



Resources for Pregnant Teens in Alameda County Revised 2018

<i>Name of Agency</i>	<i>Address, Phone, Website, Social Media</i>	<i>Services, Languages</i>	<i>Eligibility</i>
Alameda County Office of Education: CalSAFE Pregnant and Parenting Teen Program	Hayward, William P. Burke Academy 612 West A Street, Hayward, CA 94541 (510) 785-9326 Oakland, Fruitvale Academy 2634 International Blvd., Oakland, CA 94601 (510) 536-6086	Services Support services related to school success for high school pregnant/parenting students. These locations offer assistance in completing high school or GED, child care services, and support groups. Languages Serving all languages.	Female and male students age 18 and younger may voluntarily enroll if they are an expectant parent, custodial parent, or taking an active role in care/supervision.
	Alameda, Island High School 500 Pacific Ave, Alameda, CA 94501 (510) 748-4024 x 114 Berkeley High, Vera Casey Center 2246 Milvia St., Berkeley, CA 94704 (510) 542-2146 Fremont, Robertson High School 4455 Seneca Park Ave., Fremont, CA 94538 (510) 657-9155 x49111 Hayward, Tennyson High 27035 Whitman St., Hayward, CA 94544 (510) 723-3190 x 63155 Pleasanton, Village High School 4645 Bernal Ave. Pleasanton, CA 94566 (925) 426-4260	Services Child care services provided. Other support services may vary by location. Languages Serving all languages.	Female and male students age 18 and younger may voluntarily enroll if they are an expectant parent, custodial parent, or taking an active role in care/supervision.



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Alameda County Healthy Start Initiative (ACHSI)	1100 San Leandro Blvd., Suite 120, San Leandro, CA 94577 (510) 618-2080	Services Care coordination, case management, and health education for pregnant and parenting African American women who live in the following zip codes: 94601, 94602, 94603, 94605, 94606, 94607, 94621, 94541, 94578, and 94580. Fatherhood services also offered. Languages English	<ul style="list-style-type: none"> • African American. • No more than 28 weeks pregnant. • Lives in one of the service zip codes.
Alameda County Women, Infants and Children (WIC)	* See page 4 for local WIC locations. Facebook	Services WIC is a nutrition program that provides nutrition, advice, referrals, help with breastfeeding, and healthy food. Participants can receive \$50 to \$100 per person each month in checks for healthy food, such as fruits, vegetables, and healthy grains. Languages Serving all languages.	<ul style="list-style-type: none"> • Low-income pregnant, breastfeeding, and non-breastfeeding postpartum women. • Infants and children up to age 5 who are found to be at nutritional risk.
Brighter Beginnings	2595 International Blvd., Oakland, CA 94601 (510) 437-8950 Facebook	Services <ul style="list-style-type: none"> • Cal-Learn comprehensive case management for pregnant teens up to age 19. • Home Visiting case management and 2 home visits per month for pregnant and parenting teens up to age 25. • Early Head Start case management and weekly home visits for parents with children 0-3 years of age. Languages English and Spanish	<ul style="list-style-type: none"> • Pregnant and parenting teens. • Residents of: Alameda, Albany, Berkeley, Emeryville, Oakland, and San Leandro.



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Cal-Safe	<p>Apply for CalWORKS in person at any Alameda County Social Services Agency Self-Sufficiency Center to enroll in Cal-Teen.</p> <p><u>Oakland - East County</u> 8477 Enterprise Way, Oakland, CA 94621 (510) 263-2420 6955 Foothill Blvd., #100, Oakland, CA 94605 (510) 383-5300</p> <p><u>Oakland – North County</u> 2000 San Pablo Ave., Oakland, CA 94612 (510) 891-0700</p> <p><u>Hayward - South County</u> 24100 Amador St., Hayward, CA 94544 (510) 670-6000</p> <p>Fremont Social Services Outstation 39155 Liberty St. #C330, Fremont, CA 94536 (510) 795-2428</p> <p>Livermore Social Services Outstation 3311 Pacific Ave., Livermore, CA 94550 (925) 455-0747</p>	<p>Services Cal-Teen is designed to encourage pregnant and parenting teens to graduate from high school or its equivalent, become independent, and form healthy families. Families receive:</p> <ul style="list-style-type: none"> • Financial incentives • Support services • Case management to assist teens to stay in school and earn a diploma <p>Languages Serving all languages.</p>	<ul style="list-style-type: none"> • Pregnant/parenting teens enrolled in CalWORKS. • Under age 20. • Have not earned a high school diploma or equivalent.
<u>Clinica Alta Vista Teen Clinic</u>	<p>1515 Fruitvale Ave. Oakland, CA 94601 (510) 535-6300</p> <p><u>Facebook</u></p>	<p>Services Comprehensive prenatal care, including health education, nutrition, and psychosocial services.</p> <p>Languages English and Spanish</p>	<ul style="list-style-type: none"> • Pregnant, age 23 or younger, Medi-Cal eligible.



