

NEED HELP WITH TRANSPORTATION TO YOUR MEDICAL APPOINTMENTS?

**YOUR MEDI-CAL MANAGED HEALTH CARE PLAN
MAY BE ABLE TO HELP!**

Most Medi-Cal managed health care plans now provide **FREE RIDES** home at hospital discharge and **FREE ONGOING HELP** for covered medical appointments.

- ✦ For hospital discharges: HOSPITAL STAFF MAY CALL ahead to request your ride when discharge time is known. Rides are normally available within 3-4 hours. You must provide any required car seats.
- ✦ For medical appointments: YOU SHOULD CALL at least 5 business days ahead or ask a healthcare professional to call for any urgent or last-minute appointments.
- ✦ If you have any questions or don't see your plan listed, ask to speak with a hospital social worker.

HEALTH CARE PLAN	NUMBER TO CALL
Alameda Alliance	LogistiCare: (866) 791-4158
Anthem Blue Cross	LogistiCare: (877) 931-4755
California Health & Wellness	LogistiCare: (877) 658-0305
Central California Alliance for Health	CCAH Transportation Line: (800) 700-3874 ext. 5577
Cigna	LogistiCare: (877) 440-7433
Contra Costa Health Plan	CCHP Non-Medical Transportation Line (855) 222-1218
HealthNet Medi-Cal	LogistiCare: (855) 253-6863
Health Plan of San Joaquin	HPSJ Customer Service Line: (209) 942-6320 *Member must call for hospital discharge
Partnership HealthPlan of California	MTM: (888) 828-1254