

WINTER 2019

Creating Community Through People, Parks, & Programs



Recreation

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School Break
Camps

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www.RegeRec.com

FREE!



**ENTER TO WIN
one FREE WEEK of Camp***

*To enter you must attend the Summer Camp Fair. See online for rules. Valid on select camps. Exclusions apply.

SUMMER CAMP FAIR

Sunday, March 10, 2019

2:00pm - 5:00pm

Fremont Main Library • Fukaya Room

2400 Stevenson Blvd., Fremont, CA



- Learn about Summer Camps, Teen Volunteer Programs, Scholarships (Fremont Residents) & Part-Time Jobs
- Meet Camp Staff & Ask Questions
- Raffle & Fun Giveaways

www.Fremont.gov/Camps

If you are a qualified person with a disability and you need accommodation to participate, Recreation Services at (510) 494-4300 at least (2) working days in advance.

IN THE SPOTLIGHT



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Camps**
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SCHOOL BREAK CAMPS

ACADEMIC ENRICHMENT Communication Academy

For more information, call (510) 494-4318

Essay Writing & Public Speaking **Ages 8-11**

Experience two valuable camps at a discounted price! Students attend two fun, back-to-back 1/2 day camps from Communication Academy that explore essay writing and public speaking all at one convenient time-frame. Students bring their own lunch and are supervised by a teacher. Space is limited so don't delay on this amazing opportunity! Max of 12 students. Material fee: \$30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267511	8-11	CPVSC	Dec 26-28	9:00AM-3:00PM	3	W-F	CA	\$335
267512	8-11	CPVSC	Jan 2-4	9:00AM-3:00PM	3	W-F	CA	\$335

Essay Writing: Focus and Accuracy **Ages 8-11**

Bring purpose to your writing! To achieve specific goals, students will learn to tailor their writing-style to particular audiences. Various genres and styles of writing will be explored, and students will try their hand at each. Taught at age-appropriate level by experienced instructors. Max of 12 students. Material Fee: \$15.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267504	8-11	CPVSC	Jan 2-4	9:00AM-11:30AM	3	W-F	CA	\$185

Essay Writing: Student Publication **Ages 8-11**

Students explore the writing process and learn to write a polished manuscript for final publication! This camp emphasizes the revision and editing process to finalize and perfect a piece of writing. Students will work on a single piece of publication-quality material under the instruction of an experienced teacher. Taught at age-appropriate level. Max of 12 students. Material fee: \$15.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267509	8-11	CPVSC	Dec 26-28	9:00AM-11:30AM	3	W-F	CA	\$185

Public Speaking: Improv **Ages 8-11**

Improvisation is a fun and exciting type of speech which asks students to create characters and dramatic scenarios on-the-spot. Students learn valuable public speaking skills such as quick-thinking and personal magnetism, all while laughing and collaborating with classmates. Taught at age-appropriate level. Max of 12 students. Material fee: \$15.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267507	8-11	CPVSC	Jan 2-4	12:30PM-3:00PM	3	W-F	CA	\$185

Public Speaking: Student Leadership **Ages 8-11**

Make your message heard! Student Leadership encourages children to develop skills in diplomatic speaking, student advocacy, research, and writing. Students learn how to dialogue with elected officials, draft advocacy letters, and create presentations for social media. Taught at age-appropriate level. Max of 12 students. Material fee: \$15.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267506	8-11	CPVSC	Dec 26-28	12:30PM-3:00PM	3	W-F	CA	\$185

Lekha Publishers Writing Camps **Ages 7-14**

For more information, call (510) 494-4349

Lekha Ink is committed to developing a generation who think beyond the book! By guiding writers to think creatively using a blend of time-tested and newly developed methods that nurture imaginations. Instructors are trained in the Lekha Way a nontraditional method of writing instruction that uses visualization and verbalization techniques, creative play, illustration, and other fun activities to help students overcome writer's block and any fear or dislike of writing. Students are encouraged to write freely in a fun and non-threatening learning and writing environment.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268491	7-14	TNC	Jan 2-4	9:00AM-3:00PM	3	W-F	\$235

Writing a Chapter Book **Ages 7-14**

Chapter books are books intended for intermediate readers and are told with extensive prose with a limited number of illustrations. Students in this class will learn how to convert their short stories into longer stories.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268492	7-14	TNC	Jan 2-4	9:00AM-11:45AM	3	W-F	\$165

Opinion Essay **Ages 7-14**

Students will learn to write the opinion essay, which focuses on developing a student's ability to support a stated position in accordance to the common core curriculum. Students will write three to five paragraph essays, which is the structure favored by school teachers. They also will learn how to plan and outline their essays properly before writing, as well as how to revise their essays.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268493	7-14	TNC	Jan 2-4	12:15PM-3:00PM	3	W-F	\$165





Mad Science

For more information, call (510) 494-4318

Winter Wonder Lab

Ages 6-11

Step into the Mad Science Winter Wonder-Lab and watch snowmen sublime, melt, ooze and dissolve before your very eyes as we explore the 3 states of matter! We will tinker with technology and learn the science behind some of our favorite toys! Kids will learn about polymers and make their own Mad Science Super Ball ornament! Our junior scientists will be charged up when they experiment with switches and batteries and build a string of holiday lights! Bring snacks and a bag lunch.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
266779	6-11	TNC	Dec 27-28	9:00AM-3:00PM	2	Th-F	Mad Science	\$139

Spy Academy

Ages 6-11

Look out 007, the Mad Science Spy Academy is here! From decoding messages to metal detectors and night vision, campers have the opportunity to check out spy tech equipment and take home lots of gadgets. Step into the shoes of a detective as you uncover the science involved in evidence-gathering and analysis! Figure out the science of forensics and reveal who is behind those crazy capers! Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies use! Camp fee includes labcoat. Bring snacks and a bag lunch.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268929	6-11	TNC	Jan 3-4	9:00AM-3:00PM	2	Th-F	\$139

JUST FOR FUN

Camp Max Holiday Fun!

Ages 9-12

For more information, call (510) 494-4344

Maximum challenge, maximum fun! Week I: The campers will plan and develop a kid-friendly, holiday-related attraction, decide what it should look like and create it out of cardboard and other materials. It could be a zoo, a toy factory, an arcade, an interactive museum - whatever ends up being formed and shaped by the campers! Week II: For the love of BRICKS: Does your child love bricks? Legos, Megablocks and such? We will pack our days with brick-inspired crafts, cooking, games and songs! Bring a lunch.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
270279	9-12	TNC	Dec 26-28	9:00AM-3:00PM	3	W-F	\$119
270280	9-12	TNC	Jan 2-4	9:00AM-3:00PM	3	W-F	\$119

Camp Max, Jr Holiday Fun!

Ages 5-8

For more information, call (510) 494-4344

Maximum activity, maximum fun! This camp will have similar activities as Camp Max but will be appropriate for the younger age and more cooperative in nature. Both groups will join together for morning kick-off and group cheers and day's end for the afternoon 'after burn' huddle. Bring a lunch!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
270281	5-8	TNC	Dec 26-28	9:00AM-3:00PM	3	W-F	\$119
270282	5-8	TNC	Jan 2-4	9:00AM-3:00PM	3	W-F	\$119

Magic Wizard Camp

Ages 6-10

For more information, call (510) 494-4324

Discover the art of magic, through an encouraging step-by-step approach. With illusion, trickery, and sleight-of-hand, learn how to make an object appear and disappear, 'how to read a mind', and other mystifying powers. Receive your own box of tricks and wand. Material fee: \$20

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267300	6-10	OHAC	Dec 26-28	1:30PM-4:30PM	3	W-F	Wertman	\$79



SPORTS CAMPS

Holiday Indoor Sports Jam

Ages 5-12

For more information, call (510) 494-4334

Indoor Sports Jam is the best way to spend your Holiday! Join your friends and our fun staff for indoor sports including basketball, kick-ball, dodgeball and much more, together with your favorite music! Groups split up by ages and skill, and the younger ages will enjoy an arts 'n' craft activity, and each group will unwind for about 30 minutes per day, per session with a movies.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
267884	5-12	IRCC	Jan 2-4	9:00AM-4:00PM	3	W-F	\$129
267885	5-12	IRCC	Jan 2-4	9:00AM-12:00PM	3	W-F	\$79
267886	5-12	IRCC	Jan 2-4	1:00 PM-4:00PM	3	W-F	\$79

Tennis Holiday Camp (Red, Orange & Green)

Ages 5 -16

For more information, call (510) 790-5510

Campers will be using age appropriate tennis balls and court size. 5-7 years old- Red Ball on 36ft court, 8-10 years old- Orange Ball on a 60ft court, 11-12 years old- Green Dot Ball on regular tennis court. 13-17 years old- Regular tennis ball on regular size court. Focus will be on strokes, rules and singles and doubles match play. Campers should wear sturdy tennis shoe (no black soles). Bring lunch, snack, and a racquet if you have one.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
267943	5-13	FTC	Dec 26-28	9:00AM-3:00PM	3	W-F	\$159
267944	5-13	FTC	Jan 2-4	9:00AM-3:00PM	3	W-F	\$159
267945	5-16	FTC	Dec 26-28	9:00AM-12:00PM	3	W-F	\$105
267946	5-16	FTC	Jan 2-4	9:00AM-12:00PM	3	W-F	\$105

Winter Skate Camp

Ages 7-13

For more information, call (510) 790-5546

Designed by professional skateboarder Jordan Richter, JRSA camps focus on skill building, goal setting, fun, and camaraderie. Students work through fun and challenging activities, earn badges and move up levels as skills and confidence grow. All instructors are CPR and FIRST AID certified and trained to teach safe skateboarding. All levels welcome.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269311	7-13	FSP	Jan 2-4	9:00AM-12:00PM	3	W-F	\$179

Pacific West Gymnastics

For more information, call (510) 494-4351

Gymnastics Pac West

Ages 3-6

Thanksgiving week Gymnastics Camp at Pac West UC! Camp Pac West invites your child to participate in our fun camps filled with high-energy, structured activities that'll incorporate gymnastics, taekwondo, dance, cooking, arts & crafts, group games, and more! Make new friends and have a fun experience with Camp Pac West! Camps are located at 32920 Alvarado Niles Rd. Ste #210. Union City.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
267228	3-6	PWGUC	Nov 19-21	8:30AM-11:30AM	3	M-W	\$145
267230	3-6	PWGUC	Dec 17-21	8:30AM-11:30AM	5	M-F	\$219
267231	3-6	PWGUC	Dec 26-28	8:30AM-11:30AM	3	W-F	\$145
267227	6-12	PWGUC	Nov 19-21	7:30AM-6:00PM	3	M-W	\$205
267221	6-12	PWGUC	Dec 17-21	7:30AM-6:00PM	5	M-F	\$319
267225	6-12	PWGUC	Dec 26-28	7:30AM-6:00PM	3	W-F	\$205



Need Morning and/or Afternoon Care?

Register for Extended Care

EXTENDED CARE

Central Park Teen Center

Ages 5-14

For more information, call (510) 790-5541

These options are for parents who require care for Central Park camps. Sign up separately each week for morning or afternoon care. Responsible staff will either walk or drive children to / from any City of Fremont camp in Central Park. A variety of activities will be provided. This extended care is for Thanksgiving Break Camps located at the Teen Center, Central Park Visitor Center, Fremont Community Center, and Nature Learning Center/Clean Water Classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268629	5-14	TNC	Dec 26-28	7:30AM-9:00AM	3	W-F	\$25
268632	5-14	TNC	Dec 26-28	3:00PM-6:30PM	3	W-F	\$55
268630	5-14	TNC	Jan 2-4	7:30AM-9:00AM	3	W-F	\$25
268631	5-14	TNC	Jan 2-4	3:00PM-6:30PM	3	W-F	\$55

Irvington Community Center

Ages 5-12

For more information, call (510) 494-4334

Extend your child's camp by registering for either the AM, PM, or even both! Qualified staff will provide a variety of games, activities, and snack!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
267931	5-12	IRCC	Jan 2-4	8:00AM-9:00AM	3	W-F	\$19
267932	5-12	IRCC	Jan 2-4	4:00PM-6:00PM	3	W-F	\$29

Fremont Tennis Center

Ages 5-17

For more information, call (510) 790-5510

Qualified staff will provide a variety of games, movies, activities, and snack!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
267939	5-17	FTC	Dec 26-28	8:00AM-9:00AM	3	W-F	\$19
267940	5-17	FTC	Jan 2-4	8:00AM-9:00AM	3	W-F	\$19
267941	5-17	FTC	Dec 26-28	3:00PM-6:30PM	3	W-F	\$45
267942	5-17	FTC	Jan 2-4	3:00PM-6:30PM	3	W-F	\$45



ACADEMIC ENRICHMENT CLASSES

Communication Academy

For more information, call (510) 494-4318

Public Speaking & Math Olympiad **Ages 6-11**

Save up to 10%! Experience two valuable classes, back-to-back, at a discounted price! Students attend two engaging classes from Communication Academy that explore two enrichment subjects at one convenient time-frame. Space is limited so don't delay on this amazing opportunity! Max of 12 students. Material fee: \$30-50. No class Feb. 16

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269735	6-8	IRCC	Jan 26-Apr 6	1:00PM-3:15PM	10	Sa	\$449
269736	9-11	IRCC	Jan 26-Apr 6	1:00PM-3:15PM	10	Sa	\$449

Advanced English:

Ages 6-11

Persuasive Writer

Is your child's writing convincing? Learn persuasive writing techniques like improved organization, reasoning, and explanations. Class focuses on reviews, opinion writing, reasons and evidence, and commercial writing. Max of 12 students per age group. Material Fee: \$25.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269731	6-8	IRCC	Jan 18-Mar 22	4:00PM-5:00PM	10	F	\$229
269732	9-11	IRCC	Jan 18-Mar 22	5:15PM-6:15PM	10	F	\$229

Math Olympiad

Ages 6-11

Develop a love of math and boost math grades! Math Olympiad allows students to shine while tackling challenging problems from previous competitions. Our ongoing series is designed to improve math intuition, develop reasoning skills, and master strategies in creative problem solving. Students are introduced to new principles and topics each quarter, and courses can be taken in any order. Small classes of 12 students allow for ample individual feedback from expert instructors! Students must know how to read and write. Material Fee: \$25. No class Feb. 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269733	9-11	IRCC	Jan 26-Apr 6	1:00PM-2:00PM	10	Sa	\$249
269734	6-8	IRCC	Jan 26-Apr 6	2:15PM-3:15PM	10	Sa	\$249

Public Speaking:

Ages 6-11 NEW!

Future Reporter

Do your students want to report on issues that matter? In Future Reporter students craft speeches about real-world subjects by confidently researching and speaking on topics they find important! Max 12 students per age group. Material Fee: \$25. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269729	6-8	IRCC	Jan 26-Apr 6	1:00PM-2:00PM	10	Sa	\$249
269730	9-11	IRCC	Jan 26-Apr 6	2:15PM-3:15PM	10	Sa	\$249



Little Nursing School

Ages 5-10 NEW!