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Dream Youth Clinic - Roots Community Health Center	583 5th Street, Suite A, Oakland, CA 94607 510-839-0929 x3 Facebook Instagram	<p>Services Youth-led, youth-engaged medical services. Drop-in or scheduled clinical appointments with expertise in working with youth experiencing human trafficking and homelessness.</p> <ul style="list-style-type: none"> • Physical exams • Acute medical issue exams • STD and HIV testing • Birth control • Prenatal Care • Immunizations • Health Navigation • Medi-Cal, Cal fresh enrollment <p>Languages English and Spanish (other languages through phone interpretation services).</p>	<ul style="list-style-type: none"> • Youth and young adults (ages 12-24) and their children. • Residents of Oakland.
Planned Parenthood Mar Monte - Teens Success, Inc.	(510) 899-8692 Planned Parenthood Facebook Instagram Teen Success, Inc. Facebook Instagram	<p>Services Weekly peer learning group on parenting education, health and wellness, and empowerment. Coaching with a mentor to support goal setting, address challenges, and connect to resources.</p> <p>Languages English and Spanish.</p>	<ul style="list-style-type: none"> • Pregnant for the first time or have one child • 14-19 years old. • Not graduated high school or do not have GED. • Residents of Oakland.



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Tiburcio Vasquez Health Center's Family Support Services	22211 Foothill Blvd, Hayward, CA 94544 (510) 471-5907 ext. 3711 Facebook	Services <ul style="list-style-type: none"> • Cal-Learn and Home Visiting case management. • Mental health services and parenting education. • Collaboration with prenatal providers at Tiburcio Vasquez Health Center. Languages English and Spanish.	<ul style="list-style-type: none"> • Not pregnant, parenting teens of children 0-5. • Ages 19 and younger. • Residents of: Castro Valley, Dublin, Fremont, Hayward, Livermore, Newark, Pleasanton, San Leandro, San Lorenzo, Sunol, and Union City.

Additional Resources:

- **2-1-1** - provides housing information and critical health and human services resources. Calls are answered 24/7 in many languages.
- [ACCESS](#) - offers **mental health referrals and alcohol/drug abuse treatment programs or services in Alameda County**. Call **(800) 491-9099**.
- www.ACHealthcare.org/ - find free or low-cost clinics in Alameda County for prenatal care, family planning, primary care and much more
- **Alameda County Family Justice Center** - serves individuals and families experiencing domestic violence, stalking, sexual assault and exploitation, child abuse, child abduction, elder and dependent adult abuse, and human trafficking. They provide crisis intervention, emergency shelter, counseling, case management, and much more. Call **(510) 267-8800** or visit www.acfjc.org/
- **California Youth Crisis Line** - Statewide, toll free, 24-hour, **confidential hotline** for ages 12-24 and families. Referrals to local homeless youth shelters, youth-serving medical clinics, on-going counseling services and more. Call **(800) 843-5200** or visit www.cal youth.org
- **The Family Health Line** - provides referrals to health care programs and social services for pregnant women, children and families in Alameda County. Call **(888) 604-4636**, 8:30 am – 5 pm Monday-Friday.

**Women, Parents, & Foster Parents:
Are you pregnant, breastfeeding
or a parent raising a child under 5?**

Working families can get WIC

- ◆ Pregnant woman or family with 1 child who earn up to \$2504/mo. before taxes
- ◆ Family of 3 who earn up to \$3149/mo. before taxes

It is easy to apply at a WIC program near you. Call today!

Please bring an ID, proof of income & address.

WIC can help!

- Checks for healthy foods
- Personal and family nutrition planning
- Breastfeeding support and classes
- Referrals for services and healthcare



**Alameda County
Public Health WIC**
(510) 595-6400

Call for appointment
Mon, Tues, Thurs, Fri:
8:35-5pm; Sat: 8:35-4:30pm
Wed: 9:35-1pm, 3:30-6pm;
(Clinic closes from
1-3:30pm on Wednesdays)

North Oakland
3600 Telegraph Ave.

