## **HOPE PROJECT MOBILE CLINIC SCHEDULE**

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## **Monday** (Livermore)

#### 9 a.m. to 12 p.m.

Vineyard Christian 460 N. Livermore Avenue Livermore (showers, clothes, breakfast, bag lunch) Wheel Buses: 12, 14, 15



## **Tuesday** (Fremont)

#### 3:30 to 6 p.m.

Centerville Presbyterian Church 4360 Central Avenue Fremont (shower and dinner) AC Transit Buses: 99, 210



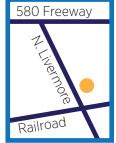
## Wednesday (Fremont)

#### 7:30 to 9:30 a.m.

Irvington Presbyterian Church 4181 Irvinaton Avenue Fremont (breakfast 7-9 a.m.)



AC Transit Buses: 210, 239



## **Thursday** (Hayward)

#### 9 to 11 a.m.

Templo de la Cruz (near downtown) 24362 Thomas Avenue Hayward (a hot breakfast is served at 8 a.m.)

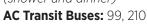


**AC Transit Buses: 37. 22. 86** 

## **Thursday** (Fremont)

#### 3:30 to 6 p.m.

Centerville Presbyterian Church 4360 Central Avenue Fremont (shower and dinner)











## **HOPE Project**



**Mobile Health Clinic** 

(510) 366-3633 hopeproject@abodeservices.org

# WHAT SERVICES ARE AVAILABLE ON THE HOPE MOBILE CLINIC?

## **MEDICAL SERVICES**

Our Nurse Practitioners and Physician Assistants can help you with:

- Hypertension (blood pressure)
- Diabetes
- Cholesterol
- Asthma
- Cold and flu symptoms
- Infections

- Wound care
- Acute illnesses
- STD/HIV testing
- Birth control
- Pregnancy testing
- Smoking cessation



Medical services are provided by our collaborative partner:



### **SOCIAL SERVICES**

Meet with one of our Outreach and Support Specialists to discuss:

- Applying for benefits food stamps, GA, SSI, etc.
- Getting into a homeless or DV shelter
- Looking for housing
- Mental health support and referrals
- Drug or alcohol detox/treatment
- Getting documentation ID, birth certificate, etc.
- Legal referrals and support
- Veterans' services
- Eye and dental appointments
- Veterinary referrals
- Banking and credit issues
- Employment support résumés, searching, etc.
- Hygiene supplies
- Clothing and sleeping bags

## WHO CAN USE HOPE SERVICES?

Because of funding requirements, HOPE clients must be homeless. You are eligible if you live:

- On the streets
- In a vehicle
- In an abandoned building
- Anywhere not meant for habitation
- With domestic violence
- In a shelter

HOPE services are provided free of charge.



Because everyone should have a home.