For more information, (510) 790-5546

Little Nursing School brings medicine, science and the importance of health to children in an entertaining and engaging way. Children have fun and learn at the same time. Students will have the chance to learn about immunizations, administering shots, about blood and much more. Come join us as we explore the world of science and medicine. A \$20 supply fee is due at time of registration.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269281	5-10	CPVSC	Jan 23-Feb 27	3:30PM-4:30PM	6	W	\$125

U.S. Chess Mates

For more information, call (510) 494-4318

Chess Beginner

Ages 5-13

Chess teaches critical and abstract thinking, planning, logic, patience, and develops life skills. This class is for beginners with no previous chess experience. Students will be taught the basics of chess, such as movements and values of pieces, check and check-mate, and essential opening concepts. Each class will include 25 minutes of instruction and 25 minutes of tournament-style games. All supplies provided.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269284	5-13	LCCC	Jan 8-Feb 19	4:30PM-5:30PM	7	Tu	\$99
269285	5-13	LCCC	Feb 26-Apr 2	4:30PM-5:30PM	6	Tu	\$85
269286	5-13	WSCC	Jan 11-Feb 22	4:30PM-5:30PM	7	F	\$99
269287	5-13	WSCC	Mar 1-Apr 5	4:30PM-5:30PM	6	F	\$85

Chess Advanced

Ages 5-13

Expand your child's knowledge of chess. Focusing on theoretical and strategic aspects as well as advance play in all sections of chess, students will learn various tactics, openings, and end game solutions. This class is for those who have previous chess experience; not for beginners. Each class will include 25 minutes of instruction and 25 minutes of tournament style games. All supplies provided.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEES
269290	5-13	LCCC	Jan 8-Feb 19	5:40PM-6:40PM	7	Tu	\$99
269291	5-13	LCCC	Feb 26-Apr 2	5:40PM-6:40PM	6	Tu	\$85
269292	5-13	WSCC	Jan 11-Feb 22	5:40PM-6:40PM	7	F	\$99
269293	5-13	WSCC	Mar 1-Apr 5	5:40PM-6:40PM	6	F	\$85

Code for Fun

For more information, call (510) 790-5546

Junior Programmers

Ages 7-9

Learn to create your first programs using Scratch Jr.! Start with making a character dance to producing a full simulated environment. In this introductory sequence of projects for Scratch Jr., we gradually introduce a variety of practices and concepts while simultaneously introducing young coders to a variety of blocks and tools in Scratch Jr. Each of the projects is aligned with the algorithms and programming standards developed by the Computer Science Teachers Association (CSTA).

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269329	7-9	CFCL	Jan 8-Mar 26	4:30PM-5:30PM	12	Tu	\$275

Game and Art Design using Scratch

Ages 7-10

Explore, imagine and create! Start programming using Scratch (from MIT Labs) to make games and create digital art. Using programming language, students will learn computational thinking skills and put their imagination to work to create really fun drawings! Students will learn the basics of game design and features necessary to make a fun and interactive game with controls, scores, multiple levels, and user interface.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269331	7-10	CFCL	Jan 9-Mar 27	6:00PM-7:00PM	12	W	\$275

Intro to Programming with Robots

Ages 9-13

Learn through play! Combining a real robot with coding fires up a child's imagination, inspires dreams, and builds confidence! Navigate the robots through challenging maze, make robots react to their environment, complete coding puzzles on the tablet, work in teams to compete on fun games. Students will use a series of fun robots to engage with technology and use their critical thinking skills.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269330	9-13	CFCL	Jan 9-Mar 27	4:30PM-5:30PM	12	W	\$299



Mobile App Development for Android

Ages 9-14

Anyone Can Build Apps that Impact the World. Students will learn computational thinking with block-based programming language developed by MIT. They will create many apps while exploring various features of the mobile phones. This class is fun and easy even for beginners without any prior programming experience.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269332	9-14	CFCL	Jan 8-Mar 26	6:00PM-7:00PM	12	Tu	\$299

Intro to Python with Minecraft

Ages 10-15

Learn short and simple Python tricks and use them to modify Minecraft products to enjoy in 'Mine-ute' tons of 'Craft-y' awesome results! Customize Minecraft to make mini-games, duplicate entire buildings, and turn blocks into gold. Whether you're a Minecraft megafan or a newbie, you'll see Minecraft in a whole new light. Sure, you could spend all day mining for precious resources or building your mansion by hand, but with the power of Python, those days are over! Mine with us!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269333	10-15	CFCL	Jan 11-Mar 29	4:30PM-5:30PM	12	F	\$299

Intro Electronics & Microcontrollers Arduino

Ages 11-15

Learn how to design, assemble and program your first Arduino™ project while using a combination of mechanical, electrical and software engineering. Discover how to use controllers to operate lights, create sound, use sensors, motors and more. Learn about Engineering process, Arduino™ Board (hardware) and IDE (software), coding and problem solving strategies. Experiment electronic circuits, rapid prototyping using Arduino™ Microcontroller and embedded systems.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269334	11-15	CFCL	Jan 11-Mar 29	6:00PM-7:00PM	12	F	\$299

Warm Springs After School Care and Homework

Grades K-6th

This unique program provides staff-supervised pick up from Leitch and Warm Springs Elementary School, allowing for a smooth transition from school activities to a dedicated space for daily homework assistance. Our experienced and enthusiastic staff monitors homework and provides students quality help when needed. The care and homework support is offered in a structured and nurturing environment providing an opportunity for your child to thrive both academically and emotionally in their personal growth through our well-structured daily curriculum, nutritious snacks, outdoor supervised recess, and exciting fun activities at the Warm Springs Community Center. No class Jan 21; Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	TEE
269312	5-12	WSSC	Jan 11-Feb 8	3:00PM-6:00PM	20	M-F	\$495
269313	5-12	WSSC	Feb 11-Mar 11	3:00PM-6:00PM	20	M-F	\$495
269314	5-12	WSSC	Mar 12-Apr 8	3:00PM-6:00PM	20	M-F	\$495



SAT PREP

For more information, call (510) 494-4349

Math

Ages 13-19

An in-depth review of all 4 math content categories covered by the SAT. Students review/re-learn important math concepts that should be mastered for future math classes. Sample problems-multiple choice, 'grid-ins', & extended thinking - will be demonstrated in class. 5 practice exam sections will be given & graded in this class. Students receive personalized feedback. This class also prepares students for the PSAT. College admissions requirements & target score strategies will be discussed. No material fee-FULL SET of handouts (strategy sheets, practice tests, homework, & some class notes) included in class fee. Please bring pencils, paper, & a calculator to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
269463	13-19	WSSC	Mar 23-Apr 20	10:00AM-12:00PM	5	Sa	Wang \$165

SAT PREP-Reading & Writing

Ages 13-19

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students learn the basic concepts of and strategies for the Evidence-Based Reading, Writing & Language, and Essay sections. Session's includes 6 practice test sections-graded with personalized feedback from the instructor. This class also prepares students for the PSAT. College admissions requirements & target score strategies will be discussed. Any questions about specifics of the class: dsw008@gmail.com No material fee-FULL SET of handouts (strategy sheets, worksheets, practice exam sections, homework, & some class notes) included in class fee. Please bring pencils & paper to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
269462	13-19	WSSC	Feb 16-Mar 16	10:00AM-12:00PM	5	Sa	Wang \$165



AQUATICS

American Swim Academy

Classes are 30 minutes each. You must wear a swimsuit and bring a towel. The required ASA \$35 registration fee is included in the price listed. Registration will close at 4:30 p.m. on Dec. 21st. To withdraw after Dec. 21st, you must contact the American Swim Academy directly. You will not receive a refund however, you will receive an American Swim Academy credit minus a \$25 cancellation fee. **An American Swim Academy representative will contact you if any changes need to be made to your schedule.

Babies

Ages 6 mos - 35 mos

This is a parent participation class and all students must be accompanied by an adult in the water. All classes are taught in indoor heated pools heated to 92 degrees, creating a warm, inviting environment. This class combines water adaptation and safety. Once comfortable in the water, your child will learn safety skills, including holding his/her breath, floating, kicking and climbing out of the water. Non/Newly potty trained children are required to wear a swim diaper. Maximum 6 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269879	6-17	Jan 6-Mar 3	12:00PM-12:30PM	9	Su	\$242
269880	6-17	Jan 3-Mar 7	11:00AM-11:30AM	10	Th	\$205
269881	6-17	Jan 5-Mar 9	1:15PM-1:45PM	10	Sa	\$265
269882	18-35	Jan 6-Mar 3	2:30PM-3:00PM	9	Su	\$242
269883	18-35	Jan 7-Mar 4	9:30AM-10:00AM	9	M	\$188
269884	18-35	Jan 8-Mar 5	6:30PM-7:00PM	9	Tu	\$242
269885	18-35	Jan 2-Mar 6	9:00AM-9:30AM	10	W	\$205
269886	18-35	Jan 3-Mar 7	6:00PM-6:30PM	10	Th	\$265
269887	18-35	Jan 4-Mar 8	12:00AM-10:30AM	10	F	\$205
269888	18-35	Jan 5-Mar 9	11:30AM-12:00PM	10	Sa	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269889	6-17	Jan 6-Mar 3	1:00PM-1:30PM	9	Su	\$224
269890	6-17	Jan 7-Mar 4	11:00AM-11:30AM	9	M	\$170
269891	6-17	Jan 5-Mar 9	9:00AM-9:30AM	10	Sa	\$245
269892	18-35	Jan 6-Mar 3	1:30PM-2:00PM	9	Su	\$224
269893	18-35	Jan 7-Mar 4	6:00PM-6:30PM	9	M	\$224
269894	18-35	Jan 8-Mar 5	10:00AM-10:30AM	9	Tu	\$170
269895	18-35	Jan 2-Mar 6	11:00AM-11:30AM	10	W	\$185
269896	18-35	Jan 3-Mar 7	7:00PM-7:30PM	10	Th	\$245
269897	18-35	Jan 4-Mar 8	11:30AM-12:00PM	10	F	\$185
269898	18-35	Jan 5-Mar 9	11:00AM-11:30AM	10	Sa	\$245

Tots

Ages 3-4

The ultimate goals for our preschool swimmers are water comfort, water movement, and water safety. Instructors incorporate games and positive reinforcement to get swimmers comfortable in the water. Heavy emphasis is placed on water safety.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269899	3-4	Jan 6-Mar 3	2:15PM-2:45PM	9	Su	\$242
269900	3-4	Jan 7-Mar 4	9:00AM-9:30AM	9	M	\$188
269901	3-4	Jan 7-Mar 4	9:30AM-10:00AM	9	M	\$188
269902	3-4	Jan 7-Mar 4	4:30PM-5:00PM	9	M	\$242
269903	3-4	Jan 8-Mar 5	11:30AM-12:00PM	9	Tu	\$188
269904	3-4	Jan 8-Mar 5	3:30PM-4:00PM	9	Tu	\$242
269905	3-4	Jan 2-Mar 6	10:30AM-11:00AM	10	W	\$205
269906	3-4	Jan 2-Mar 6	3:30PM-4:00PM	10	W	\$265
269907	3-4	Jan 3-Mar 7	10:00AM-10:30AM	10	Th	\$205
269908	3-4	Jan 3-Mar 7	4:30PM-5:00PM	10	Th	\$265
269909	3-4	Jan 4-Mar 8	9:00AM-9:30AM	10	F	\$205
269910	3-4	Jan 4-Mar 8	11:30AM-12:00PM	10	F	\$205
269911	3-4	Jan 5-Mar 9	2:00PM-2:30PM	10	Sa	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269912	3-4	Jan 6-Mar 3	2:30PM-3:00PM	9	Su	\$224
269913	3-4	Jan 7-Mar 4	12:00PM-12:30PM	9	M	\$170
269914	3-4	Jan 7-Mar 4	1:00PM-1:30PM	9	M	\$170
269915	3-4	Jan 7-Mar 4	5:30PM-6:00PM	9	M	\$224
269916	3-4	Jan 8-Mar 5	1:30PM-2:00PM	9	Tu	\$170
269917	3-4	Jan 8-Mar 5	7:30PM-8:00PM	9	Tu	\$224
269918	3-4	Jan 2-Mar 6	1:00PM-1:30PM	10	W	\$185
269919	3-4	Jan 2-Mar 6	7:30PM-8:00PM	10	W	\$245
269920	3-4	Jan 3-Mar 7	10:30AM-11:00AM	10	Th	\$185
269921	3-4	Jan 3-Mar 7	7:00PM-7:30PM	10	Th	\$245
269922	3-4	Jan 4-Mar 8	10:30AM-11:00AM	10	F	\$185
269923	3-4	Jan 4-Mar 8	7:30PM-8:00PM	10	F	\$245
269924	3-4	Jan 5-Mar 9	1:30PM-2:00PM	10	Sa	\$245

Youth

Ages 5-8

The ultimate goals for our beginner swimmers are water comfort, water movement and safety and to begin learning the fundamentals of freestyle. All steps are broken down for easy learning and instructors make the classes fun with games and positive reinforcement.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269925	5-8	Jan 6-Mar 3	2:45PM-3:15PM	9	Su	\$242
269926	5-8	Jan 7-Mar 4	3:30PM-4:00PM	9	M	\$242
269927	5-8	Jan 7-Mar 4	4:30PM-5:00PM	9	M	\$242
269928	5-8	Jan 7-Mar 4	5:00PM-5:30PM	9	M	\$242
269929	5-8	Jan 8-Mar 5	4:00PM-4:30PM	9	Tu	\$242
269930	5-8	Jan 8-Mar 5	5:15PM-5:45PM	9	Tu	\$242
269931	5-8	Jan 2-Mar 6	3:30PM-4:00PM	10	W	\$265
269932	5-8	Jan 2-Mar 6	5:15PM-5:45PM	10	W	\$265
269933	5-8	Jan 3-Mar 7	3:30PM-4:00PM	10	Th	\$265
269934	5-8	Jan 3-Mar 7	5:00PM-5:30PM	10	Th	\$265
269935	5-8	Jan 4-Mar 8	4:30PM-5:00PM	10	F	\$265
269936	5-8	Jan 5-Mar 9	3:00PM-3:30PM	10	Sa	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269937	5-8	Jan 6-Mar 3	2:00PM-2:30PM	9	Su	\$224
269938	5-8	Jan 7-Mar 4	1:00PM-1:30PM	9	M	\$170
269939	5-8	Jan 7-Mar 4	3:30PM-4:00PM	9	M	\$224
269940	5-8	Jan 7-Mar 4	5:00PM-5:30PM	9	M	\$224
269941	5-8	Jan 8-Mar 5	2:30PM-3:00PM	9	Tu	\$170
269942	5-8	Jan 8-Mar 5	7:30PM-8:00PM	9	Tu	\$224
269943	5-8	Jan 2-Mar 6	1:30PM-2:00PM	10	W	\$185
269944	5-8	Jan 2-Mar 6	6:00PM-6:30PM	10	W	\$245
269945	5-8	Jan 3-Mar 7	9:30AM-10:00AM	10	Th	\$185
269946	5-8	Jan 3-Mar 7	7:30PM-8:00PM	10	Th	\$245
269947	5-8	Jan 4-Mar 8	12:00PM-12:30PM	10	F	\$185
269948	5-8	Jan 5-Mar 9	1:30PM-2:00PM	10	Sa	\$245





Youth (Homeschool)

Ages 5-8

We offer four levels of beginner classes ranging from first time in the water to perfecting the freestyle stroke. All steps are broken down for easy learning and instructors make classes fun with games and positive reinforcement. Earn Physical Education credits for your home-schooled child. Maximum 4 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269949	5-8	Jan 8-Mar 5	1:00PM-1:30PM	9	Tu	\$188
269950	5-8	Jan 3-Mar 7	1:00PM-1:30PM	10	Th	\$205

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269951	5-8	Jan 8-Mar 5	12:30PM-1:00PM	9	Tu	\$170
269952	5-8	Jan 3-Mar 7	12:30PM-1:00PM	10	Th	\$185

Teens (Homeschool)