Eastmont
7200 Bancroft Ave.
Room 204

Hayward
24085 Amador St.
Room 100

Fremont
39155 Liberty St.
Room D430
Clinic closes from 12-1pm
Mon, Tues, Thurs, Fri

**Axis Community
Health Center WIC**
(925) 462-2365

Pleasanton
1991 Santa Rita Rd.
STE #H,
Mon, Wed, Thurs,
Fri: 8:30-12pm,
12:30-4:45pm
Tues—9:30-5:45pm

City of Berkeley WIC
(510) 981-5360

830 University Ave.
Mon-Thurs: 8:30-5pm,
Fri: 9-12pm
2nd Thurs: 8:30-6:30pm
1st Sat: 11-2:30pm

**La Clinica de La Raza
Health Center WIC**
Fruitvale
(510) 535-4110

1450 Fruitvale Ave., STE #B
Mon-Fri 8-5:30pm
San Antonio
(510) 272-1500
1030 International Blvd
Mon-Fri 8-5:30pm

**Native American
Health Center WIC**
Oakland
(510) 434-5300

3124 International Blvd,
Room 103
Mon-Fri, 3rd Sat. 8:30-5pm
Alameda Point Collaborative
(510) 814-8440
677 West Ranger Ave.
1st Wed, 2nd Mon &
3rd Sat: 8:30-12:30pm, 1-5pm

**Tiburcio Vasquez
Health Center WIC**
(510) 471-5913

Union City
32970 Alvarado Niles Rd,
Room 760
Mon—Fri 8:30-5pm

Fremont
3845 Beacon Ave, STE #A
Mon—Thurs 8:30-5pm

Hayward
22331 Mission Blvd,
2nd Floor
Mon—Fri 8:30-4:45pm

San Leandro
16110 E 14th Street
Mon, Wed, Fri
(some Tues & Thurs)
8:30-4:45pm

**West Oakland
Health Council WIC**
(510) 835-9610

East Oakland x 2270
7450 International Blvd.
Mon-Fri 8:30-4:30pm

West Oakland x 2080
700 Adeline St.
Mon-Wed, Fri
8:30-4:30pm



This institution is an equal opportunity provider

**Mujeres, Padres de familia y Padres de crianza:
¿Está embarazada, dando pecho o
criando niños menores de 5 años?**

WIC Puede Ayuda!

- Cheques para comida saludable
- Planificación nutricional para los participantes de WIC
- Apoyo y clases de lactancia materna
- Referencias para servicios y atención médica

Los familias trabajadoras pueden obtener WIC

- ♦ Mujeres embarazadas o familias con 1 niño que ganan hasta \$2504 mensual antes de los impuestos
- ♦ Familia de 3 que ganan hasta \$3149 mensual antes de los impuestos

Es fácil aplicar al programa de WIC cerca de usted lláma hoy!
Por favor traiga identificación, comprobante de ingresos domicilio



**Programa de WIC del
Condado de Alameda**

(510) 595-6400

Llame para una cita
L, M, Ju, V: 8:35-5pm;
Miércoles: 9:35-1pm,
3:30-6pm;

Sábados: 8:35-4:30pm
(La Clínica se Cierra de
1-3:30pm los Miércoles)

North Oakland

3600 Telegraph Ave.

Eastmont

7200 Bancroft Ave.
Sala 204

Hayward

24085 Amador St.
Sala 100

Fremont

(510) 795-2457

39155 Liberty St.
Sala D430

La Clínica se Cierra de 12-1pm
L, M, Ju, V

**Axis Community
Health Center WIC**

(925) 462-2365

Pleasanton

1991 Santa Rita Rd.
Sala H

L, M, Ju, V:
8:30-12, 12:30-4:45pm
Martes: 9:30-5:45pm

Ciudad de Berkeley WIC

(510) 981-5360

830 University Ave.
Lunes a Jueves: 8:30-5pm
Viernes: 9-12pm
2º Jueves: 8:30-6:30pm
1º Sábado: 11-2:30pm

**La Clínica de la Raza WIC
Fruitvale**

(510) 535-4110

1450 Fruitvale Ave.
Sala B

Lunes a Viernes
8-5:30pm

San Antonio

(510) 272-1500
1030 International Blvd.

Lunes a Viernes
8-5:30pm

**Native American
Health Center WIC**

Oakland

(510) 434-5300
3124 International BLVD
Sala 103

Lunes a Viernes, 3º Sábado
8:30-5pm

**Alameda Point Collaborative
(510) 814-8440**

677 West Ranger Ave.
1º Miércoles, 2º Lunes y 3º
Sábado 8:30-12pm, 1-5pm

**Tiburcio Vasquez
Health Center WIC**

(510) 471-5913

Union City

32970 Alvarado Niles Rd.
Sala 760

Lunes a Viernes: 8:30-5pm

Fremont

3845 Beacon Ave, Sala A
Lunes a Jueves: 8:30-5pm

Hayward

22331 Mission Blvd. 2º Piso
Lunes a Viernes: 8:30-4:45pm

San Leandro

16110 E 14th Street
L, M, V (y algunos Martes y
Jueves) 8:30-4:45pm

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Esta institución es un proveedor que ofrece igualdad de oportunidades.