## WCRC SUPPORT GROUPS

## FREE, SPECIALIZED, AND SECURE

WCRC's Support group program offers specialized, ongoing, safe and secure environments where women with cancer can meet others and address their challenges by forming strong and trusting bonds with each other. All groups take place at the WCRC [2908 Ellsworth Street, Berkeley, CA 94705] unless otherwise noted. All groups are free of charge.

## Pre-registration is required for all groups. Please no drop-ins.

To get more information or to register, please call the Information and Referral helpline at 510.420.7900.

Adults with Blood-related Cancer and Their Friends, Families and Caregivers

1st Mondays :: 7:30 to 9 PM

African American
Women with Cancer

2nd and 4th Wednesdays 6:30 to 8 PM

African American Women with Cancer

(Richmond)

3rd Thursdays :: 6 to 7:30 PM

Richmond, CA

Complementary and Alternative Care

1st and 3rd Wednesdays 10:45 AM to 12:45 PM

**Expressive Arts** 

(Art Therapy) **Workshop** 2nd Thursdays :: 6 to 8 PM Grupo de Apoyo en Español/ Latinas with Cancer (in Spanish)

2nd and 4th Fridays :: 12 to 2 PM

Segundo y cuarto viernes del mes :: 12 a 2 PM

Información/Contact: Veronica Peinado at 510.350.1302 and veronica@wcrc.org

**LBTQIA Cancer Support Group** 

2nd and 4th Thursday :: 6:30 to 8 PM

**Lesbian-focused Caregiver Support Group** 

2nd and 4th Fridays of the month :: 1 to 2:30 PM

Offsite location in Oakland, CA

**Young Women with Cancer** 

1st and 3rd Wednesdays :: 6:30 to 8 PM

Women with Cancer - Daytime

2nd and 4th Wednesdays :: 10:45 AM to 12:45 PM

**Women with Cancer** 

Tuesdays :: 7:30 to 9 PM

**Women with Metastatic Cancer - Daytime** 

Tuesdays :: 12:30 to 2 PM

**Women with Metastatic Cancer** 

Tuesdays :: 5:30 to 7 PM