Ages 9-14

Grouped primarily by age, this class allows our young teens to progress individually. Instructors determine their ability during the first class meeting. Earn Physical Education credits for your home-schooled child. Maximum 4 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269953	9-14	Jan 8-Mar 5	1:00PM-1:30PM	9	Tu	\$188
269954	9-14	Jan 3-Mar 7	1:00PM-1:30PM	10	Th	\$205

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269955	9-14	Jan 8-Mar 5	1:00PM-1:30PM	9	Tu	\$170
269956	9-14	Jan 3-Mar 7	1:00PM-1:30PM	10	Th	\$185

Stroke

Ages 9-14

Stroke training classes are for American Swim Academy graduates or summer league swimmers. The program focuses on stroke technique and the importance of learning proper form. Students will perform drills that isolate specific fundamentals for each of the four competitive strokes. Maximum 6 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269986	7 & up	Jan 6-Mar 3	3:15PM-3:45PM	9	Su	\$242
269987	7 & up	Jan 5-Mar 9	11:45AM-12:15PM	10	Sa	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269988	7 & up	Jan 6-Mar 3	3:00PM-3:30PM	9	Su	\$224
269989	7 & up	Jan 5-Mar 9	8:30AM-9:00AM	10	Sa	\$245

Teens

Ages 9-14

Grouped primarily by age, this class allows young teens to progress individually. Instructors determine their ability during the first class. Maximum 4 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269957	9-14	Jan 7-Mar 4	4:00PM-4:30PM	9	M	\$242
269958	9-14	Jan 8-Mar 5	4:00PM-4:30PM	9	Tu	\$242
269959	9-14	Jan 2-Mar 6	4:00PM-4:30PM	10	W	\$265
269960	9-14	Jan 3-Mar 7	4:00PM-4:30PM	10	Th	\$265
269961	9-14	Jan 4-Mar 8	4:00PM-4:30PM	10	F	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269962	9-14	Jan 7-Mar 4	4:30PM-5:00PM	9	M	\$224
269963	9-14	Jan 8-Mar 5	4:00PM-4:30PM	9	Tu	\$224
269964	9-14	Jan 2-Mar 6	3:30PM-4:00PM	10	W	\$245
269965	9-14	Jan 3-Mar 7	3:30PM-4:00PM	10	Th	\$245
269966	9-14	Jan 4-Mar 8	3:30PM-4:00PM	10	F	\$245

Water Aerobics

Ages 18 & up

Did you know Aqua Aerobics can help strengthen your muscles, increase flexibility and improve overall wellness? Consistent water fitness classes can help you keep fit throughout the year. Take advantage of our new low impact Aqua Aerobics classes in our heated, indoor pool.

BAR	AGE	DATE	TIME	#	DAY	FEE
270029	18 & up	Jan 8-Mar 5	9:00AM-9:45AM	9	Tu	\$125

Adults

Ages 15 & up

Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water to students wanting to perfect their stroke. Maximum 4 per class.

FREMONT LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269967	15 & up	Jan 7-Mar 4	7:45PM-8:15PM	9	M	\$242
269968	15 & up	Jan 8-Mar 5	9:00AM-9:30AM	9	Tu	\$188
269969	15 & up	Jan 2-Mar 6	9:00AM-9:30AM	10	W	\$205
269970	15 & up	Jan 3-Mar 7	9:00AM-9:30AM	10	Th	\$205
269971	15 & up	Jan 3-Mar 7	7:45PM-8:15PM	10	Th	\$265
269972	15 & up	Jan 4-Mar 8	9:00AM-9:30AM	10	F	\$205
269973	15 & up	Jan 4-Mar 8	6:45PM-7:15PM	10	F	\$265

NEWARK LOCATION

BAR	AGE	DATE	TIME	#	DAY	FEE
269975	15 & up	Jan 8-Mar 5	8:00PM-8:30PM	9	Tu	\$224
269978	15 & up	Jan 3-Mar 7	8:00PM-8:30PM	10	Th	\$245
269979	15 & up	Jan 5-Mar 9	3:00PM-3:30PM	10	Sa	\$245

NEWARK LOCATION - MEN ONLY

BAR	AGE	DATE	TIME	#	DAY	FEE
269985	15 & up	Jan 4-Mar 8	8:00PM-8:30PM	10	F	\$245

NEWARK LOCATION - WOMEN ONLY

BAR	AGE	DATE	TIME	#	DAY	FEE
269982	15 & up	Jan 7-Mar 4	8:00PM-8:30PM	9	M	\$224
269984	15 & up	Jan 2-Mar 6	8:00PM-8:30PM	10	W	\$245



ART

For more information, call (510) 494-4324

FUNDamental Drawing

Ages 4-6

Young Rembrandts FUNDamental drawing classes teach children the skills necessary to draw complex images. Children create in a step-by-step method as they develop observational skills, fine motor skills, handwriting readiness, and attention to detail. Children will learn how to follow directions, hold and use a pencil, increase their attention span, and grow their self-confidence so they will be successful in kindergarten.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267262	4-6	CCC	Jan 11-Feb 15	3:00PM-4:00PM	6	F	Young Rembrandts	\$129
267263	4-6	CCC	Feb 22-Mar 29	3:00PM-4:00PM	6	F	Young Rembrandts	\$129

Art Studio Workshop

Adults

Develop your artistic skills by choosing acrylic or watercolor paints to experiment with techniques to achieve your creative growth potential and bring out the artist within; drawing skills will also be taught. Beginner and the experienced artists are welcome.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268429	13 & up	CCC	Jan 22-Mar 12	6:30PM-8:30PM	8	Tu	Benoit	\$189



CERAMICS

For more information, call (510) 494-4324

Beginner's Pottery

Ages 7-15

Explore the world of pottery as you learn how to build useable ceramics from scratch with your hands, and continue your creativity with design and glaze! Make one-of-a-kind ceramics you can take home or gift to family or a friend.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268430	7-15	LCCC	Jan 18-Feb 15	5:00PM-7:00PM	5	F	Bettencourt	\$179
268431	7-15	LCCC	Feb 22-Mar 22	5:00PM-7:00PM	5	F	Bettencourt	\$179
268432	7-15	LCCC	Jan 10-Feb 7	5:00PM-7:00PM	5	Th	Bettencourt	\$179

Creative Claywork

Ages 4-7

Children's perceptual ability, motor skills, and artistic confidence are enhanced in this fun class focused on developing hand/eye coordination and utilizing basic hand-building skills. Participants will complete a variety of fun projects. Parents do not participate in this class. Fee includes firing and glazing.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268439	4-7	LCCC	Jan 9-Feb 6	3:15PM-4:15PM	5	W	Bettencourt	\$129
268440	4-7	LCCC	Jan 10-Feb 7	3:45PM-4:45PM	5	Th	Bettencourt	\$129
268441	4-7	LCCC	Feb 20-Mar 20	3:15PM-4:15PM	5	W	Bettencourt	\$129
268442	4-7	LCCC	Feb 14-Mar 14	3:45PM-4:45PM	5	Th	Bettencourt	\$129
268443	4-7	LCCC	Mar 21-Apr 18	3:45PM-4:45PM	5	Th	Bettencourt	\$129

Hands Together Ceramics

Ages 4-12

Roll, pinch, and pound! Explore ceramics with your child! Together, enjoy a tactile experience using clay as we hand-build playful projects and create personal treasures and memories that will last a lifetime. Class duration is 1 hour for ages 4-7; 2 hours for ages 8-12. On request, an extra adult/child can be added at a prorated amount. This is a parent / child class; parent must attend with child.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268444	4-7	LCCC	Jan 9-Feb 6	5:30PM-6:30PM	5	W	Bettencourt	\$139
268445	4-7	LCCC	Feb 20-Mar 20	5:30PM-6:30PM	5	W	Bettencourt	\$139
268446	8-12	LCCC	Jan 6-Feb 10	1:00PM-3:00PM	5	Su	Bettencourt	\$169
268447	8-12	LCCC	Feb 24-Mar 24	1:00PM-3:00PM	5	Su	Bettencourt	\$169

Ceramics for Adults

Ages 15 & up

Join in the adventures of clay; perfect for both beginners and those with experience! Beginners learn hand-building techniques: building a pinch pot, coil pot, slab-built vessel, glazing, and an introduction to wheel throwing. Intermediate/continuing students will receive instruction on current works and continuing instruction on the wheel. Material fee: \$15 per clay bag.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268435	15 & up	LCCC	Jan 10-Feb 28	7:00PM-9:30PM	8	Th	Bettencourt	\$239
268436	15 & up	LCCC	Jan 6-Feb 24	3:00PM-5:30PM	8	Su	Bettencourt	\$239
268437	15 & up	LCCC	Mar 7-Apr 25	7:00PM-9:30PM	8	Th	Bettencourt	\$239
268438	15 & up	LCCC	Mar 3-Apr 21	3:00PM-5:30PM	8	Su	Bettencourt	\$239

PHOTOGRAPHY

For more information, call (510) 494-4324

Digital Photography

Ages 13 & up

Learn camera basics and techniques for taking better pictures: portrait, action, travel, and close-up shots. Learn safe ways to store your pictures outside your camera and how to re-use the space on your memory card. Instructor Len Cook has 15 years experience as a photojournalist and over 25 years as a photographer and instructor.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268450	13 & up	IRCC	Feb 9-Mar 2	10:00AM-12:00PM	4	Sa	Cook	\$139

Digital Photography-Intermediate

Ages 13 & up

Take your photos to the next level! Learn to control your images and efficiently share them! Focal length, viewpoint, composition, lighting, sharpness and other controls contribute to the message in your photos. Explore free and low-cost photo editing software and online photo sharing. Get the best possible results from online or local printing services. Instructor Len Cook has 15 years experience as a photojournalist and over 25 years as a photographer and instructor.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268451	13 & up	IRCC	Mar 9-30	10:00AM-12:00PM	4	Sa	Cook	\$159

THEATER

Children's Little Theater

Ages 4-6

For more information, call (510) 494-4324

Younger actors will gain self-confidence and teamwork skills in this fun opportunity for a live stage experience (like the big kids). Learning and participating in theater can spark an interest in reading, while spending class time learning lines, receiving stage direction, designing their costume, and growing their stage voice.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268463	4-6	NVMH	Jan 22-Mar 19	4:30PM-5:30PM	9	Tu	\$189



COOKING

For more information, call (510) 494-4324

A-Z Cooking for Small Chefs

Ages 3-5

Allow your child to discover cooking while learning their ABC's. The program begins in fall with 'A' and ends in spring with 'Z'; participants learning the alphabet throughout fall/winter/spring. Simple, nutritious and delicious projects will focus on 'special' letters of the alphabet. Please let instructor know of any food allergies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268452	3-5	SHP	Jan 22-Feb 19	4:00PM-5:30PM	5	Tu	\$115
268453	3-5	SHP	Feb 26-Mar 26	4:00PM-5:30PM	5	Tu	\$115

Storybook Cooking for Small Chefs

Ages 3-5

In a small group setting, Small Chefs will learn how to follow directions, measure, mix, and learn kitchen safety, manners and etiquette. The stories from children's literature we read will inspire the recipes we learn to create through hands-on cooking. Please let instructor know of any food allergies. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268457	4-7	SHP	Jan 25-Feb 22	4:00PM-5:30PM	5	F	\$139
268458	4-7	SHP	Mar 1-29	4:00PM-5:30PM	5	F	\$139

Creative Chefs

Ages 7-11

This hands-on cooking series offers participants an opportunity to develop skills throughout the school-year. With individualized attention, participants will learn basic food and kitchen safety-from prepping to clean-up-ending the session with knowledge and confidence to cook for family and friends. Fall I-Basic Baking; Fall II-Everything But The Turkey; December-Holiday Cookies; Winter I-Simple Suppers; Winter II-Breakfast and Brunch; Spring-Desserts.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
268454	7-11	SHP	Jan 24-Feb 21	4:00PM-6:00PM	5	Th	\$179
268455	7-11	SHP	Feb 28-Mar 28	4:00PM-6:00PM	5	Th	\$179

DANCE

For more information, call (510) 494-4351

Dancing Darlings for Boys and Girls

Ages 2-3

Does your little one have energy and like to dance and twirl around the house? We'll direct that rhythmic energy in fun and social ways as we teach them the fundamentals of tap and ballet! Tap and ballet shoes are required. Parents are asked to participate with their child during the class. Please Note: No refunds based on gender participation.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
270032	2-3	CCC	Jan 16-Feb 13	5:00PM-5:45PM	5	W	Pia	\$69
270033	2-3	CCC	Feb 20-Mar 20	5:00PM-5:45PM	5	W	Pia	\$69

Magic Dance Art

Ages 3-6

This dynamic, sensory-friendly dance class offers creative movement and tumbling skills to children of ALL abilities. Instructors teaching this class have been certified and trained by the founder of MAGIC Dance Art, Chelsea Siouxson, who has a Master's Degree in Early Childhood Special Education. Encompassing a variety of sensory motor experiences-including beginning tumbling skills and interactive dance routines-your little one will explore the dynamics of rhythm and music. Classes are focused on developing social, communication, and motor skills. Come experience the MAGIC!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269794	3-6	CCC	Jan 19-Feb 16	9:00AM-9:50AM	5	Sa	\$69
269795	3-6	WSCC	Jan 19-Feb 16	10:15AM-11:15AM	5	Sa	\$69
269796	3-6	WSCC	Jan 19-Feb 16	11:30AM-12:30PM	5	Sa	\$69
270034	3-6	CCC	Feb 23-Mar 23	9:00AM-9:50AM	5	Sa	\$69
270035	3-6	WSCC	Feb 23-Mar 23	10:15AM-11:15AM	5	Sa	\$69
270036	3-6	WSCC	Feb 23-Mar 23	11:30AM-12:30PM	5	Sa	\$69

ABC Ballet

Ages 4-7

This dance recital performance class is a beginning instruction class introducing your child to the basics of ballet. One day, your little princess may grow up to become a true ballerina. Ballet shoes required. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269610	4-7	CCC	Jan 19-Mar 23	10:10AM-11:00AM	10	Sa	Pia	\$129



ABC Ballet for Little Twirlers

Ages 4-5

This dance recital performance class offers beginning instruction in the basics of ballet. One day, your little princess may grow up to become a true ballerina. Ballet shoes required. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269618	4-5	CCC	Jan 16-Mar 20	5:50PM-6:35PM	10	W	Pia	\$129

Ballet Princess Ball

Ages 4-6 NEW!

