
- Debe ser residente de San Leandro (área incorporada)
- El ingreso del hogar verificado debe cumplir con las pautas establecidas por el Departamento de Vivienda y Desarrollo Urbano de EE.UU.
- Las solicitudes están disponibles en puntos de atención

* Ciudad de San Leandro no residentes: Los clientes que viven en el área no incorporada de San Leandro no pagan impuestos a la Ciudad de San Leandro, por lo tanto, se les aplica la tasa de no residente.

Por favor, envíe este formulario junto con el pago a uno de nuestros lugares de atención al cliente o por correo a:
Registro de Actividad, San Leandro Recreación y Servicios Humanos, 13909 E. 14th Street, San Leandro, CA 94578

Book your next event with us! Facility Rental Rates

Senior Community Center

Room	Maximum Capacity*	Size	Nonprofit [†] Nonpeak	Nonprofit [†] Peak	San Leandro Resident [‡]	Non Resident [‡]	San Leandro Business	Others
Activity Room	18 (Rounds)	625 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Arts & Crafts Room	48 (Recs)	900 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Classroom C	40 (Recs)	725 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Classroom D	40 (Recs)	725 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Computer Room <i>(Special Use)</i>	18 (Desks)	800 sq. ft.	\$40 per hr.	\$120 per hr.	\$120 per hr.	\$175 per hr.	\$175 per hr.	\$204 per hr.
Health & Fitness <i>(Special Use)</i>	36 (Chairs Only)	1,650 sq. ft.	\$30 per hr.	\$96 per hr.	\$96 per hr.	\$140 per hr.	\$140 per hr.	\$163 per hr.
Main Hall - Entire	240 (Rounds)	3,880 sq. ft.	\$58 per hr.	\$175 per hr.	\$175 per hr.	\$263 per hr.	\$263 per hr.	\$306 per hr.
Main Hall - A**	120 (Rounds)	1,930 sq. ft.	\$30 per hr.	\$96 per hr.	\$96 per hr.	\$140 per hr.	\$140 per hr.	\$163 per hr.
Main Hall - B** with stage	120 (Rounds)	1,930 sq. ft.	\$30 per hr.	\$96 per hr.	\$96 per hr.	\$140 per hr.	\$140 per hr.	\$163 per hr.
Kitchen [^]			\$100 per day	\$100 per day	\$100 per day	\$150 per day	\$150 per day	\$175 per day
Security			\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.

Marina Community Center

Room	Maximum Capacity*	Size	Nonprofit [†] Non-peak	Nonprofit [†] Peak	San Leandro Resident [‡]	Non Resident [‡]	San Leandro Business	Others
Multipurpose Room A <i>(Special Use)</i>	30 (Chairs Only)	920 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Multipurpose Room B	66 (Recs)	1,030 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
	48 (Rounds)							
Multipurpose Room C	72 (Recs)	1,115 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
	56 (Rounds)							
Thunderbolt Presentation Room <i>(Special Use)</i>	75 (Desks)	1,150 sq. ft.	\$24 per hr.	\$65 per hr.	\$65 per hr.	\$96 per hr.	\$96 per hr.	\$112 per hr.
Patio Room	36 (Recs)	575 sq. ft.	\$12 per hr.	\$40 per hr.	\$40 per hr.	\$61 per hr.	\$61 per hr.	\$71 per hr.
	24 (Rounds)							
Titan Auditorium	300 (Recs)	4,400 sq. ft.	\$58 per hr.	\$175 per hr.	\$175 per hr.	\$263 per hr.	\$263 per hr.	\$306 per hr.
	240 (Rounds)							
Kitchen [^]			\$100 per day	\$100 per day	\$100 per day	\$150 per day	\$150 per day	\$175 per day
Security			\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.	\$60 per hr.

*Maximum capacity is determined by table choice (rectangular or round tables)

[†]Proof of nonprofit status is required. Nonpeak rates apply all day Monday through Thursday, and Fridays until 5:00pm. Peak rates apply Friday after 5:00pm, and all day Saturday and Sunday.

