

Women, Infants and Children (WIC)

Purpose

The Women, Infants and Children (WIC) Program is a nutrition program that offers nutrition advice, help with breastfeeding and healthy food for pregnant and breastfeeding women, infants and children under the age of 5. Participants can receive \$50 to \$100 per person in checks for healthy food.

Who is Eligible?

- Low income pregnant or breastfeeding women
- Low income children under 5 years of age

What Verification is Needed?

- Identification
- Proof of address
- Proof of income

Gross Monthly Income (Subject to change)

Household Size	Amount	Household Size	Amount
1	\$1,670	4	\$3,400
2	\$2,247	5	\$3,976
3	\$2,823		

Add \$577 for each additional person for monthly income.

Call for an appointment *(Spanish speaking services available)*

Alameda County WIC Program Offices	(510) 595-6400
Native American Health Center/Alameda	(510) 814-8440
Axis Community Health Center/Pleasanton	(925) 462-2365
City of Berkeley	(510) 981-5360
East Oakland Health Center	EN (510) 613-2255 SP (510) 613-2257
La Clinica de la Raza	(510) 535-4110
Native American Health Center/Oakland	(510) 434-5300
San Antonio Health Center	EN (510) 272-1502 SP (510) 272-1501
Tiburcio Vasquez Health Center Offices	(510) 471-5913
West Oakland Health Center	(510) 302-3734