Raising a family isn't easy.



*CAN'T DIAL 211?

Call 1.800.273.6222 (**TTY** 415.808.4440 or 711) or visit us online at **www.211BayArea.org**.

We can connect you to local programs that support children, youth and families.

- » Quality childcare
- » Children's health insurance
- » Immunizations, flu shots
- » Tutoring and mentoring
- » After-school programs
- » Recreation programs
- » Parenting programs

Together, we'll find options.

✓ FREE
✓ CONFIDENTIAL
✓ MULTI-LINGUAL



211 Bay Area is a service of the Contra Costa Crisis Center, Eden I&R, and United Way.