It's time to dance at the Princess Ball! In this dance recital performance class, beginning ballet dancers spend 45 minutes learning basic ballet technique that includes across the floor ballet walks that will help develop mobility skills and flexibility. Dancing to age-appropriate music will get your little Princess up and dancing! Your little Princess can wear her favorite Princess outfit with tiara and all! Don't be late for the Ball; register now! Ballet shoes required. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019. No class March 14.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269626	4-6	WSCC	Jan 16-Mar 20	5:45PM-6:30PM	10	W	Sheela	\$129
269627	4-6	CCC	Jan 17-Mar 28	4:45PM-5:30PM	9	Th	Sheela	\$119
269628	4-6	CCC	Jan 19-Mar 23	12:00PM-12:45PM	10	Sa	Pia	\$129

Bollywood Blossoms

Ages 4-7

This is a dance recital performance class taught by Sheela Pasi. Kids will build their posture, grace, expression, and coordination through dance in a safe environment. Focus will be on having fun while learning Bollywood dance. Participants should bring a water bottle and wear comfortable clothing. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019. No class March 14.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269648	4-7	WSCC	Jan 16-Mar 20	4:40PM-5:40PM	10	W	Sheela	\$129
269650	4-7	CCC	Jan 17-Mar 28	5:45PM-6:45PM	9	Th	Sheela	\$119

Disney Tap and Ballet**Ages 4-7**

This dance recital performance class is filled with exciting music and activities that provide your growing child with positive development that builds confidence. With ballet and tap as the foundation, and familiar music from all your Disney favorites, this class will bring imagination and fun to life! Tap and ballet shoes required. Space is limited. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269674	4-7	CCC	Jan 19-Mar 23	11:05AM-11:55AM	10	Sa	Pia	\$129

Disney Twinkle Toes**Ages 5-7**

In this new class, we merge a bit of ballet and a bit of creative dance for your twinkle toes dancer. This gives great opportunity to enhance mobile movement, flexibility, and social skills in a safe and fun environment for both boys and girls. Explore the art of dance to great Disney songs. Tumbling on gym mats may be incorporated in some of the classes. Ballet shoes required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269788	5-7	WSCC	Jan 16-Mar 20	6:35PM-7:35PM	10	W	Sheela	\$129

Hip Hop for Youth**Ages 7-12**

Have you wanted to learn the original styles of hip hop dancing; or just need somewhere to start learning this cool dance style? In this class, you will learn the basics of hip hop dance styles such as breakdancing and housing. Bring water and wear hip hop dance shoes or tennis shoes (no open-toed shoes or slippers). Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269792	7-12	LCCC	Jan 14-Mar 18	5:35PM-6:35PM	8	M	Cole	\$109

Ballet, Tap & Jazz Levels II/III**Ages 9-18**

This class is perfect for the intermediate/advanced dancer who enjoys several different styles of dance! Students will learn both technique and combinations in the styles of ballet, tap and jazz. At least 3 years of intermediate tap experience and 2 years of intermediate jazz experience is necessary to register. Tap & jazz shoes required! Wear comfortable clothing. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269779	9-18	CCC	Jan 14-Mar 18	5:30PM-7:00PM	8	M	Jessica	\$125

**Beginning Teen Lindy Hop Swing Dance****Ages 12-18**

In this NEW teen dance recital performance class, Smooth Style Lindy Hop is the flashy and fancy style of vintage-style 'jitterbug' swing dancing done in the movies and this class is designed for the creative, theatrical, and artistically-minded teen who want to have FUN. Participants will learn to dance to vintage Big Band, Rockabilly, Jump Blues, and early Rock n' Roll music. Class is for beginners who want to learn a challenging, creative, and fun partnered dance style. No experience required; just a desire to learn. Partners will rotate from time to time. No class March 8.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269646	12-18	CCC	Jan 18-Mar 29	3:45PM-4:45PM	9	F	Mike	\$119

Ballroom SWING Dance for Active Adults**Ages 18 & up**

In this new class, Mike Quebec-who has over 25 years experience- keeps this swing dance close to it's Lindy Hop roots with generous helpings of 1950s and '60's rhythm and blues and early rock n' roll. This is a great way to get your exercise while dancing for fun! On the last day of class we will have a dance party when dancers can practice their moves together in a social setting. Fee is per couple; you must have a partner to register. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019. No class March 8.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269640	18 & up	CCC	Jan 18-Mar 29	7:55PM-8:55PM	9	F	Mike	\$149

Adult Beginning Tap**Ages 16 & up**

Experience the fun rhythms of tap as you learn rhythmic and classic tapping techniques. No prior tap experience needed! Tap shoes required. Come have fun while learning the rhythms of TAP!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269620	16 & up	CCC	Jan 15-Mar 19	7:30PM-8:30PM	10	Tu	Jessica	\$129

Adult Tap for Intermediate/Advanced**Ages 16 & up**

Geared towards those who have had at least one (1) year of previous experience in intermediate or advanced tap, this class focuses on tap tricks and turns as well as advanced combinations. Instructor consent is required to register for this tap class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269622	16 & up	CCC	Jan 16-Mar 20	6:45PM-7:45PM	10	W	Jessica	\$135

Adult Tap for Seniors**Ages 55 & up**

In this senior tap class, participants must have completed one (1) year of beginning tap for adults. The pace in this class will move fast; great for getting your exercise. Tap shoes required. To insure you have a spot in class, sign up before class start date. Senior discount included in the fee. Come have a tappin good time!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269624	55 & up	CCC	Jan 16-Mar 20	3:45PM-4:45PM	10	W	Jessica	\$125

Ballet for Adults**Ages 16 & up**

This ballet for adults class is taught by Miss Jessica Gurulé who will inspire you to dance with grace! You will learn basic ballet and stretching techniques expressing yourself through dance while getting a great workout. No experience necessary. Ballet shoes and comfortable clothing required. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269632	16 & up	CCC	Jan 15-Mar 19	6:30PM-7:30PM	10	Tu	Jessica	\$135

**Ballroom Dance for Adults-Beginners****Ages 18 & up**

In this new beginner ballroom social class, Mike Quebec-who has over 25 years, experience-will teach the basics of East Coast Swing, Cha Cha, Nightclub Two-Step, and other dances. This is a fun and friendly environment to learn social dances for parties and weddings. Evening dress shoes are recommended. Cost is per couple, so bring your partner and have a great time. See you on the dance floor! No class March 8.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269638	18 & up	CCC	Jan 18-Mar 22	6:45PM-7:45PM	9	F	Mike	\$149

Bollywood for Adults**Ages 16 & up**

Feel the magic of Bollywood dance focusing on different dance combos while learning a complete choreography. You will learn the facial and hand gestures with a fusion of detailed dance steps. Bring a water bottle and wear comfortable clothing. This class is a spring recital class. Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269784	16 & up	WCCC	Jan 16-Mar 20	7:45PM-8:45PM	10	W	Sheela	\$129

Hip Hop for Adults**Ages. 16 & up**

This adult Hip Hop beginner class offers rhythm and the latest music to get your body moving in a healthy way! Taught by our very own Hip Hop King, Mr. Ricky Ho, you will be energized and motivated to express yourself through dance. Designed for the beginner to intermediate; don't be afraid to try it out! Supported jazz sneakers or tennis shoes recommended. Encourage a friend to sign up with you! Spring: 2019 Dance Recital - May 30, May 31, and June 1, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269790	16 & up	LCCC	Jan 14-Mar 18	6:45PM-7:45PM	8	M	Ricky	\$129

EVENTS & WORKSHOPS

Earthquake Walk Central Park, Fremont

Ages 8 & up

For more information, call (510) 790-5546

Over the last million years, the natural beauty of Fremont has been shaped by the Hayward Fault. In association with the USGS, Math Science Nucleus instructors will lead these tours and expose the science and beauty of the fault. One of 10 active faults in the world creeping at 5 mm/year. The tour takes place at Central Park and explores faulting effects in both natural and urban environments. View the floor that reveals dramatic evidence of this fault activity. (Children under 14 must be accompanied by an adult) Tours begin at the Fremont Earthquake Exhibit (Fremont Community Center, 40204 Paseo Padre Pkwy).

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269282	8 & up	FCC	Mar 9	9:30AM-11:00AM	1	Sa	\$15
269283	8 & up	FCC	Mar 30	9:30AM-11:00AM	1	Sa	\$15

MAGIC

For more information, call (510) 494-4324

Abracadabra Kids

Ages 4-6

Hocus pocus-Abracadabra! Students are introduced to magic through simple 'self-working' magic tricks that the junior magicians take home to dazzle their family. Children will develop fine motor skills, self-confidence and encourage creativity. Between learning tricks and having fun, the instructor will entertain the children with magic tricks. Each child receives a magic wand, Magician's Assistant Certificate and the simple tricks they have learned. This is a parent participation class. Fee is per parent/child pair. \$4 material fee due at class. Optional Wizard Hat additional \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268460	4-6	OHAC	Feb 11	6:30PM-7:40PM	1	M	Wertman	\$29

An Evening of Magic-

Ages 7-12

Parent/Child Magic Workshop

Discover the art of magic with your child! Learning magic tricks develops self-confidence, ignites creativity, and may further develop fine motor skills. Explore a variety of simple magic tricks-such as learning how to make something disappear or how to read a mind-in an encouraging and enjoyable environment. Each registrant receives a magic wand, Magician's Assistant Award, several manufactured basic magic tricks and materials to perform the tricks that can be done with household items. \$6 material fee due at first class per parent/child pair.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268461	7-12	CPVSC	Mar 1	6:45PM-8:30PM	1	F	Wertman	\$29



DOG TRAINING

For more information, (510) 790-5546

Canine Life Skills-

Ages 14 & up

Manners and Obedience for dogs

Cheryl uses reward-based training methods to teach dogs self-control, basic manners, obedience and focus among distractions. Owners will gain knowledge of how dogs learn and skills to prevent and address behavior problems. Include your phone number and email address when registering, so the trainer can provide you with instructions before the first class. Bring your dog to all five sessions. This course is taught by Professional Dog Trainer-Cheryl Collett, CTC.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269288	14 & up	FCC	Jan 23-Feb 20	7:00PM-7:50PM	5	W	\$145

Intermediate Training and Tricks Class

Ages 14 & up

Cheryl uses reward-based methods to teach dog handlers to get quicker and more reliable responses while adding distractions and challenges. We'll work on improving impulse control, responding quicker to coming when called, walking on a loose leash with distractions, greeting politely, staying in place until released and more. Working on tricks and mental exercises makes it fun for all and builds a better bond between dogs and their humans. Include phone and email address when registering. Prerequisite: Dogs should have taken a basic obedience class or puppy kindergarten class or have instructor's approval. This course is taught by Professional Trainer-Cheryl Collett, CTC.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269289	14 & up	FCC	Jan 23-Feb 20	8:00PM-8:50PM	5	W	\$145

FITNESS & HEALTH

GYMNASTICS

Demaray's Gymnastic Academy

Please Note: Due to the need of using chalk on the major equipment, there may be chalk dust in the air.

For more information, call (510) 494-4351

Parent and Me Gymnastics

Ages 3-5

Join in the fun with your child! Little tumblers will be introduced to floor exercises, movement, and basic use of equipment including obstacle course, trampoline, bars and balance beam. No makeups and no prorated fees. Parent participation is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269493	3-5	DGA	Jan 19-Feb 23	9:00AM-10:00AM	6	Sa	\$79
269494	3-5	DGA	Jan 19-Feb 23	10:00AM-11:00AM	6	Sa	\$79
269495	3-5	DGA	Mar 2-30	9:00AM-10:00AM	5	Sa	\$69
269496	3-5	DGA	Mar 2-30	10:00AM-11:00AM	5	Sa	\$69

Tumble Tots

Ages 3-5

Tots will learn advanced motor development through use of an obstacle course, floor movement and balance beam. Bridges, advanced cartwheels, basic skills on bars and trampoline will be introduced. No makeups and no prorated fees. No class Jan 21 & Feb. 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269497	3-5	DGA	Jan 14-Feb 4	4:15PM-5:15PM	4	M	\$55
269498	3-5	DGA	Jan 16-Feb 20	4:15PM-5:15PM	6	W	\$79
269499	3-5	DGA	Feb 25-Mar 25	4:15PM-5:15PM	5	M	\$69
269500	3-5	DGA	Feb 27-Mar 27	4:15PM-5:15PM	5	W	\$69
269501	3-5	DGA	Jan 16-Feb 20	6:15PM-7:15PM	6	W	\$79
269503	3-5	DGA	Feb 27-Mar 27	6:15PM-7:15PM	5	W	\$69
269504	3-5	DGA	Jan 19-Feb 23	10:00AM-11:00AM	6	Sa	\$79
269505	3-5	DGA	Mar 2-30	10:00AM-11:00AM	5	Sa	\$69
269506	3-5	DGA	Jan 19-Feb 23	11:00AM-12:00PM	6	Sa	\$79
269507	3-5	DGA	Mar 2-30	11:00AM-12:00PM	5	Sa	\$69
269508	3-5	DGA	Jan 17-Feb 21	4:15PM-5:15PM	6	Th	\$79
269509	3-5	DGA	Feb 28-Mar 28	4:15PM-5:15PM	5	Th	\$79
269510	3-5	DGA	Jan 17-Feb 21	6:15PM-7:15PM	6	Th	\$79
269511	3-5	DGA	Jan 18-Feb 22	5:15PM-6:15PM	6	F	\$79
269512	3-5	DGA	Jan 18-Feb 22	6:15PM-7:15PM	6	F	\$79
269513	3-5	DGA	Mar 1-29	6:15PM-7:15PM	5	F	\$79
269514	3-5	DGA	Mar 1-29	5:15PM-6:15PM	5	F	\$79
269515	3-5	DGA	Jan 19-Feb 23	9:00AM-10:00AM	6	Sa	\$79
269516	3-5	DGA	Feb 28-Mar 28	6:15PM-7:15PM	5	Th	\$69
269502	3-5	DGA	Mar 2-30	9:00AM-10:00AM	5	Sa	\$69



Boys & Girls Beg/Adv L1-2

Ages 5 & up

Participants will learn basic moves on floor, uneven bars, balance beam, and vault, along with conditioning and flexibility. No makeups and prorated fees. No class Jan 21 & Feb. 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269479	5 & up	DGA	Jan 14-Feb 11	4:15PM-5:15PM	4	M	\$55
269480	5 & up	DGA	Feb 25-Mar 25	4:15PM-5:15PM	5	M	\$69
269481	5 & up	DGA	Jan 16-Feb 20	3:15PM-4:15PM	6	W	\$79
269482	5 & up	DGA	Jan 17-Feb 21	4:15PM-5:15PM	6	Th	\$79
269483	5 & up	DGA	Feb 28-Mar 28	4:15PM-5:15PM	5	Th	\$69
269484	5 & up	DGA	Jan 18-Feb 22	6:15PM-7:15PM	6	F	\$79
269485	5 & up	DGA	Mar 1-29	6:15PM-7:15PM	5	F	\$69
269486	5 & up	DGA	Jan 19-Feb 23	10:00AM-11:00AM	6	Sa	\$79
269487	5 & up	DGA	Mar 2-30	10:00AM-11:00AM	5	Sa	\$69
269488	5 & up	DGA	Feb 27-Mar 27	3:15PM-4:15PM	5	W	\$69

Boys & Girls Intermediate Level 3

Ages 5 & up

The intermediate level training is a higher level of skills that require that the gymnast has shown adequate skill performance of beginner/advanced level skills prior to enrollment in this level. If you have questions about what is the appropriate level for your child please contact Demaray's. No makeups and no prorated fees. Prerequisite requirement: prior enrollment in at least two (2) sessions at the beginner/advanced beginner level.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269489	5 & up	DGA	Jan 15-Feb 19	6:15PM-7:15PM	6	Tu	\$79
269490	5 & up	DGA	Jan 18-Feb 22	6:15PM-7:15PM	6	F	\$79
269491	5 & up	DGA	Feb 26-Mar 26	6:15PM-7:15PM	5	Tu	\$69
269492	5 & up	DGA	Mar 1-29	6:15PM-7:15PM	5	F	\$69



Pacific West Gymnastic

For more information, call (510) 494-4351

Glow Worm

Ages 1-3

This is a structured parent/child class designed to improve basic motor skills, coordination, listening skills, fitness and self-confidence. Pacific West's Tumble Tots Glow Worms is a monthly themed preschool gymnastics class incorporating games, obstacle courses, pit play, trampoline bouncing, and toddler tumbling, combined with cognitive and manipulative activities, and social interaction; all within the fun environment of our bright and spacious facility. No class Jan 21 & Feb. 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269533	1-3	PWGF	Jan 14-Mar 25	7:00PM-7:45PM	9	M	\$175
269534	1-3	PWGF	Jan 15-Mar 26	10:00AM-10:45AM	11	Tu	\$215
269535	1-3	PWGF	Jan 18-Mar 29	11:00AM-11:45AM	11	F	\$215