[‡]Proof of San Leandro residency required. Residents of UNINCORPORATED San Leandro will be charged the Non-Resident fee.

[^] Kitchen can only be rented in conjunction with the Titan Auditorium/Main Hall. Per day fee includes kitchen use for the duration of the room rental only. Additional kitchen-only hours are available at a per hour cost.

**Separate use of Main Hall A or B is not available on Saturdays. Only Main Hall-Entire is available on Saturdays.

All rooms require a refundable damage deposit, to be submitted at the time of the application:

Main Hall (Entire, A or B) and Titan Auditorium: **\$625.00**

All other rooms: **\$125.00**

- All rentals of Main Hall or Titan Auditorium are subject to a 6-hour minimum during peak hours (Fridays after 5pm, and all day Saturdays and Sundays).
 - Changes made to reservations within 30 days of the rental date will be subject to a \$25 administrative fee.
 - Hourly rates are not prorated for partial hours.
 - General liability insurance is required for parties of 100 or more.

Check out our San Leandro Parks!

Park Reservation Season is April 1st through Oct 31st.

Reservations may be booked online at www.sanleandrorec.org or in person at the Marina Community Center and Senior Community Center.

Reservations begin February 3rd for all reservable park locations. Large Marina Park picnic areas, such as Seagull, Mallard, Otter, and Mulford Point are reservable year-round, (1 year in advance).

We have 14 Park locations throughout the city for you to choose from. Rates vary from resident non-resident, non-profit or business.

Applications must be completed and approved 7 days in advance of your event date.

If your event is important to you, we advise you to book a reservable park picnic area. For non-reservable park sites, there is a first come first serve policy. A representative from your party must stay at your picnic site in order to hold your spot. Personal belongings or personal reservation signs are not permitted to be left and will be removed. Please check in with the City of San Leandro' Park Specialist to confirm locations that are not reserved for the day.

Rules to remember when enjoying the City of San Leandro Parks

No Alcohol! No Smoking! **Dogs** must remain on a leash no longer than 6 ft., unless inside the dog park. **Over capacity** - reserved park picnic sites may pay for an over capacity permit if they plan to have double the amount of patrons allowed. Please remember, some parks and locations are not designed to have large crowds, so please reserve a location that has adequate space for your party. **Inflatables** are allowed, **ONLY** by inflatable company vendors approved by the City of San Leandro. You must have a reservation, choose an approved inflatable vendor, and must be in the designated area that permits inflatables. Please inquire with our Customer Service Team if you would like to have an inflatable at your event.

Park Specialists and SLPD will be enforcing these policies and will ask you for your cooperation with these Park Rules. Please help your City of San Leandro staff by spreading the word. Thank you so much and enjoy please enjoy yourself in our beautiful parks!



City of San Leandro

13909 E. 14th Street, San Leandro, CA 94578

577-3462

www.sanleandrorec.org

PARK INFORMATION	Capacity	*Fee: Resident/ Non-Resident	Inflatable Allowed	Play Apparatus	Picnic Tables	Barbecues	Restrooms	Baseball Field	Tennis Courts	Electricity	Basketball	Soccer Field	Softball Field
Bonaire Park/5.4 acres 14841 Juniper @ Sagewood				◆			Y						1
Pods 1 & 2	50	\$136/205	◆		8	2				N			
Pods 3 & 4	50	\$136/205	◆		8	2				N			
Area 5	20	\$60/90			2	1				N			
All 4 Pods	150	\$190/287											
Chabot Park/10.5 acres 1698 Estudillo Avenue	150	\$190/287	◆	◆	14	4	Y			Y			1
Cherry Grove Park/4 acres 1600 Williams @ Leonard				◆			Y		6		◆	Y	
Area 1	20	\$60/90	◆		2	1				N			
Area 2	50	\$136/205			4	1				N			
Area 3	15	\$60/90			1	0				N			
Area 4	20	\$60/90	◆		2	0				N			
Area 5	20	\$60/90			2	2				N			
Area 6	15	\$60/90	◆		1	1				N			
Area 7	15	\$60/90			1	1				N			
Area 8	15	\$60/90			1	1				N			
Area 9	15	\$60/90	◆		1	1				N			
Area 10	20	\$60/90			2	1				N			
Area 11	20	\$60/90			2	1				N			
Area 12	20	\$60/90			2	0				N			
Floresta Park/1 acre 3750 Monterey Blvd.				◆			Y	Y					
Lawn	60	\$136/205			5	1				N			
Play	60	\$136/205			5	2				N			
Grover Cleveland Park/1 acre 862 O'Donnell Street				◆			N						
Rear	15	\$60/90			1	1				N			
Play	15	\$60/90			1	1				N			
Halcyon Park/5 acres 1220 147th Avenue @ Western				◆			Y						
Area 1 (Playground)	50	\$136/205	◆		4	0				N			
Area 2	20	\$60/90			3	2				N			
Area 3	20	\$60/90			3	2				N			
Area 4	20	\$60/90			2	1				N			
Area 5 (Front)	40	\$136/205	◆		3	2				N			

