



Get help this holiday season.

CALL 211

***CAN'T DIAL 211?**

Call 1.800.273.6222 (TTY 415.808.4440 or 711) or visit us online at www.211BayArea.org.

We can connect you with community programs that provide holiday cheer.

- » Free holiday meals
- » Food pantries
- » Toys and other gifts
- » Counseling for the holiday blues

Together, we'll find options.

- ✓ FREE
- ✓ CONFIDENTIAL
- ✓ MULTI-LINGUAL



211 Bay Area is a service of the Contra Costa Crisis Center, Eden I&R, and United Way.