Inch Worm

Ages 3-5

The Pacific West Tumble Tots Preschool Gymnastics Inch Worms program is a monthly themed class incorporating games, obstacle courses, pit play, trampoline bouncing, and toddler tumbling combined with cognitive and manipulative activities, and social interaction. This class is designed for children who are emotionally prepared to participate in class independently. Our instructors will engage your child's imagination through theme-centered games, structured play, and physical agility fitness. No class Jan 21 & Feb. 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269539	3-5	PWGF	Jan 14-Mar 25	10:00AM-10:45AM	9	M	\$189
269540	3-5	PWGF	Jan 16-Mar 27	4:00PM-4:45PM	11	W	\$235
269541	3-5	PWGF	Jan 18-Mar 29	11:00AM-11:45AM	11	F	\$235



Squiggle Worm

Ages 4-5

Designed to target the eager mind of boys and girls ages four to five years, our monthly themed Squiggle Worms preschool gymnastics class will incorporate games, obstacle courses, pit play, trampoline bouncing, and toddler tumbling with cognitive and manipulative activities and social interaction. Obstacle courses, games and themed instruction combined with our innovative coaching styles provide basic tools for enhancing motor skills and fundamental gymnastics.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269517	4-5	PWGF	Jan 15-Mar 26	6:00PM-6:55PM	11	Tu	\$215
269518	4-5	PWGF	Jan 17-Mar 28	6:00PM-6:55PM	11	Th	\$215
269519	4-5	PWGF	Jan 18-Mar 29	5:00PM-5:55PM	11	F	\$215

Girls Only

Ages 6-12

Instructors use creativity and their love for gymnastics to teach basic gymnastic skills designed to build strength, flexibility, and confidence. Pacific West's Girl's Level 1 gymnastics program is designed for girls ages 6 -12 years. This class is fun, energetic, and friendship-building. No experience is required, just a desire to try something new and fun.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269523	6-12	PWGUC	Jan 20-Mar 31	9:00AM-9:55AM	11	Su	\$259
269525	6-12	PWGF	Jan 14-Mar 11	6:00PM-6:55PM	9	M	\$215
269526	6-12	PWGF	Jan 16-Mar 27	7:00PM-7:55PM	11	W	\$259
269527	6-12	PWGF	Jan 18-Mar 29	4:00PM-4:55PM	11	F	\$259
269528	6-12	PWGF	Jan 19-Mar 30	9:00AM-9:55AM	11	Sa	\$259

MARTIAL ARTS

Beginning Aikido for Kids

Ages 6-12

For more information, call (510) 494-4318

Increase self-confidence and personal safety without learning violence or aggression. Aikido is a traditional Japanese martial discipline that incorporates exercise, awareness, cooperation, respect, and self-discipline. Loose-fitting clothing that covers arms and legs, or a training uniform (preferably a judo gi), is recommended.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269294	6-12	FCC	Jan 28-Mar 11	6:15PM-7:15PM	6	M	Mark	\$65
269295	6-12	FCC	Mar 18-Apr 22	6:15PM-7:15PM	6	M	Mark	\$65

Martial Arts America

For more information, call (510) 494-4351

KARATE for Kids

Ages 7-12

The Karate for Kids Taekwondo program is for children 7-12 years old. In this 45-minute class, students will focus on drill sets that require memorization of 1-5 moves at a time focusing on basic stances, blocks, kicks, and hand techniques. The material taught is designed to teach focus, increased self control, and self awareness. An official Martial Arts America uniform is required in each class and is available at class for \$60. No class Jan 21 and Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269545	7-12	MAA	Jan 16-Mar 20	4:00PM-4:45PM	10	W	\$145
269546	7-12	MAA	Jan 19-Mar 23	10:30AM-11:15AM	10	Sa	\$145

TINY TIGERS

Ages 5-6

Tiny Tigers Taekwondo is a program geared towards children 5-6 years and focuses on basic stances, blocks, kicks and hand techniques. The material taught in this 30-minute class is designed to teach focus, increased self control and self awareness. An official Martial Arts America uniform is required in each class and is available at this location for \$60. Bare feet only on the floor please. * Tiny Tigers may only register for one (1) day per week (multiple session registration is not allowed due to class size). No class Jan. 21 and Feb. 18, 2019.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269549	5-6	MAA	Jan 15-Mar 19	4:45PM-5:15PM	10	Tu	\$149
269550	5-6	MAA	Jan 17-Mar 21	5:00PM-5:30PM	10	Th	\$149
269551	5-6	MAA	Jan 19-Mar 23	10:00AM-10:30AM	10	Sa	\$149
269552	5-6	MAA	Jan 14-Mar 18	6:00PM-6:30PM	10	M	\$129

KRAV MAGA/ Self Defense Training

Ages 15-50

Krav Maga is a self-defense program using fitness, boxing, kicks, weapons defense, ground defense, and other mixed systems taught in block form: one week focuses on hand techniques; another on ground defense; and another on weapons defense. This rotating curriculum allows a variety of material to be taught keeping things moving and students stimulated. Students must be in good physical condition with no orthopedic issues. ONLY register for one (1) class per week! Material fee: \$60 due at first class for required official Martial Arts America Krav Maga gloves. Cash/check preferred (2% charge will be incurred on credit card transactions). **Bare feet, brand new indoor-only wrestling shoes, or 5-finger shoes ONLY. No outside shoes allowed! No class Jan. 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269547	15-50	MAA	Jan 14-Mar 18	7:30PM-8:20PM	8	M	\$105
269548	16-50	MAA	Jan 19-Mar 23	9:00AM-9:50AM	10	Sa	\$129

KENDO: The Way of the Sword

For more information, call (510) 494-4318

Beginner

Ages 7 & up

Practitioners will learn the fundamental body movements and characteristics of Kendo. Material fee of \$35 for Shinai (Bamboo sword) and a bag is due at first class. Uniform is not required, but recommended. Wear comfortable clothes. On request, an extra adult/child can be added at a prorated amount for family discount. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269715	7 & up	WSSC	Jan 7-Mar 25	6:00PM-7:00PM	10	M	Ichimura	\$149

Beginner II/Advanced

Ages 7 & up

Beginner II-This is for those who have completed the beginner class or are able to demonstrate basic movements of Kendo. Participation requires Kendo uniform and Bokuto (wooden sword). No class Jan 21; Feb 18. Advanced -This is for experienced Kendo practitioners who have either completed the Beginner II class or are able to demonstrate proficiency in the fundamentals of Kendo. Participation requires Kendo uniform, Bokuto (wooden sword) and protective gear (Bogu). No class Jan 21; Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269717	7 & up	WSSC	Jan 7-Mar 25	7:10PM-9:00PM	10	M	Ichimura	\$149



SWIM LESSONS

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High Intensity Boot Camp

Ages. 18 & up

Fitness for Adults

For more information, call (510) 494-4351

Whether you're looking to lose weight, tone up, become more active, or just be a part of a supportive community, High-Intensity Boot Camp Fitness is just right for you. These 45-minute classes are designed for busy individuals who are motivated to achieve real results. Each session focuses on body toning, strength training, core and cardiovascular conditioning. Through proper usage of versatile fitness equipment like TRX®, Bosu®, medicine balls, battle ropes, kettlebells, and more, you'll rapidly improve your fitness level while improving weight-loss results. Bring an exercise mat, towel, and water. No class Jan. 21.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269404	18 & up	IRCC	Jan 26-Feb 23	9:00AM-9:45AM	5	Sa	Dan	\$79
269405	18 & up	IRCC	Mar 2-30	9:00AM-9:45AM	5	Sa	Dan	\$79
269780	18 & up	CCC	Jan 14-Feb 11	7:30PM-8:15PM	4	M	Dan	\$65
269781	18 & up	CCC	Feb 25-Mar 25	7:30PM-8:15PM	5	M	Dan	\$79

YOGA

For more information, call (510) 494-4318

Beginner

Ages 18 & up

This beginner level class introduces you to a basic practice of Yoga and its mind/body benefits. Guided by detailed instructions, you will learn foundational poses with proper forms for developing strength and flexibility. Each class starts with a deep breathing exercise and ends with relaxation to rejuvenate your mind and body. No experience required; just a desire to learn and participate. Wear comfortable clothing. Bring your own yoga mat and water. No class Mar 23-26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269737	18 & up	CCC	Jan 8-Feb 26	11:00AM-12:00PM	8	Tu	Tsoi	\$89
269738	18 & up	CCC	Mar 5-Apr 16	11:00AM-12:00PM	6	Tu	Tsoi	\$69
269739	18 & up	CCC	Jan 17-Mar 7	9:30AM-10:30AM	8	Th	Tsoi	\$89
269740	18 & up	CCC	Mar 14-Apr 18	9:30AM-10:30AM	5	Th	Tsoi	\$59
269741	18 & up	TNC	Jan 12-Feb 23	9:30AM-10:30AM	7	Sa	Tsoi	\$79
269742	18 & up	TNC	Mar 2-Apr 13	9:30AM-10:30AM	6	Sa	Tsoi	\$69

Intermediate

Ages. 18-65

A continuation of Beginner Yoga, this intermediate level class is designed for students with prior Yoga experience. We will review and learn beginner/intermediate level poses to deepen your Yoga practice, further improving strength and flexibility. This class is taught at a faster pace with more challenging poses than Beginner Yoga. We also practice deep breathing and relaxation, essential to any level of Yoga. Wear comfortable clothing. Bring your own mat and water. No class Mar 23-26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269743	18-65	CCC	Jan 8-Feb 26	9:30AM-10:30AM	8	Tu	Tsoi	\$89
269744	18-65	CCC	Mar 5-Apr 16	9:30AM-10:30AM	6	Tu	Tsoi	\$69
269745	18-65	TNC	Jan 12-Feb 23	10:45AM-11:45AM	7	Sa	Tsoi	\$79
269746	18-65	TNC	Mar 2-Apr 13	10:45AM-11:45AM	6	Sa	Tsoi	\$69

ZUMBA

For more information, call (510) 494-4351

Zumba Dance Fusion

Ages 18 & up

Designed for those who need a pick-me-up during the day and great for those working adults who need to get away from their desk and get moving. Taught by a licensed Zumba instructor. Beginners are encouraged to join! .Go at your own pace! Bring 2-lb hand weights and water. Wear workout clothing and tennis shoes.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269803	18 & up	CCC	Jan 29-Mar 12	12:10PM-12:50PM	6	Tu	\$69

Zumba Fridays

Ages 18 & up

It's a Zumba party! Have fun while exercising to Latin-inspired beats. All are welcome. Taught by a licensed Zumba instructor, 'Monicah'. Must register prior to first class! Bring water and wear comfortable clothes you can move in.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269804	18 & up	CCC	Jan 18-Mar 22	10:00AM-11:00AM	10	F	Monicah	\$139

Zumba Nighttime

Ages 18 & up

It's Zumba time! Explore the fundamentals of Zumba incorporating world music and dance styles such as samba, salsa, merengue, and more. Burn calories, keep fit, and have fun while exercising to Latin-inspired beats. All are welcome. Taught by a licensed Zumba instructor. Bring water, wear clothes you can move in and get your groove on! Register prior to first class. No class March 14.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269806	18 & up	CCC	Jan 17-Mar 28	7:00PM-8:00PM	9	Th	\$119



MUSIC

Kindermusik

Newborn - 3 Years

For more information, call (510) 494-4324

Sing and play along with favorite songs in this unique opportunity for parent/child interaction. Learn together in an unhurried, joyful manner while connecting with other parents and babies through movement and music. The class reflects the latest research on music and early childhood development and enhances the emotional foundations of school readiness. Late registration accepted. Material fee: \$65/family due on the first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
267533	1-3	NVMH	Jan 10-Mar 7	10:40AM-11:25AM	9	Th	Shpits	\$199

Little Panda

Ages 1-4

For more information, call (510) 494-4318

Little Panda is a developmentally appropriate music and movement program conducted mostly in Mandarin Chinese. Young children will participate in fun activities, including singing, chanting, moving, dancing, focused listening, and playing simple instruments. This parent-participation class is informal, providing a stimulating experience for both children and caregivers, regardless of one's musical and Mandarin language abilities. No previous language experience is necessary. Fee is per parent/child pair. \$25 material fee due at first class for songbook and CD. Instructor Jill Chin, MA Education, Music Teacher Certificate.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269279	1-4	IRCC	Jan 11-Mar 15	9:45AM-10:30AM	10	F	Chin	\$179
269280	1-4	IRCC	Jan 11-Mar 15	10:45AM-11:30AM	10	F	Chin	\$179



Melody Academy of Music

For more information, call (510) 494-4324

Piano Beginners

Ages 4-7

Enrich children's lives with music through a variety of fun activities! Learn various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, and reading music. A parent is required to attend with the child. Only registered students permitted in the classroom. Non-refundable material fee: \$45

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268464	4-5	MAM	Jan 5-Feb 9	10:00AM-10:45AM	6	Sa	MAM	\$179
268465	4-5	MAM	Jan 20-Feb 24	2:00PM-2:45PM	6	Su	MAM	\$179
268466	4-5	MAM	Feb 7-Mar 14	5:00PM-5:45PM	6	Th	MAM	\$179
268467	4-5	MAM	Feb 11-Mar 25	4:30PM-5:15PM	6	M	MAM	\$179
268468	4-5	MAM	Feb 23-Mar 30	1:00PM-1:45PM	6	Sa	MAM	\$179
268469	5-7	MAM	Jan 5-Feb 9	11:00AM-11:45AM	6	Sa	MAM	\$179
268470	5-7	MAM	Jan 20-Feb 24	3:00PM-3:45PM	6	Su	MAM	\$179
268471	5-7	MAM	Feb 7-Mar 14	6:00PM-6:45PM	6	Th	MAM	\$179
268472	5-7	MAM	Feb 11-Mar 25	5:30PM-6:15PM	6	M	MAM	\$179
268473	5-7	MAM	Feb 23-Mar 30	2:00PM-2:45PM	6	Sa	MAM	\$179

Group Guitar Beginners

Ages 7-13

Enrich children's lives with music through the guitar! Beginners will focus on learning basic skills and techniques, such as reading notes, rhythm, and music theory. Please bring your own guitar. Non-refundable material fee: \$25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268481	7-13	MAM	Feb 23-Mar 30	12:00PM-12:45PM	6	Sa	MAM	\$179

Group Violin Class

Ages 6-13

Enrich children's lives through music with the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Please bring your own violin to the first day of class. Violin rental program provided-ask for details on first day of class. Non-refundable material fee: \$25; additional \$20 with violin rental.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268476	6-13	MAM	Jan 5-Feb 9	1:00PM-1:45PM	6	Sa	MAM	\$179
268477	6-13	MAM	Feb 10-Mar 17	12:00PM-12:45PM	6	Su	MAM	\$179

Group Flute

Ages 7-13

Enrich children's lives through music with the flute! Learn music fundamentals such as note reading, rhythm, and music theory. Please bring your own flute. Non-refundable materials fee: \$25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
268479	7-13	MAM	Jan 16-Feb 20	6:30PM-7:15PM	6	W	MAM	\$179
268480	7-13	MAM	Feb 21-Mar 28	5:00PM-5:45PM	6	Th	MAM	\$179

Beginning/Continuing Music

For more information, call (510) 494-4318

Guitar

Ages 6-16

This is a group guitar class for kids of any age! Beginners will learn the basics of guitar playing including melodies, chords and reading music. Experienced players will have lessons tailored to their skill level. Instructor Julie Thomas, BA Piano and Guitar, AA Performing Arts. Students need to bring their guitar and pick to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269751	6-16	WSCC	Jan 12-Feb 16	9:00AM-9:50AM	6	Sa	\$175
269752	6-16	WSCC	Feb 23-Mar 30	9:00AM-9:50AM	6	Sa	\$175

Adult Guitar

Ages 17 & up

Learn the basics of guitar playing including melodies, chords and reading music in this self-paced, progress-oriented class. Beginners are welcome! Experienced players who join the class will receive lessons tailored to their skill level. Students need to bring a guitar and pick to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269747	17 & up	WSCC	Jan 12-Feb 16	10:50AM-11:40AM	6	Sa	\$175
269748	17 & up	WSCC	Feb 23-Mar 30	10:50AM-11:40AM	6	Sa	\$175

Keyboard

Ages 4 & up

Beginners who have never played before will enjoy a fun introduction to keyboard through learning of finger positions, note reading, theory and rhythm, and ear training. Experienced players will have lessons tailored to their skill level. We will play piano music on keyboards. Bring any type of battery-operated keyboard.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269749	4 & up	WSCC	Jan 12-Feb 16	9:55AM-10:45AM	6	Sa	\$175
269750	4 & up	WSCC	Feb 23-Mar 30	9:55AM-10:45AM	6	Sa	\$175



Ukulele for Fun!