*San Leandro Business/Non-San Leandro Business rates apply. Please call (510) 577-3462 for rates.

PARK INFORMATION	Capacity	*Fee: Resident/ Non-Resident	Inflatable Allowed	Play Apparatus	Picnic Tables	Barbecues	Restrooms	Baseball Field	Tennis Courts	Electricity	Basketball	Soccer Field	Softball Field
Marina Park/30 acres 13801 Monarch Bay Drive				◆			Y						
Seagull	150	\$245/368			21	6				Y			
Mallard	55	\$136/205			5	1				Y			
Otter	75	\$190/287			6	1				Y			
Heron	50	\$136/205			4	2				N			
Area 1	15	\$60/90			1	1				N			
Area 2	20	\$60/90			2	2				N			
Areas 3- 8	15	\$60/90			1	1				N			
Areas 9-16	15	\$60/90			1	1				N			
Areas 17-18 (Boat Launch)	15	\$60/90			1	1				N			
Area 19 Pescador Pt.	50	\$136/205			4	4				N			
Mulford Point—All Areas (1 – 4)	100	\$190/287			4	4				N			
Area 1	15	\$60/90			1	1				N			
Area 2	15	\$60/90			1	1				N			
Area 3	15	\$60/90			1	1				N			
Area 4	15	\$60/90			1	1				N			
Memorial Park/2.7 acres 1105 Bancroft Avenue @ Callan				◆			Y						
Front	40	\$136/205			4	2				N			
Rear	20	\$60/90			2	1				N			
Root Park 1033 E. 14th Street	20	\$60/90			2	0	N			N			
Siempre Verde Park/1.8 acres 455 Park St. @ San Leandro Blvd.				◆			Y				Y		
Area 1	20	\$60/90			2	1				Y			
Area 2	20	\$60/90			2	1				Y			
F. Stenzel Park 15300 Wicks Blvd.				◆			Y	2			Y	Y	1
Area 1	20	\$60/90			2	1				N			
Area 2-3	15	\$60/90			1	1				N			
Thrasher Park/12.8 acres 1300 Davis Street	75	\$136/205	◆	◆	6	6	Y			N			1
Toyon Park/2.1 acres 1500 Bancroft Avenue	75	\$136/205		◆	6	2	Y			N			
Washington Manor Park/15.1 acres 14900 Zelma St @ Manor Blvd.				◆			Y		4		Y	Y	2
Area 1	75	\$190/287	◆		7	7				N			
Area 2	20	\$60/90			2	0				N			
Area 3	20	\$60/90			2	1				N			
Area 4	20	\$60/90			2	2				N			
Area 5	10	\$60/90			2	1				N			
Area 6	20	\$60/90	◆		2	1				N			
Area 7	10	\$60/90			1	1				N			
Area 8	20	\$60/90	◆		2	2				N			

*San Leandro Business/Non-San Leandro Business rates apply. Please call (510) 577-3462 for rates.

Some sports fields may be locked venues. Additional reservations are required for organized sports and use of these fields.