Ages 4 & up

The ukulele (uke) has come a long way . . . it has become integrated into a variety of musical genres from reggae to jazz, and pop to country and is played by young and old alike. Youngsters can be found jamming at school between classes, at the park, and at the mall. The sound embraces everyone who hears it. Using only the last four strings, the uke is similar to the guitar, and is gaining in popularity every day due to its flexibility, fun, and ease of play! Ukulele class is open to any age, and lessons are tailored to your own skill level, Beginner through Advanced. Students need to bring their ukulele to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269753	4 & up	WSCC	Jan 12-Feb 16	12:35PM-1:20PM	6	Sa	\$175
269754	4 & up	WSCC	Feb 23-Mar 30	12:35PM-1:20PM	6	Sa	\$175

Violin Study

Ages 4 & up

This is a group class where students receive individual instruction specific to each person's skill level. Children as young as 4 may join and will start on basics. Older children and experienced students will receive continuing lessons at a more advanced level. Class covers note reading, theory, rhythm, composition, technique, and posture for violin and bow. Each student needs to bring a violin and bow to class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269755	4 & up	WSCC	Jan 12-Feb 16	11:45AM-12:35PM	6	Sa	\$175
269756	4 & up	WSCC	Feb 23-Mar 30	11:45AM-12:35PM	6	Sa	\$175



SPORTS

BADMINTON

For more information, call (510) 494-4334

Learn how to play this exciting sport that is growing in popularity! These courses are taught by former Irvington and Mission San Jose High School varsity players and coaches who have years of experience sharing their experience and expertise! Please bring your own racket.

Level 0

Ages 5-8

This is an introduction to the fun and exciting sport of badminton. This course will be a slower-paced foundation class where students will learn hand-eye coordination, form, and basic shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269709	5-8	IRCC	Jan 6-Feb 10	10:15AM-11:15AM	6	Su	\$99
269710	5-8	IRCC	Feb 17-Mar 24	10:15AM-11:15AM	6	Su	\$99

Level I

Ages 8 & up

This is for the beginning player who has limited experience in badminton. Learn key shots, such as clears and serves, in addition to proper court movement.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269711	8 & up	IRCC	Jan 6-Feb 10	9:05AM-10:05AM	6	Su	\$99
269712	8 & up	IRCC	Feb 17-Mar 24	10:15AM-11:15AM	6	Su	\$99
269713	8 & up	IRCC	Feb 17-Mar 24	9:05AM-10:05AM	6	Su	\$99
269714	8 & up	IRCC	Jan 6-Feb 10	10:15AM-11:15AM	6	Su	\$99

Badminton for Adults

Ages 18 & up

This course is for adults who want to learn more about badminton and is designed for all levels. We will teach you the basics or refine your skills by focusing on the fundamentals.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269707	18 & up	IRCC	Jan 6-Feb 10	9:05AM-10:05AM	6	Su	\$99
269708	18 & up	IRCC	Feb 17-Mar 24	9:05AM-10:05AM	6	Su	\$99
269368	11-14	CPSBC	Mar 11-May 20	5:30PM-8:30PM	10	M	\$135



SWIMMING

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BASKETBALL

For more information, call (510) 494-4334

Jump Start Basketball II

Ages 5-7

This class is a continuation of Jump Start Basketball. Development of the basic skills learned in Jump Start Basketball will be taught and advanced with NEW techniques and skills, along with playing some of the same fun games. Fine motor skills, socializing skills, and listening skills still come into play with this class. It is encouraged for children who have taken Jump Start Basketball.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269387	5-7	CCC	Jan 9-Feb 13	7:00PM-7:45PM	6	W	\$65
269388	5-7	CCC	Feb 20-Mar 27	7:00PM-7:45PM	6	W	\$55
269389	5-7	CCC	Jan 7-Feb 25	7:00PM-7:45PM	6	M	\$65
269390	5-7	CCC	Mar 4-Apr 8	7:00PM-7:45PM	6	M	\$45
269391	5-7	CCC	Jan 12-Feb 16	11:00AM-11:45AM	6	Sa	\$65
269392	5-7	CCC	Feb 23-Mar 30	11:00AM-11:45AM	6	Sa	\$65

Basketball Clinic

Ages 4-14

Join us to learn the essentials of basketball to be more like your favorite player! City staff who are experienced and basketball savvy coaches will coach participants on fundamentals such as dribbling, passing, shooting, footwork, and defense; then participate in games. This clinic will benefit all skill levels from learning the basics to fine-tuning your crossover. Don't forget your water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269658	4-7	IRCC	Feb 25-Mar 25	5:00PM-6:00PM	5	M	\$89
269659	8-10	IRCC	Feb 25-Mar 25	5:00PM-6:30PM	5	M	\$99
269660	8-10	IRCC	Feb 28-Mar 28	5:00PM-6:30PM	5	Th	\$99
269661	11-14	IRCC	Feb 28-Mar 28	5:00PM-6:30PM	5	Th	\$99
269664	11-14	IRCC	Feb 26-Mar 26	6:00PM-7:30PM	5	Tu	\$99
269665	4-7	IRCC	Feb 26-Mar 26	5:00PM-6:00PM	5	Tu	\$89
269662	4-7	IRCC	Feb 27-Mar 27	5:00PM-6:00PM	5	W	\$89
269663	8-10	IRCC	Feb 27-Mar 27	6:00PM-7:30PM	5	W	\$99

Register online at www.RegeRec.com or see page 33

GOLF

For more information, call (510) 320-5333

Junior Academy

Ages 7-17

This class is intended for a player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting. Clubs will be provided for all the classes. \$12 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269339	7-17	FPGPC	Feb 3-24	1:00PM-3:00PM	4	Su	\$199
269340	7-17	FPGPC	Mar 3-24	1:00PM-3:00PM	4	Su	\$199

Introduction To Golf

Ages 18 & up

This class is intended for a player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting. \$12 material fee due at first class. Clubs can be rented for a fee of \$10.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269336	18 & up	FPGPC	Feb 3-24	5:00PM-6:00PM	4	Su	\$129
269337	18 & up	FPGPC	Mar 3-24	5:00PM-6:00PM	4	Su	\$129



FOOTBALL

For more information, call (510) 790-5520

Flag Football League

Ages 5-14

City of Fremont and Fremont Football league are offering Youth Flag Football League for boys and girls (ages 5-7, 8-10 & 11-14). Season includes 8 games with 2 weeks of playoffs. Teams will practice 1 day a week, with coach/team option of holding another practice on their own. Practice schedule will be set after teams are formed. Players will receive reversible jersey and flags. \$30 Equipment Fee will be due prior to your first game. For detailed league information, same team requests, schedules, etc. please contact (510) CAN-PASS.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269366	5-7	CPSBC	Mar 11-May 20	5:30PM-8:30PM	10	M	\$135
269367	8-10	CPSBC	Mar 11-May 20	5:30PM-8:30PM	10	M	\$135

VOLLEYBALL

For more information, call (510) 494-4334

Volleyball Academy

Ages 9-14

Improve your Volleyball skills and knowledge with us on Friday nights! This class is designed as a coed program for beginners and intermediate players. We will focus on how to pass, set, and spike in a fun atmosphere. Participants will become proficient at the basics, improve their skills, understand each player's role, and apply them in real game situations.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269654	9-11	IRCC	Jan 11-Feb 15	5:00PM-6:00PM	6	F	\$99
269655	9-11	IRCC	Feb 22-Mar 29	5:00PM-6:00PM	6	F	\$99
269656	12-14	IRCC	Jan 11-Feb 15	6:00PM-7:30PM	6	F	\$129
269657	12-14	IRCC	Feb 22-Mar 29	6:00PM-7:30PM	6	F	\$129

Progressive Development Academy

Ages 12-14

Become the smartest player on the court! Participants will learn the mental aspects of the game and become a TEAM player. Build on the foundation of the competitive game in a practice atmosphere focusing on offensive and defensive techniques preparing participants for their next level. This 2 hour class is designed as a coed program for the player that has volleyball knowledge and experience. No Class Jan 21 and Feb 18

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269652	12-14	IRCC	Jan 7-Feb 25	6:30PM-8:30PM	6	M	\$105
269653	12-14	IRCC	Mar 4-Apr 8	6:30PM-8:30PM	6	M	\$105

SKATEBOARDING

For more information, call (510) 790-5546

Create a Skate

Ages 7-13

Create A Skate program is a hands-on creative arts learning experience that allows students to apply abstract concepts to a real-life object-a skateboard. Following a structured curriculum, students learn how skateboard creation applies to mathematics, science, language skills, design and engineering opportunities, meeting S.T.E.A.M standards. Each class is filled with games, quizzes, and educational fun while students create and build their very own unique skateboard to take home at the end of the class. Material fee required at the beginning of first class: Art and Deck only-\$35; Art and Skateboard -\$85.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269316	7-13	CPVSC	Jan 8-29	4:30PM-6:00PM	4	Tu	\$199
269317	7-13	CPVSC	Feb 5-26	4:30PM-6:00PM	4	Tu	\$199
269318	7-13	CPVSC	Mar 5-26	4:30PM-6:00PM	4	Tu	\$199
269319	7-13	CPVSC	Jan 10-31	4:30PM-6:00PM	4	Th	\$199
269320	7-13	CPVSC	Feb 7-28	4:30PM-6:00PM	4	Th	\$199
269321	7-13	CPVSC	Mar 7-28	4:30PM-6:00PM	4	Th	\$199

Skate Clinics

Ages 6-12

Skateboarding is the perfect vehicle to help your child develop and build the grit and determination essential for success in life. JRSA is excited to announce our 2-hour 'skateboard clinics' giving your child more guided skateboard time in the park so they can hone their skills, connect with friends and have a blast learning to ride! We strongly advise you to bring your own skateboard, helmet, and pads.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269296	6-12	FSP	Jan 5-26	9:15AM-11:15AM	4	Sa	\$175
269297	6-12	FSP	Feb 2-23	9:15AM-11:15AM	4	Sa	\$175
269298	6-12	FSP	Mar 2-23	9:15AM-11:15AM	4	Sa	\$175



Skateboarding Lessons- Beginning Level

Ages 6-12

The Beginner Skateboarding class is specifically tailored for those with NO PRIOR skateboarding experience. This level focuses on learning the foundational skills that newcomers need to develop in order to become confident while riding in the skatepark environment. Beginner will learn: Skateboard safety, Balance, Navigation and board control. This class emphasizes the importance of creative play, working together and making new friends. ***Please visit www.jrsa.us for more information about skateboards and safety gear.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269299	6-12	FSP	Jan 9-30	4:15PM-5:15PM	4	W	\$169
269300	6-12	FSP	Feb 6-27	4:15PM-5:15PM	4	W	\$169
269301	6-12	FSP	Mar 6-27	4:15PM-5:15PM	4	W	\$169

Skateboarding Lessons- Intermediate Level

Ages 6-12

The Intermediate class is for skaters who have a solid understanding of the foundational mainstays of skateboarding. They are proficient in all the beginner level skills and can now ride and navigate the flat areas of the skatepark with ease and confidence. In this class, riders will enhance their navigation skills while learning how to utilize ramps & embankments, along with learning how to pump transition, and eventually drop in bowls and ramps. Learn Tail control, Skating bank, Pumping Transition, Carving bowls and Dropping in ramps. ***Please visit www.jrsa.us for more information about skateboards and safety gear.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269305	6-12	FSP	Jan 11-Feb 1	5:15PM-6:15PM	4	F	\$169
269306	6-12	FSP	Feb 8-Mar 1	5:15PM-6:15PM	4	F	\$169
269307	6-12	FSP	Mar 8-29	5:15PM-6:15PM	4	F	\$169

SOCCER

For more information, call (510) 790-5520

Rege's Jr. Soccer Academy

Ages 1.5-5

Rege's Jr. Soccer Academy is for young soccer players taking the first step into soccer, with the ultimate goal being to fall in love with the game of soccer. Local High School and College soccer talent will teach your child the fundamentals of soccer through mini skills drills and games. Parents are encouraged to join the fun on the field to help their child have a successful experience. As with all young children repeating skills is key, learning through fun, and being praised all the way through the class. Bring water and wear athletic clothing/shoes.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269346	3-5	IRCC	Jan 16-Feb 13	5:00PM-5:45PM	5	W	\$109
269347	3-5	IRCC	Feb 27-Mar 27	5:00PM-5:45PM	5	W	\$109
269348	18-30	IRCC	Jan 19-Feb 16	9:00AM-9:45AM	5	Sa	\$109
269349	30-42	IRCC	Jan 19-Feb 16	10:00AM-10:45AM	5	Sa	\$109
269350	42-5	IRCC	Jan 19-Feb 16	11:00AM-11:45AM	5	Sa	\$109
269351	18-30	IRCC	Mar 2-30	9:00AM-9:45AM	5	Sa	\$109
269352	30-42	IRCC	Mar 2-30	10:00AM-10:45AM	5	Sa	\$109
269353	42-5	IRCC	Mar 2-30	11:00AM-11:45AM	5	Sa	\$109

Outdoor Soccer League

Ages 3-12

The City of Fremont is offering soccer leagues for ages 3 to 12 that provide a positive game atmosphere for youth to learn and grow in the sport they love. The league is designed to give players the opportunity to develop soccer skills in a scrimmage setting. As an instructional league, each session includes a technical skills warm up for 10-15 minutes and organized play for the remaining time. Players will make new friends each week with changing teams to keep games fair and fun! During games coaches will teach fundamentals of soccer, reinforce good plays and encourage teamwork.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269342	3-4	CPCSF	Mar 4-Apr 29	5:00PM-6:00PM	8	M	\$139
269343	5-6	CPCSF	Mar 4-Apr 29	5:00PM-6:00PM	8	M	\$139
269344	7-8	CPCSF	Mar 4-Apr 29	6:00PM-7:00PM	8	M	\$139
269345	9-12	CPCSF	Mar 4-Apr 29	6:00PM-7:00PM	8	M	\$139



Rege's Soccer Academy

Ages 5-12

In Rege's Soccer academy players are taught age appropriate skills for them to develop proper soccer fundamentals in a fun and encouraging environment. We have a tailored curriculum that builds on each age's key/technical skills of dribbling, passing, shooting and control all delivered through fun drills, games and scrimmage time. Each class includes a 15 minute warm up, technical skill development with an emphasis each week and 15-20 minutes of scrimmage to apply what we have learned that week. Shin guards are required. Bring water and wear athletic clothing/shoes.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269354	5-6	IRCC	Jan 16-Feb 13	5:00PM-6:00PM	5	W	\$119
269355	7-8	IRCC	Jan 16-Feb 13	6:00PM-7:00PM	5	W	\$119
269356	9-12	IRCC	Jan 16-Feb 13	6:00PM-7:00PM	5	W	\$119
269357	5-6	IRCC	Feb 27-Mar 27	5:00PM-6:00PM	5	W	\$119
269358	7-8	IRCC	Feb 27-Mar 27	6:00PM-7:00PM	5	W	\$119
269359	9-12	IRCC	Feb 27-Mar 27	6:00PM-7:00PM	5	W	\$119
269360	5-6	IRCC	Jan 19-Feb 16	9:00AM-10:00AM	5	Sa	\$119
269361	7-8	IRCC	Jan 19-Feb 16	10:00AM-11:00AM	5	Sa	\$119
269362	9-12	IRCC	Jan 19-Feb 16	11:00AM-12:00PM	5	Sa	\$119
269363	5-6	IRCC	Mar 2-30	9:00AM-10:00AM	5	Sa	\$119
269364	7-8	IRCC	Mar 2-30	10:00AM-11:00AM	5	Sa	\$119
269365	9-12	IRCC	Mar 2-30	11:00AM-12:00PM	5	Sa	\$119

TENNIS

For more information, call (510) 790-5510

Orange Ball

Ages 9-10

This class is meant for children ages 9-10 who have little to no prior tennis experience. Students will learn the fundamentals of tennis through drills and games using low-pressure orange balls. All of our coaches are PTR-certified. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269679	9-10	FTC	Jan 7-28	5:00PM-6:00PM	3	M \$59
269680	9-10	FTC	Feb 4-25	5:00PM-6:00PM	3	M \$59
269681	9-10	FTC	Mar 4-25	5:00PM-6:00PM	4	M \$69
269682	9-10	FTC	Jan 9-30	5:00PM-6:00PM	4	W \$69
269683	9-10	FTC	Feb 6-27	5:00PM-6:00PM	4	W \$69
269684	9-10	FTC	Mar 6-27	5:00PM-6:00PM	4	W \$69
269685	9-10	FTC	Jan 12-26	11:45AM-12:45PM	3	Sa \$59
269686	9-10	FTC	Feb 2-23	11:45AM-12:45PM	4	Sa \$69
269687	9-10	FTC	Mar 2-30	11:45AM-12:45PM	5	Sa \$79
269688	9-10	FTC	Jan 13-27	4:00PM-5:00PM	3	Su \$59
269689	9-10	FTC	Feb 3-24	4:00PM-5:00PM	4	Su \$69
269690	9-10	FTC	Feb 3-Mar 34	4:00PM-5:00PM	5	Su \$79

Red Ball

Ages 5-6

This class is meant for children ages 5-6 who have little to no prior tennis experience. Students will learn the fundamentals of tennis through drills and games. All of our coaches are PTR-certified. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269553	5-6	FTC	Jan 7-28	4:00PM-5:00PM	3	M \$59
269554	5-6	FTC	Feb 4-25	4:00PM-5:00PM	3	M \$59
269555	5-6	FTC	Mar 4-25	4:00PM-5:00PM	4	M \$69
269561	5-6	FTC	Jan 12-26	10:00AM-10:45AM	3	Sa \$49
269562	5-6	FTC	Feb 2-23	10:00AM-10:45AM	4	Sa \$59
269563	5-6	FTC	Mar 2-30	10:00AM-10:45AM	5	Sa \$69
269565	5-6	FTC	Jan 13-27	2:15PM-3:00PM	3	Su \$49
269566	5-6	FTC	Feb 3-24	2:15PM-3:00PM	4	Su \$69
269567	5-6	FTC	Mar 3-31	2:15PM-3:00PM	5	Su \$69

Red Ball

Ages 7-8

This class is meant for children ages 7-8 who have little to no experience playing tennis. Students will learn and refine fundamental tennis skills through drills and games. All of our coaches are PTR-certified. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269691	7-8	FTC	Jan 9-30	4:00PM-5:00PM	4	W \$69
269692	7-8	FTC	Feb 6-27	4:00PM-5:00PM	4	W \$69
269693	7-8	FTC	Mar 6-27	4:00PM-5:00PM	4	W \$69
269694	7-8	FTC	Jan 12-26	10:45AM-11:45AM	3	Sa \$59
269695	7-8	FTC	Feb 2-23	10:45AM-11:45AM	4	Sa \$69
269696	7-8	FTC	Mar 2-30	4:00PM-5:00PM	5	Sa \$79
269697	7-8	FTC	Jan 13-27	3:00PM-4:00PM	3	Su \$59
269698	7-8	FTC	Feb 3-24	3:00PM-4:00PM	4	Su \$69
269699	7-8	FTC	Mar 3-31	3:00PM-4:00PM	5	Su \$79



Fremont Tennis Academy

Ages 11-17

This class focuses on building strong tennis fundamentals and learning basic match strategies. Players of all skill levels are welcome. Coaches are PTR certified and have experience teaching beginner and intermediate players. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269573	11-17	FTC	Jan 7-28	6:00PM-7:00PM	3	M \$59
269574	11-17	FTC	Feb 4-25	6:00PM-7:00PM	3	M \$59
269575	11-17	FTC	Mar 4-25	6:00PM-7:00PM	4	M \$69
269581	11-17	FTC	Jan 9-30	6:00PM-7:00PM	4	W \$69
269582	11-17	FTC	Feb 6-27	6:00PM-7:00PM	4	W \$69
269583	11-17	FTC	Mar 6-27	6:00PM-7:00PM	4	W \$69
269589	11-17	FTC	Jan 12-26	11:45AM-12:45PM	3	Sa \$59
269590	11-17	FTC	Feb 2-23	11:45AM-12:45PM	4	Sa \$69
269591	11-17	FTC	Mar 2-30	11:45AM-12:45PM	5	Sa \$79
269593	11-17	FTC	Jan 13-27	5:00PM-6:00PM	3	Su \$59
269594	11-17	FTC	Feb 3-24	5:00PM-6:00PM	4	Su \$69
269595	11-17	FTC	Mar 3-24	5:00PM-6:00PM	4	Su \$69

Adults Beginner

Ages 18 & up

Introduction to tennis for Adults with no prior instruction and limited play experience. Learn how to rally by week one. The focus of this course will be strokes, rules, and match play. No class Jan 21 & Feb 18.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269601	18 & up	FTC	Jan 7-28	7:00PM-8:00PM	3	M \$55
269602	18 & up	FTC	Feb 4-25	7:00PM-8:00PM	3	M \$55
269603	18 & up	FTC	Mar 4-25	7:00PM-8:00PM	4	M \$65
269604	18 & up	FTC	Jan 12-26	9:30AM-10:30AM	3	Sa \$49
269605	18 & up	FTC	Feb 2-23	9:30AM-10:30AM	4	Sa \$65
269606	18 & up	FTC	Mar 2-23	9:30AM-10:30AM	4	Sa \$65

Adults Intermediate

Ages 18 & up

Intermediate tennis for students that have completed the Adult Beginner class or have little tennis experience. This class builds on the stroke production from the beginner class and introduces tactical and match play.

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
269612	18 & up	FTC	Jan 9-30	7:00PM-8:00PM	4	W \$65
269613	18 & up	FTC	Feb 6-27	7:00PM-8:00PM	4	W \$65
269614	18 & up	FTC	Mar 6-27	7:00PM-8:00PM	4	W \$65
269615	18 & up	FTC	Jan 12-26	10:30AM-11:30AM	3	Sa \$49
269616	18 & up	FTC	Feb 2-23	10:30AM-11:30AM	4	Sa \$65
269617	18 & up	FTC	Mar 2-30	10:30AM-11:30AM	5	Sa \$79

TOT SPORTS

Jump Start Basketball

Ages 3-5

For more information, call (510) 494-4334

This class has all the fun and excitement of dribble tag, PASS-ket-ball, and mini games, but that's not all. Kids will develop very basic skills in passing, ball handling, and team play. Your child will also benefit from improving fine motor skills, socializing, and listening skills. Making new friends has never been so easy.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269376	3-5	CCC	Jan 12-Feb 16	10:00AM-10:45AM	6	Sa	\$65
269377	3-5	CCC	Feb 23-Apr 6	10:00AM-10:45AM	7	Sa	\$65
269378	3-5	CCC	Jan 7-Feb 25	6:00PM-6:45PM	6	M	\$65
269379	3-5	CCC	Mar 4-Apr 8	6:00PM-6:45PM	6	M	\$45
269380	3-5	CCC	Jan 9-Feb 13	5:00PM-5:45PM	6	W	\$65
269381	3-5	CCC	Feb 20-Mar 27	5:00PM-5:45PM	6	W	\$55
269382	3-5	CCC	Jan 11-Feb 15	6:00PM-6:45PM	6	F	\$65
269383	3-5	CCC	Feb 22-Mar 29	6:00PM-6:45PM	6	F	\$45

Little Sluggers T-ball League

Ages 3-5

For more information, call (510) 790-5520

Introduce your little slugger to the game of baseball/softball. We cover the basics, including how to be part of a team while demonstrating good sportsmanship! No score is kept-everyone is a winner! Each week your child will receive skills training for first 30 minutes followed by 30 minutes of game play, which can start anytime between 9am-12pm. We will try to honor all same team requests, which must be made in writing and turned in at the time of registration, to msa@fremont.gov (please include the barcode). All participants will receive a team shirt and hat. There will be a short parent information meeting on Feb 2, 2019 at 9 am, at Sigman Field, (located at Centerville Community Park).

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269369	3-5	CCC	Feb 9-Mar 16	9:00AM-12:00PM	6	Sa	\$109



Kick off Soccer

Ages 3-5

For more information, call (510) 790-5520

This class has all the fun and excitement of dribbling obstacle courses, partner passing and shooting, and mini games, but that's not all. Kids will develop very basic skills in passing, dribbling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269393	3-5	CCC	Jan 11-Feb 15	5:00PM-5:45PM	6	F	\$65
269394	3-5	CCC	Feb 22-Mar 29	5:00PM-5:45PM	6	F	\$45

Parent and Child Sports

Ages 1½-3

Adventures

For more information, call (510) 790-5520

This class has a variety of fun and lead-up activities with sports and games. Basketball, Soccer, Obstacle courses, Flag Tag, and Bubbles will keep you active with your little one. Kids will start to develop fine motor skills, socializing skills, and listening skills. One parent must attend and be ready to play! Sorry, no unregistered siblings. Fee is per parent/child pair.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269397	18-3	CCC	Jan 12-Feb 16	9:00AM-9:45AM	6	Sa	\$65
269398	18-3	CCC	Feb 23-Mar 30	9:00AM-9:45AM	6	Sa	\$65
269399	18-3	CCC	Jan 7-Feb 25	5:00PM-5:45PM	6	M	\$65
269400	18-3	CCC	Mar 4-Apr 8	5:00PM-5:45PM	6	M	\$45

Rookie Sports and Games

Ages 3-5

For more information, call (510) 790-5520

This class has a variety of fun with sports and games. Find out if basketball, soccer, or other activities will interest your little one. This multi-sport/activities class will emphasize fun with being active. Kids will develop fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
269401	3-5	CCC	Jan 9-Feb 13	6:00PM-6:45PM	6	W	\$65
269402	3-5	CCC	Feb 20-Apr 3	6:00PM-6:45PM	7	W	\$55

TINY TOTS

For more information, call (510) 494-4349

Parent & Child Preschool

Ages 12-18 mos

Introduce your child to a Tiny Tot preschool setting for infants and toddlers. One parent and child participate in activities together including movement, music, storytelling and circle time activities. Register today and get ready to laugh, learn, and play! Sorry, no siblings.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269429	12-18	LCCC	Jan 31-Mar 28	9:00AM-10:15AM	9	Th	Sheetu	\$149

Parent & Child Preschool

Ages 18-24 mos

Introduce your child to a Tiny Tot preschool setting for infants and toddlers. One parent and child participate in activities together including movement, music, storytelling, and circle time activities. Your child will also be exposed to group activities, art, and cooking projects. Register today and get ready to laugh, learn, and play! Sorry, no siblings.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269431	18-24	LCCC	Jan 31-Mar 28	10:45AM-12:00PM	9	Th	Sheetu	\$149
269430	18-24	CCC	Jan 29-Mar 26	9:00AM-10:15AM	9	Th	Nena	\$149

Parent & Child Preschool

Ages 2-3

Introduce your child to a Tiny Tot preschool setting for infants and toddlers. One parent and child participate in activities together including movement, music, storytelling, and circle time activities. In the 2-3 year old classes, your child will get to participate in group activities, art, and cooking projects. Register today and get ready to laugh, learn, and play! Sorry, no siblings.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269432	2-3	LCCC	Jan 29-Mar 26	9:00 AM-12:00PM	9	Tu	Sheetu	\$345
269433	2-3	WSPGB	Jan 29-Mar 28	9:00 AM-10:30 AM	18	Tu, Th	Wing	\$355
269434	2-3	WSPGB	Jan 31-Mar 28	10:45 AM-12:00PM	9	Th	Wing	\$149
269435	2-3	WSPGB	Jan 29-Mar 26	10:45 AM-12:00PM	9	Tu	Wing	\$149
269436	2-3	CPGB	Jan 29-Mar 28	10:45 AM-12:00PM	18	Tu, Th	Nena	\$285
269437	2-3	CPGB	Jan 31-Mar 28	9:00 AM-10:15 AM	9	Th	Nena	\$149
269438	2-3	CPGB	Jan 29-Mar 26	5:45PM-7:00PM	9	Tu	Nena	\$149
269439	2-3	CPGB	Feb 1-Mar 29	1:00PM-2:30PM	9	F	Nena	\$185
269440	2-3	IRCC	Feb 1-Mar 29	1:00PM-2:30PM	9	F	Heidi	\$185

Enrichment

Ages 33 months-5 years

This well balanced enrichment program includes exposure to pre-phonics, math concepts, science, dramatics, motor movement, arts and crafts, music plus field trips! Bring a snack to all classes. A student may not enroll in more than 12 hrs per week. Parents do not participate in class. Children must be toilet trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269441	33-5	CCC	Jan 29-Mar 28	9:00 AM-12:00PM	18	Tu, Th	Vicky	\$449
269442	33-5	CCC	Jan 28-Mar 27	12:30PM-3:15PM	17	M, W	Vicky	\$395
269443	33-5	LCCC	Jan 29-Mar 28	12:30PM-3:15PM	18	Tu, Th	Sheetu	\$415
269444	33-5	IRCC	Jan 29-Mar 28	9:00 AM-12:00PM	18	Tu, Th	Grace	\$449
269445	33-5	CPGB	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Sonal	\$639
269446	33-5	WSPGB	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Lily	\$639
269447	33-5	WSCC	Jan 29-Mar 28	9:00 AM-12:00PM	18	Tu, Th	Reem	\$449
269448	33-5	NPC	Jan 29-Mar 28	9:00 AM-12:00PM	18	Tu, Th	Ellen	\$449
269449	33-5	NPC	Jan 28-Mar 27	12:30PM-3:15PM	17	M, W	Ellen	\$395



Pre-K

Ages 4-5

Pre-K classes incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story telling your child will enjoy a well-balanced program. Bring a snack to all classes. A student may not enroll in more than 12 hrs per week. Parents do not participate in class. Children must be toilet trained. Proof of age is required for all 4-5 year old Pre-K classes (must turn 4 by September 1, 2018).

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269450	4-5	CCC	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Vicky	\$659
269451	4-5	WSCC	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Reem	\$659
269452	4-5	IRCC	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Grace	\$659
269453	4-5	NPC	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Ellen	\$659
269454	4-5	LCCC	Jan 28-Mar 29	9:00 AM-12:00PM	26	M, W, F	Sheetu	\$659
269455	4-5	CCC	Jan 29-Mar 28	12:30PM-3:15PM	18	Tu, Th	Vicky	\$419

Pre-K Literacy

Ages 42 mos -5

This literacy class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more. Proof of age is required for all 4-5 year old Pre-K literacy classes (must turn 4 by Sept 1, 2018). Parents do not participate in class. Children must be toilet trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269456	42-5	IRCC	Jan 28-Mar 28	12:30PM-3:15PM	35	M-Th	Grace	\$845
269457	4-5	WSCC	Jan 29-Mar 28	12:30PM-3:15PM	18	Tu, Th	Pauline	\$435
269458	42-5	WSCC	Jan 28-Mar 27	12:30PM-3:15PM	17	M, W	Jennifer	\$415
269459	42-5	CCC	Jan 28-Mar 29	12:30PM-3:15PM	26	M, W, F	Sonal	\$625
269460	42-5	LCCC	Jan 28-Mar 27	12:30PM-3:15PM	17	M, W	Sheetu	\$415
269461	42-5	NPC	Jan 29-Mar 28	12:30PM-3:15PM	18	Tu, Th	Ellen	\$435

Winter Registration Dates

Priority Registration*: January 7-16

Transfer Day*: January 17

Open Enrollment: 1/18/19 at 12:01am

***Priority registration is only for registrants that are currently enrolled in the Late Fall session of Tiny Tots.**

Tiny Tot Science

Ages 4-6

This class is designed especially for young children to spark excitement through the wonderful world of science. Support in target areas of vocabulary development, math, literacy, creativity, investigation, and many other important skills. Engagement in fun, hands-on, educational science experiments with a different science theme each week. Class activities include indoor/indoor play and crafts that enforce learning science concepts. Parents do not participate in class. Children must be toilet trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269374	4-6	WSSC	Feb 1-22	1:00PM-2:30PM	4	F	Pauline	\$115
269375	4-6	WSSC	Mar 1-22	1:00PM-2:30PM	4	F	Pauline	\$115

Intro to Tiny Tots Enrichment Class

Ages 3-5

This one-hour class is a beginning class for a first time student! The class will provide children the opportunity to develop social skills, language skills and the ability to sit and participate in circle time. Same academic aspects of the Enrichment class will apply. Parents do not participate in class. Children must be toilet-trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269395	3-5	CPGB	Jan 29-Mar 28	1:15PM-2:15PM	18	Tu, Th	Wing	\$239

Preschool Math!

Ages 3-6

Introduce your preschooler to the wonderful world of math! Number sense, geometry, measurement, the language of math and spatial relations are the components your child will need to get ahead in school. Parents do not participate in class. Children must be toilet-trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269384	3-6	CCC	Jan 29-Mar 28	4:00PM-5:00PM	18	Tu, Th	Jennifer	\$239
269386	3-6	IRCC	Jan 29-Mar 28	10:15 AM-11:15 AM	18	Tu, Th	Sarala	\$239
269385	3-6	WSSC	Jan 29-Mar 28	1:45PM-2:45PM	18	Tu, Th	Jennifer	\$239

Progressive Tots on Phonics

The class combines Hooked on Phonics Learn to Read program with language play (songs, word games, rhymes etc.) and storybooks. Your child will learn valuable tools on how to read. Children should possess language skills and know their alphabet. Participants will be placed into groups based on their ability-beginner, intermediate, or advanced. Parents do not participate in class. Children must be toilet-trained.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
269370	3-5	CCC	Jan 28-Mar 27	4:00PM-5:00PM	17	M, W	Nancy	\$225
269371	3-5	IRCC	Jan 29-Mar 28	9:00 AM-10:00 AM	18	Tu, Th	Sarala	\$239
269372	3-5	WSSC	Jan 29-Mar 28	12:30PM-1:30PM	18	Tu, Th	Jennifer	\$239
269373	3-5	NPC	Feb 1-Mar 29	1:00PM-2:30PM	9	F	Nancy	\$179



WINTER CAMPS

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CITY OF
Fremont

DISCOVERY COVE

DROP-IN CHILDCARE CENTER

Family Resource Center

39155 Liberty St. Suite H850 Fremont, CA 94538

Monday - Friday • 8:30AM - 5:00PM

Ages 2-10 • \$8.00 per hour

(Free for FRC clients ages 0-12 years)

**SIBLING
DISCOUNTS
AVAILABLE**



Do you need time for yourself? Do you have errands or appointments that you would rather do without the kids? Never fear, Discover Cove is here! We offer drop-in hourly childcare. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities. Call for reservations.

For more information, call (510) 574-2010 or (510) 494-4381



RECREATION COMMISSION

Meets first Wednesday
of every month at 7 PM
Council Chambers
3300 Capitol Ave Building A

Larry Thompson, Chair

Pavan Vedere, Vice Chair

Commission Members:

John Dutra

Brian Hughes

Mia Mora

Vacant

Vacant

Community Services Director
Suzanne Wolf

Community Services Deputy Director
Kim Beranek

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CITY COUNCIL

Meets first, second, and third
Tuesday of each month at 7 PM
Additional meeting may be needed,
and with proper noticing special
meetings will be held.

Council Chambers
3300 Capitol Ave, Building A

Lily Mei, Mayor

Rick Jones, Vice Mayor

Councilmembers:

Vinnie Bacon

Raj Salwan

David Bonaccorsi

City Manager

Mark Danaj

City Council Agendas,
(510) 284-4060

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Community Services Department Advisory Bodies

Patterson House Advisory Board
(510) 494-4451

Youth Advisory Commission
(510) 494-4344

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The program listings and fees in this
publication are subject to change.

CLASS LOCATIONS

COMMUNITY CENTERS

CCC	Centerville Community Ctr	3355 Country Dr., Fremont 94536	(510) 494-4324
CPGB	Centerville Community Ctr. Playground Bldg	3355 Country Dr., Fremont 94536	(510) 494-4324
FCC	Fremont Community Ctr	40204 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
IRCC	Irvington Community Ctr. (Wally Pond)	41885 Blacow Rd., Fremont 94538	(510) 494-4334
LCCC	Los Cerritos Community Ctr	3377 Alder Ave., Fremont 94536	(510) 494-4351
NPC	Niles Program Ctr.	470 School St., Fremont 94536	N/A
OHAC	Olive Hyde Art Ctr	123 Washington Blvd., Fremont 94539	(510) 494-4324
TNC	Teen Ctr	39770 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
WSCC	Warm Springs Community Ctr	47300 Fernald St., Fremont 94539	(510) 494-4318
WSPGB	Warm Springs Community Ctr. Playground Bldg.	47300 Fernald St., Fremont 94539	(510) 494-4352

PARKS/FACILITIES

AHF	Ardenwood Historical Farm/Patterson House	34600 Ardenwood Blvd., Fremont 94555	(510) 791-4196
AAW	Aqua Adventure Waterpark	40500 Paseo Padre Parkway, Fremont 94538	(510) 494-4426
CNHP	California Nursery Historical Park	36550 Niles Blvd., Fremont 94536	(510) 790-2039
CPCSF	Central Park Cricket/Soccer Field	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CPPP	Central Park Performance Pavilion	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPVSC	Central Park Visitor Services Ctr.	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPSBC	Central Park Softball Complex	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CPSC	Central Park Soccer Complex	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CCP	Centerville Community Park	3355 Country Dr., Fremont 94536	(510) 494-4324
FPGPC	Fremont Park Golf and Practice Ctr	39751 Stevenson Pl., Fremont 94539	(510) 790-1919
FSP	Fremont Skate Park	40000 Paseo Padre Parkway	(510) 790-5541
FTC	Fremont Tennis Ctr.	1110 Stevenson Blvd., Fremont 94538	(510) 790-5510
IRCP	Irvington Community Park	41885 Blacow Rd., Fremont 94538	(510) 494-4334
NCP	Niles Community Park	37697 3rd St., Fremont 94536	N/A
NGCP	Northgate Community Park	Paseo Padre Parkway & Milton, Fremont 94555	N/A
NLC	Nature Learning Center (Central Park)	40224 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
NP	Nordvik Park	Ardenwood Blvd., Fremont 94555	N/A
SHP	Shinn Historic Park & Arboretum	1251 Peralta Blvd., Fremont 94536	(510) 790-5541
SPHP	Sylvester P. Harvey Park	3850 Grand Lake Dr., Fremont 94555	N/A
WSCP	Warm Springs Community Park	47300 Fernald St., Fremont 94539	(510) 494-4318

OTHER LOCATIONS

ASAF	American Swim Academy, Fremont	4150 Technology Dr., Fremont 94538	(510) 657-7946
ASAN	American Swim Academy, Newark	37400 Cedar Blvd., Newark 94560	(510) 794-7946
CFLC	Code for Fun Learning Center	6600 Dumbarton Circle #121, Fremont 94555	N/A
FPES	Forest Park Elementary School	34400 Maybird Cir., Fremont 94555	N/A
DGA	Demaray's Gymnastics Academy	5500 Newpark Mall Rd., Newark 94560	(510) 661-0576
MAA	Martial Arts America	4040 Papazian Way, Fremont 94538	(510) 490-8300
MAM	Melody Academy of Music	1972 Driscoll Rd. Suite #5, Fremont 94539	(510) 656-3489
NVMH	Niles Veterans Memorial Hall	37154 2nd St., Fremont 94536	N/A
PWGF	Pacific West Gymnastics	42656 Albrae St., Fremont 94538	(510) 471-0240
PWVC	Pacific West Gymnastics, Union City	32920 Alvarado Niles Rd. #210, Union City 94587	N/A



3300 Capitol Ave. Bldg. B

Fremont, CA 94538

Hours: Mon-Fri, 8:30AM-5:00PM

Email: RegeRec@fremont.gov

Phone: (510) 494-4300

REFUND POLICY

Refunds are allowed if requested up to three business days prior to the start of the activity. A \$10 per class withdrawal fee will be deducted from your refund. Please allow up to four weeks for receipt of refund by check.

TRANSFER POLICY

Transfers are allowed up to three business days prior to the start of the class. There is no charge for this service.

CANCELLATIONS

The Community Services Department reserves the right to cancel a class for any reasonable cause. Should this happen, your fee will be refunded in full or you may transfer to any open class.

NON-RESIDENT FEES

For persons not residing in Fremont, the fee is \$5 in addition to the published fee per class.

SENIOR CITIZEN DISCOUNT

Seniors (Ages 60+) receive a 10% discount on all classes except those designated for seniors.

Requests for withdrawals/transfers must be made in writing via email, fax, in person, or our online form.

FINANCIAL ASSISTANCE

The City of Fremont and many local business and organizations have funded a grant program, which provides financial assistance for Fremont Residents. For information regarding eligibility for reduced fees, please call (510) 494-4300.

All requests are kept confidential. Should you or your business wish to contribute to this scholarship program, call (510) 494-4300. Donations are tax deductible.



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities.

NOW IT IS EASIER THAN EVER TO REGISTER!



ONLINE



EMAIL



FAX



MAIL



WALK IN

5 WAYS TO REGISTER!

- ☒ ONLINE at www.RegeRec.com
- ☒ EMAIL registrations (Scan/Photograph)
- ☒ FAX registrations to (510) 494-4375
- ☒ MAIL registrations to our office.
- ☒ WALK IN & register in person!

We only accept:



ACTIVITY REGISTRATION FORM

Adult Registrant / Parent / Guardian

LAST NAME: _____ FIRST NAME: _____

HOME PHONE: _____ WORK [] / CELL PHONE []: _____

ADDRESS: _____ CITY: _____ ST: _____ ZIP: _____

EMAIL ADDRESS: _____

BARCODE	PARTICIPANT NAME	BIRTHDATE	M/F	FEE*

☐ Visa ☐ MasterCard Expiration Date: _____ Card Number: _____

TOTAL

*Non-residents add
\$5 per class

Cardholder Name (printed): _____ Cardholder Signature: _____

CITY OF FREMONT RELEASE AGREEMENT FOR ALL PARTICIPANTS

IN CONSIDERATION OF PERMISSION TO PARTICIPATE IN OR USE ANY CITY OF FREMONT (hereinafter referred to as "City") FACILITIES IN CONNECTION WITH THIS ACTIVITY, THE PARTICIPANT AGREES TO THE FOLLOWING:

1. THE PARTICIPANT HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE CITY OF FREMONT, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "releasees") from all liability to the participant, his or her personal representatives, assigns, heirs, and next of kin, for any loss, damage, or claim therefore on account of injury to the person, participant's family member, or property of the participant, whether caused by any negligent act or omission of the releasees or otherwise, while the participant or participant's family member is participating in a City activity or using any City facilities in connection with the activity.

2. THE PARTICIPANT HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS the releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees' right to indemnify incurred on appeal) resulting from involvement in this activity, whether caused by any negligent act or omission of the releasees or otherwise.

3. THE PARTICIPANT HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to self or participant's family member while upon City property or participating in the activity or using any City facilities and equipment, whether caused by any negligent act or omission of releasees or otherwise. The participant expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk, are intended to be as broad and inclusive as permitted by California law and that if any portion thereof is deemed to be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and I am aware of the legal consequences of this agreement, including the acknowledgement that it prevents me from suing the City or its employees, agents, or officers, if I or my family member is injured or my property is damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

IF THE PARTICIPANTS ARE MINORS his or her custodial parent or legal guardian must read and execute this agreement. I hereby warrant that I am the custodial parent or legal guardian of the participants listed on the registration form.



Signature: _____ Date: _____

FACILITY RENTALS



PICNIC AREA RESERVATIONS



LOS CERRITOS COMMUNITY CENTER



WARM SPRINGS COMMUNITY CENTER



TEEN CENTER



CENTERVILLE COMMUNITY CENTER



FREMONT COMMUNITY CENTER



The City of Fremont offers several indoor and outdoor rental facilities for your family or business for parties, reunions, meetings, and celebrations! Picnic areas are available for reservation. Detailed information including rates and requirements can be found at Fremont.gov/FacilityRentals or call (510) 494-4300.

- Family Reunions/Picnics
- Company Events
- Meetings & Gatherings
- Weddings & Parties

- Indoor & Outdoor Areas
- Capacities include: 20-300
- Multiple Locations
- Book up to 1 year in advance

www.Fremont.gov/FacilityRentals



WE'RE HIRING!



SUMMER JOB FAIR

March 14, 2019

5:00PM - 7:30PM

Centerville Community Center
(3355 Country Dr., Fremont, CA)

- ✓ 100+ POSITIONS AVAILABLE
- ✓ SUBMIT AN APPLICATION
- ✓ RECEIVE AN INTERVIEW
- ✓ DRESS PROFESSIONALLY
- ✓ GAIN VALUABLE EXPERIENCE

Fremont.gov/RecJobs • (510) 494-4327



BUY THE PERFECT GIFT

*Aqua Adventure Waterpark
2018 Season Pass & Tickets*

ON SALE

STARTING DECEMBER 2018!



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SAVE THE DATE!

APRIL 22-26



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Full day, half day, and extended care options available.



FIND MORE INFORMATION AT
www.Fremont.gov/Camps

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